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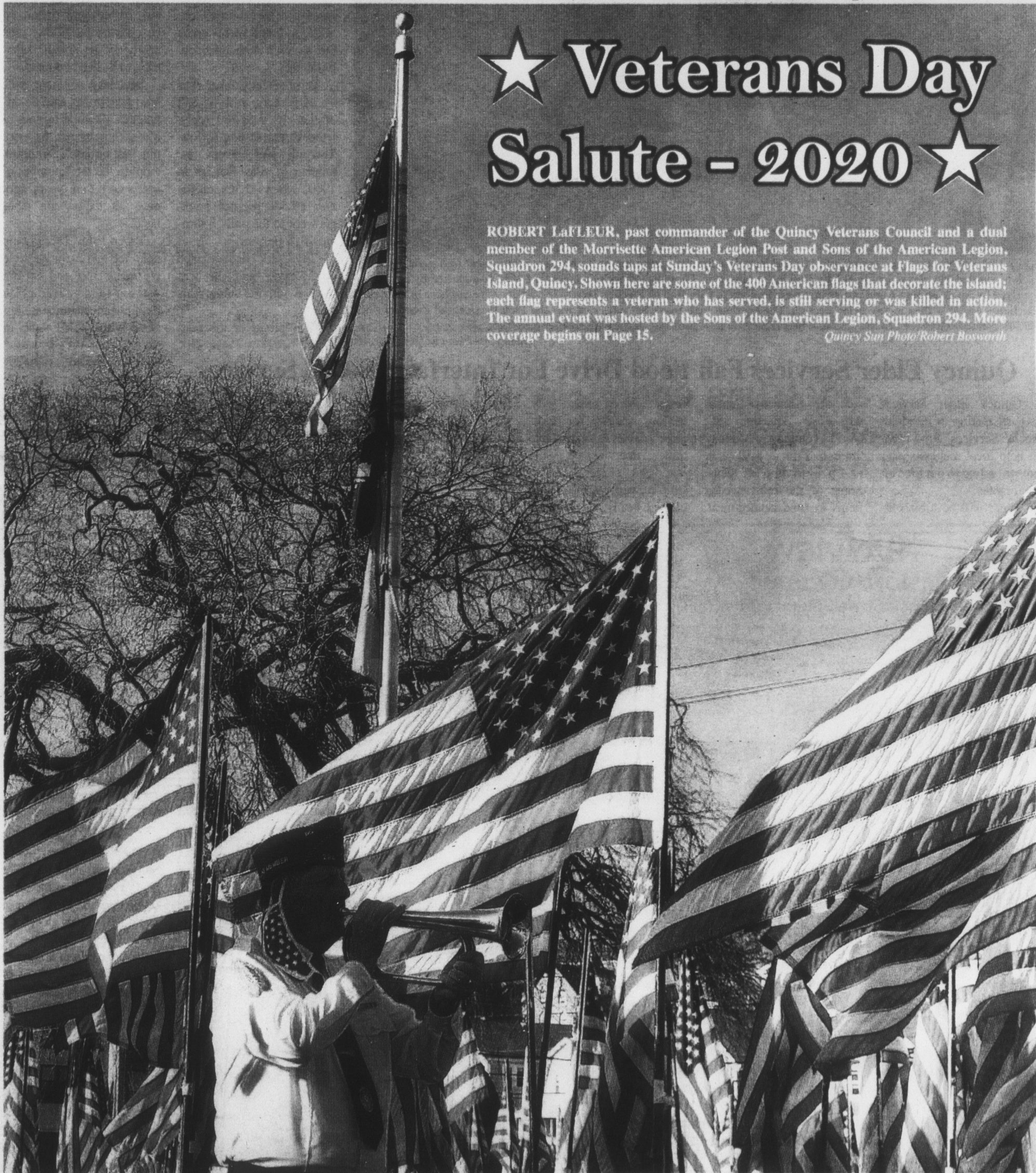
Thursday, November 12, 2020

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★ Veterans Day Salute - 2020 ★

ROBERT LaFLEUR, past commander of the Quincy Veterans Council and a dual member of the Morrisette American Legion Post and Sons of the American Legion, Squadron 294, sounds taps at Sunday's Veterans Day observance at Flags for Veterans Island, Quincy. Shown here are some of the 400 American flags that decorate the island; each flag represents a veteran who has served, is still serving or was killed in action. The annual event was hosted by the Sons of the American Legion, Squadron 294. More coverage begins on Page 15.

Quincy Sun Photo/Robert Bosworth



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Know Blood Sugar Numbers To Manage Diabetes - Page 9

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The Quincy Sun.com

Record Ballots Cast Here In Sweep For Democrats

Turnout Of 45,840 Voters For 2020 Presidential Election Surpasses 1960 Mark



CITY CLERK Nicole Crispo (right) and Michael Howell of the city's Information Technology Department feed some of the 289 ballots counted Monday morning at City Hall into a tabulator. Those ballots include those that were postmarked by Nov. 3 and received by 5 p.m. on Nov. 6 and others that were brought to City Hall on Election Day. More ballots were cast here in this year's election - 45,840 - than in any prior election. The previous high mark for votes cast was the 1960 Presidential Election when 45,565 Quincy voters went to the polls and helped elect John F. Kennedy as the nation's 35th president.

Quincy Sun Photo/Robert Bosworth

Quincy Elder Services Fall Food Drive For Interfaith Social Services

Quincy Elder Services is participating in Interfaith Social Services' food drive to help local residents who are struggling to put food on their tables.

There will be a bin out-

side the Kennedy Center, 440 East Squantum St., North Quincy, Monday through Friday 8:30 a.m. to 4 p.m. to drop off items. Some of the most needed items are tuna, canned meat,

cereal, peanut butter, jelly, healthy snacks for kids, juice boxes, shelf-stable milk, rice, canned soup, mac and cheese, canned fruit or vegetables, dry or canned beans, salad dress-

ing, condiments, diapers size 4, 5, 6, unscented baby wipes, personal care items: toothbrushes, toothpaste, bar soap(unscented) and shampoo.

The collection will con-

tinue through Nov. 22. Items will then be delivered to Interfaith's office for distribution this season. All items must have labels with current expiration dates.

By SCOTT JACKSON

More Quincy residents cast ballots in this month's presidential election than any other election in the city's history, with turnout across the state and the country also at record levels.

Democratic candidates running for federal, state and county offices swept the ballot in Quincy in the Nov. 3 election. In the presidential race, Democratic nominee Joe Biden defeated incumbent Republican Donald Trump and will become the nation's 46th president in January.

Turnout in Quincy was 71.88 percent, with 45,840 of the city's 63,770 registered voters casting ballots. The previous record for number of votes was set in 1960, when 45,565 of the then 49,509 registered voters went to the polls, a turnout of 92 percent.

City Clerk Nicole Crispo on Monday said she was pleased with the turnout this year.

"I'm proud of the resi-

dents of Quincy for coming out in historical numbers," she said.

The total number of ballots cast this year includes 289 that were counted on Monday. Those include mail in ballots that were postmarked by Nov. 3 and received at City Hall before 5 p.m. on Nov. 6 and ballots returned to City Hall on Election Day.

Crispo said there are an additional 200 or so military ballots that remain to be counted by Friday plus another 50 or 60 ballots that need to be hand counted.

Secretary of State William Galvin has said he anticipates the total turnout in Massachusetts for the election will surpass 3.3 million, topping the total number of votes cast four years ago, once all ballots are tabulated.

Biden, the Democratic nominee and a former vice president, received 30,165 votes in Quincy. Trump, the Republican incumbent, finished with 14,283 votes in the city.

Biden bested Trump by a similar margin statewide in Massachusetts, finishing with just under two-thirds of the total vote, according to the Associated Press. Eleven electoral votes were up for grabs in the Bay State.

In the U.S. Senate race, Democratic incumbent Ed Markey turned back a challenge from Republican Kevin O'Connor. Markey outpolled O'Connor 30,279 to 13,793 in Quincy and received roughly two-thirds of the vote statewide. Markey was first elected to the Senate in a 2013 special election and had been re-elected to a

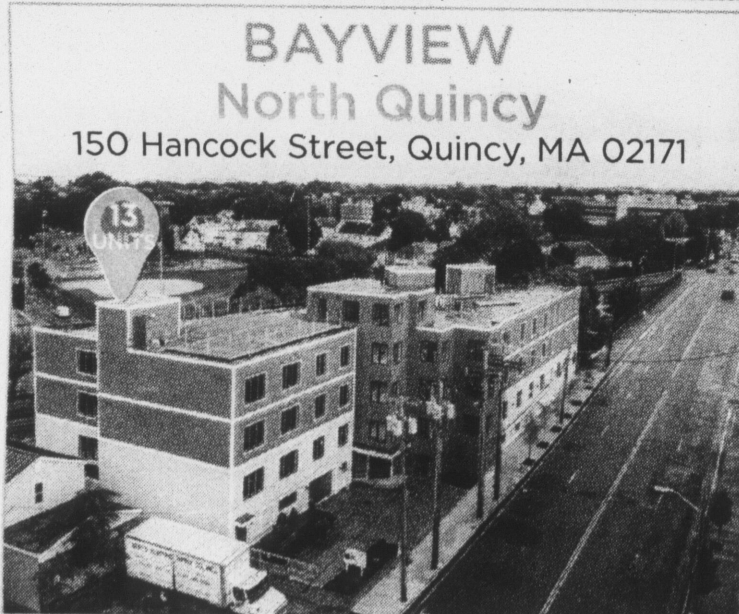
Cont'd On Page 11

Mite Box Thrift Shop Closed

The Mite Box Thrift Shop located at the Parish of St. Chrysostom in the Wollaston regrets to announce that it will remain closed for the winter.

"We have been hoping to re-open once the spread of the virus had begun to decrease, but given the current state of affairs, and the fact that we have an extremely small space, we do not feel comfortable or safe," a spokesperson for the shop stated in an email to The Sun.

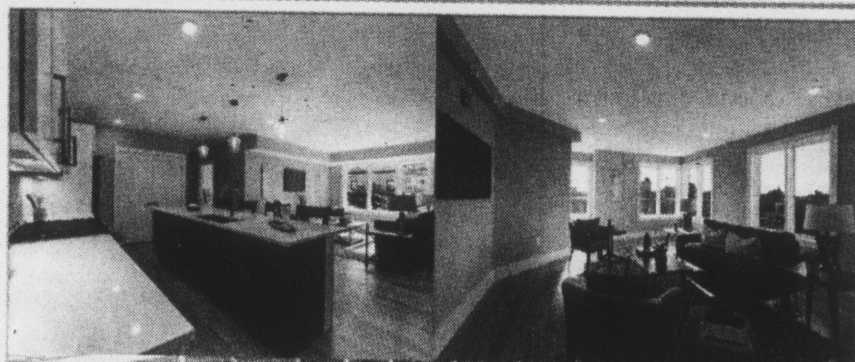
"Our goal is to re-open sometime next Spring, hopefully around Easter. Looking forward to seeing all of your smiling faces once again. Thank you for your faithfulness."



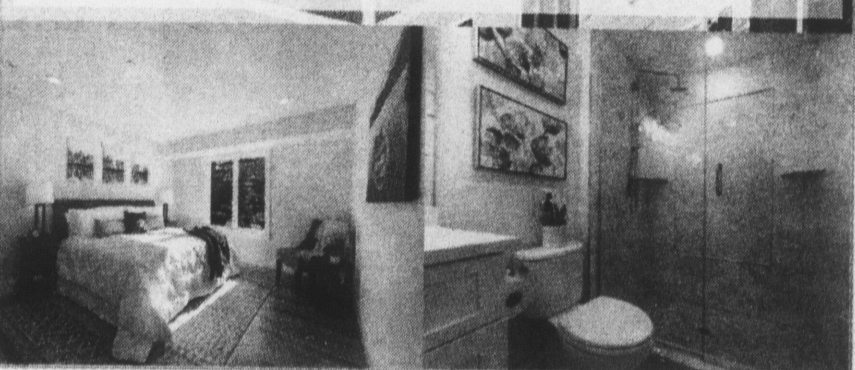
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101	2	2	1330	\$ 649,000.00	\$ 487.97	1	
102	3	2M	1419	\$ 669,000.00	\$ 471.46	1	
103	2	2M	1243	\$ 619,000.00	\$ 497.99	1	
104	2	2M	1016	\$ 489,000.00	\$ 481.30	1	
200	2	2M	1312	\$ 669,000.00	\$ 509.91	1	
201	2	2	1318	\$ 649,000.00	\$ 492.41	1	
202	3	2M	1354	\$ 669,000.00	\$ 494.09	1	
203	3	2.5M	1641	\$ 799,900.00	\$ 487.45	1	
300	2	2M	1332	\$ 669,000.00	\$ 502.25	1	
301	2	2	1319	\$ 659,000.00	\$ 499.62	1	
302	3	2M	1399	\$ 669,000.00	\$ 478.20	1	
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Koch Aiming For No Property Tax Increase

Public Hearing On Tax Rate Nov. 16 Remotely Via Zoom

By SCOTT JACKSON

Mayor Thomas Koch is optimistic the city would be able to avoid an increase in the property tax bill for the average single-family homeowner.

The City Council will hold a public hearing on the tax rate at 7:30 p.m. on Nov. 16. The hearing will be conducted remotely via Zoom. The meeting ID is 859 0439 6740 and the dial-in number for those who wish to participate by phone is 646-558-8656.

Koch, in an interview Nov. 5, said his administration was still in the process of calculating the new tax rates. The mayor aims to avoid raising the tax bill for the average single-family

homeowner, a goal he first announced in the spring when he introduced his budget for the current fiscal year.

"You know what the goal is and what we said publicly, to try to have a zero increase on the average single family," Koch said.

"I also caveat that with values change; there are other factors in there that are beyond my control. Now, obviously, we're dealing with changes in values. We're also dealing with revenue shortfalls. Local receipts - room tax on the hotels, meals tax, building permit fees - all those things that fall into local receipts are down, so we're dealing with that.

"I honestly don't know the number yet."

The city has expenditures under control but is facing a revenue shortfall this year amid the pandemic, Koch said.

Cont'd On Page 4



VOLUNTEERS FROM Blue Cross Blue Shield assisted Interfaith Social Services' "Boo Bucket" assembly during their recent service day. The group helped prepare 450 treat buckets that were distributed to Interfaith's clients for Halloween. Story, other photos on Page 19.

Photo courtesy Interfaith Social Services

MBTA Face Covering Enforcement In Effect

The MBTA has announced face covering enforcement efforts that went into effect Nov. 6.

The revised Executive Order applies to any person over the age of five who is in a place open to the public, and expressly requires masks or face coverings worn over the nose and mouth when using public transportation. Mask use by children two years of age and up to the age of five is encouraged but also at the discretion of the child's parent or guardian.

The revised Executive Order effective Nov. 6 authorizes Transit Police to enforce the Order onboard MBTA vehicles and within the system by issuing a civil fine up to \$300 per violation.

The MBTA has issued internal guidance to its employees consistent with the

revised Executive Order. Customers observed not wearing a face mask or covering will first be reminded of the Executive Order. If the unmasked customer does not immediately put on a mask or face covering following the reminder, the observation will be reported to the Operations Control Center, who will report and coordinate next steps with Transit Police.

The revised Executive Order includes an exemption for individuals with certain medical conditions, but does not require a person who is so exempt to produce documentation of their condition.

For more information, please visit mbta.com, or connect with the T on Twitter @MBTA and @MBTA_CR, on Facebook /TheMBTA, or on Instagram @theMBTA.

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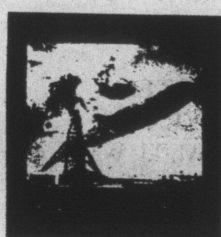
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Moments in time

THE HISTORY CHANNEL

• On Nov. 28, 1582, William Shakespeare, 18, and Anne Hathaway, 26, pay a 40-pound bond for their marriage license in Stratford-upon-Avon. Six months later, Anne gives birth to their daughter, Susanna, and two years later, to twins.

• On Nov. 27, 1868, Lt. Col. George Armstrong Custer leads an early-morning attack on a band of Cheyenne in Oklahoma. Custer did not attempt to identify the group of Cheyenne, or to make even a cursory reconnaissance. Had he done so, he would have discovered that they were peaceful people and the village was on reservation soil.

• On Nov. 26, 1922, in Egypt's Valley of the Kings, British archaeologists become the first souls to enter King Tutankhamen's tomb in more than 3,000 years. Inside were several thousand priceless objects, including a gold coffin containing the mummy of the teenage king.

• On Nov. 29, 1942, coffee joins the list of items rationed in the United States during World War II. Butter, sugar and milk had been rationed earlier. By the end of the year, cars were limited to 3 gallons of gas per week.

• On Nov. 23, 1966, Elvis Presley's 22nd film, "Spinout," in which Elvis played a singing race car driver, opens in theaters.

• On Nov. 24, 1971, a hijacker calling himself D.B. Cooper parachutes from a Northwest Orient Airlines 727 into a raging thunderstorm over Washington state. He had \$200,000 in ransom money and was wearing only wrap-around sunglasses, a thin suit and a raincoat. No trace of Cooper was ever found, but in 1980 a child found \$5,880 of the ransom money.

• On Nov. 25, 1990, after a howling wind and rain-storm on Thanksgiving Day, Washington state's historic floating Lacey V. Murrow Memorial Bridge slowly breaks apart and sinks to the bottom of Lake Washington. News crews captured the whole thing on camera.

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Sassamanash (the native American word for this autumn fruit) grows in boggy areas on evergreen shrubs up to 7 feet long and 2-8 inches high.

Cranberries

In his 1588 book *The Land of Virginia*, Thomas Hariot describes local tribesmen offering gifts of containers of cranberries to Europeans. The first published recipe for cranberry sauce appeared in the *Pilgrim Cookbook* in 1663. Appreciation for this fruit grew, and in 1703 fresh cranberries were served at the Harvard University commencement dinner.

Source: thehealthylife.com 11-Brenda Weaver

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Koch Aiming For No Property Tax Increase; Remote Public Hearing Nov. 16

Cont'd From Page 3

"The spending we are controlling. With the COVID comes some other costs, but for the most part we're getting backfilled from the feds and the state on that. Unless that falls through, we should be fine on the expenditure side," the mayor said. "It's just the revenue shortfalls that we are dealing with."

The bulk of the city's revenue, roughly 75 percent, comes from property taxes, 14 percent comes from local receipts – a category that includes a number of revenue streams such as the motor vehicle excise tax, the meals tax and various permit fees – and 11 percent is local aid from the state.

Koch said local aid has been level-funded this year and local receipts are down between \$8 and \$10 million.

"When we got our budget back in the spring, there was going to be an increase in local aid. I'm pleased it wasn't cut, but that's been level-funded, which is down from where we were projecting," Koch said. "Then you've got the local receipts, which are down probably in the \$8 to \$10 million range. That creates some challenges."

"I gave my word what we were trying to do and that's what we're going to try to do," he added, refer-

ring to his goal of not raising tax bills. "It could be up a little bit. I don't know."

Koch will ask the council to use free cash – money collected by the city but not expended – to reduce the tax bill. Between \$6 and \$8 million in free cash could be used to do so.

"At the end of each fiscal year you finish off and you square your books. Free cash is that number you have as a surplus from the budget," Koch said. "We had about \$2 million left in free cash from last year that we didn't spend and the calculation is being done on what we got from June 30 when we closed the books."

"It is probably going to be in the range of \$6 to \$8 million in free cash that we would apply as an offset."

The mayor said mid-year cuts could also be made if necessary. He does not want to tap into the city's stabilization fund, also known as the rainy day fund, because doing so could cause the city's bond rating to decrease.

"Free cash I'm willing to use, but I don't want to dip into reserves," Koch said. "We've been slowly building that. It took a big hit back in '09 when we had that major fiscal crisis as the world did at the time."

"For the financial health

of the city, it doesn't make sense to dip too far into that because that has other implications, including our bond rating. If we start to go down that road, our bond rating could be downgraded. It could be downgraded anyway because they are doing that across the board just because of the times we're living in, but I don't want to give them a reason in Quincy why they would drop it."

Overall, Quincy is in a good place financially compared to other communities, Koch stated.

"I frequently compare other communities to what we're doing and the average person that's paying their taxes could care less about what other communities are doing; they just look at their bill, but the reality is there are a lot of communities far worse off than us," Koch said.

"If it really hits the fan in the next two years, I can go up on the taxes some because we have excess levy capacity, which most communities don't. So, it's either a 2 1/2 override in many communities or major cuts – we're not in that position, thankfully."

"The other thing that has been helping us as you know we kept construction going right through this," Koch added. "We get new

growth on the taxes each year based on development and new construction and that has been a healthy number the last couple years because we've been pushing development."

"The average person says, 'How does that help,' no matter how many times you try to explain that it is more money in the till, therefore it helps with everything. It helps us fund our budget – policemen, firemen, teachers. A lot of communities don't have that benefit."

In the interview, the mayor also said city projects – such as a new police and fire headquarters – have not been put on hold because of the pandemic because they are necessary in the long run and because interest rates remain low.

"We're going through a difficult period, but the development and city projects have far longer implications," Koch said. "It's not like you're not going to do them."

"And, quite frankly, with all we've got going on, there has never been a time when money has been cheaper to borrow, so why wouldn't we be doing these things. What are we going to do, put the police station on hold? That place is ready to fall down."

"I think it's a good time to get things done."

Quincy, We Need Safer Roads

By ANNA SANGREE

Walking clears my head while working from home, keeps me healthy and gives me a sense of community. Especially in covid times when we can't interact with strangers very often, seeing others walking down the street keeps me connected. I live by the Wollaston T station in Quincy where I frequently see people walking to Stop & Shop for groceries, to Wendy's for a burger, to Brook Street restaurants for great Chinese food, or to the T station. It's one of the reasons I love this neighborhood.

On Nov. 2nd, a person driving hit and killed a woman while she was walking just 3 blocks from my home. When I heard, I was understandably upset, and even more upset after reading Facebook comments blaming her for the crash. When a car, weighing thousands of pounds, hits a person walking, it is most certainly not the walker's fault. Her life could have been saved if preventive measures were in place to make our streets safer for all road users, not just for cars. Our roads, as configured now, far too often encourage drivers to speed, and to not pay attention to community members walking and biking.

Blaming walkers in fatal crashes is victim blaming which in effect, discourages people from walking and doesn't move the ball on addressing the reasons these crashes occur in the first place or on protecting our most vulnerable road users. Perhaps when our driver hats are on, we can imagine being the driver who hit the person walking and have come to view the scene as a non-preventable, horrible accident.

But the truth is, these crashes are preventable. There are many proven, simple, cheap treatments – that allow people walking, driving, and biking, to coexist without fear that a trip will lead to death. On neighborhood roads, raised crosswalks, speed humps, lane narrowing, stop signs and speed limits slow cars down, and visible, clear, and frequent crosswalks with features for enhanced visibility like lighting and curb bump outs provide safer walking conditions. On busy roads, separation of walkers and bikers from cars, visibility at high volume intersections, and signals that work for people walking – not just push buttons followed by a long

wait-improve safety.

Unfortunately, a quick look at the street and intersection where a car hit my neighbor demonstrates a lack of safe elements. The intersection, along with all neighboring intersections on Elmwood Ave, has no crosswalks or curb cuts. The sidewalks are not well maintained. There is minimal lighting, and none at a human scale. And there are no measures to prevent speeding at the intersection for cars coming from or approaching high-speed Newport Avenue.

Walking is good for us as a community. When we walk, we are giving space on the road to higher needs (people with mobility impairments, emergency response, buses etc.). We aren't contributing to congestion, we are reducing air pollution and we are adding eyes on the street that make it safer. We are giving our business to our neighborhood commercial districts and not requiring additional space to store our cars. We are keeping our bodies healthy.

Let's encourage walking here and protect the many of us who already walk, bike and take transit. Let's not get caught up in the victim blame game when someone dies on our roads, and instead consider what we, as a community, can do to make our streets, our largest public asset, safer for all people who use them. One preventable death is too many, and since the beginning of the pandemic, there have been four in Quincy. To the members of our community who were victims of these tragedies, may you rest peacefully. Your life was lost too soon.

Please reach out if you want to encourage the city to make our roads safer! We are working with WalkBoston on strategies to make our roads safer for people walking and we would like you to join us in our efforts. I am excited to get to know you better and hear your walking stories in Quincy. My personal email is anna.sangree@richmond.edu.

Anna Sangree is a resident of Quincy and a 2015 graduate of the University of Richmond.

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Scenes From Yesterday



THE WOLLASTON COAL Company that was located at 33 Weston Avenue alongside the railroad tracks in Wollaston published this 1912 advertising postcard. The company specialized in Lehigh and Lackawanna coals from eastern Pennsylvania that were widely used at the time in home heating furnaces. As the ad proclaims, this new Quincy company was one of the first to use motor trucks for quick delivery service. The business later became the Ralph Coal Company owned by two brothers from Wollaston. They continued retail coal operations at this location until the late 1950s. Although they carried

a wide variety of coals and coke, Ralph Coal specialized in very hard and shiny Pennsylvania anthracite they marketed as "Blue Coal." It was lightly sprinkled with blue powder for effect. The powder had nothing to do with the fact that the coal burned naturally with a very little flame that had a blue hue. Before the wide spread use of oil and natural gas for home heating fuels, there were over a dozen companies selling coal and coke in Quincy.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1961
59 Years Ago

Mayor Della Chiesa Calls Meeting On Transportation

Mayor Amelio Della Chiesa today called a meeting of South Shore officials for Saturday morning at City Hall to discuss the transportation issue.

Being invited to the meeting to be held in the Council Chamber, are members of the Quincy City Council, the boards of selectmen from Braintree, Weymouth and Hingham, the two state senators and eight state representatives from the area. The meeting was to be open to the public.

A request for such a meeting was made by Rep. James McIntyre (D-Quincy) as a result of last Tuesday's referendum on which the voters favored Budd Car service 13,315 to 11,533 and opposed rapid transit more than four to one and express buses by nearly two to one.

The mayor said the meeting would be a prelude to a meeting with Governor John A. Volpe, which was requested by Senator Thomas S. Burgin.

MAYOR WHITON AT RITES FOR 43RD STRAIGHT YEAR

Joseph L. Whiton, 88, Quincy's World War I Mayor who never missed an Armistice Day, now Veterans' Day, and citywide observance in Quincy since its inception 43 years ago, was again at the exercises at the Adams Academy grounds.

Mr. Whiton carried a cane dated 1857, which belonged to an uncle of his. With former Mayor Whiton was Senator Thomas S. Burgin, a World War II mayor, who later resigned the office to join the Navy as an officer.

QUINCYISMS

Roxie's Market, 479 Southern Artery, was advertising: "Fresh-Ground Hamburg, Four Pounds for \$1" ... Lt. Governor Edward F. McLaughlin was scheduled to speak at the regular weekly meeting of the Quincy Lions Club. Program Chairman John Golden will introduce McLaughlin, who is an attorney and former Navy veteran... Councilor Charles L. Shea appeared to be in the lead in the race for City Council president. Presently, Shea had three other councillors pledged to vote for him. (Editor's note: Shea won and served two one-year terms as council president.)... Dennis F. Ryan, clerk of the Quincy District Court, will speak on "Courts and Their Functions" at a meeting of the Temple C Society of the Quincy Point Congregational Church... The current price of The Patriot Ledger was seven cents a copy... Curtis Farms was urging: "Order Your Thanksgiving Turkey Today, Turkeys Over 16 Pounds, 49 Cents a Pound"... Edgar Allan Poe's "The Pit and the Pendulum," starring Vincent Price, was playing at the Strand Theater, Chestnut St., Quincy Center... Capitol Supermarkets was offering: "Fancy Yellow Onions, Three Pound Bag, 19 Cents"... David Widders, his wife Helen, and a son James, of 20 Maxim Place, Houghs Neck, escaped over their porch rooftop when a fire of undetermined origin broke out at their home... Rep. Frances Perry (R-Duxbury) was the guest speaker at the Women's Republican Club of Quincy... Umberto V.E. Giarrusso was installed as President of the Quincy Lions Club for the year 1961-1962. The event was held at the Morrisette American Legion Post... David G. Alexander, a past commander of the Bryan Post VFW was installed as commander of the Quincy Veterans Council. He succeeded Colonel Walter Fuller... The annual silver tea of the Daniel Webster School PTA was attended by 150 parents. Mrs. Benjamin Needle and Mrs. Frank Langton were the pourers... The Rev. Thomas Tierney, a curate at St. John's Church in Quincy, was being transferred to be pastor of St. Joseph's Church in Roxbury. Fr. Tierney served at St. John's for 11 years. He was the official chaplain of both the Quincy Fire and Quincy Police Departments and Quincy parade director... Congressman James A. Burke (D-Milton) was in Washington, DC, to lobby Navy officials on behalf of increasing employment at the Quincy Fore River Shipyard... John S. Bythrow, son of Mr. and Mrs. George V. Bythrow, 11 Crosby St., Houghs Neck, was serving with the Air Anti-Submarine Squadron 32 at the Naval Air Station, Quonset Point, RI... Mrs. Mamie Eisenhower, wife of former President Dwight D. Eisenhower, celebrated her 65th birthday at a party held in her honor at the Augusta, Georgia National Golf Club... Ensign John K. Ready, son of Mr. and Mrs. John C. Ready of 39 Russell St., North Quincy, graduated from Naval Pre-Flight School in Pensacola, FL. He was one of three students who excelled in all phases of requirements of the 16-week course in pre-flight and officer indoctrination.

Live Online: Falls Prevention, Stress Management For Aging Adult

The public is welcome to join Debbie Lyn Toomey, RN, coordinator of the Tufts Medical Center's Injury Prevention Program, for an engaging program on the first and third Tuesdays of the month in November and December.

From 10 to 11 a.m. Tuesday, Nov. 17, Toomey will

share with you how to use gratitude skills that can help you feel more abundant and alive.

Everyone is welcome to attend any of all of the sessions in this four-part program that teaches and empowers aging adults and those who care for them with skills and ideas that de-

crease falls and increase independence. Each 60-minute session will build upon the previous one(s), but you can attend any or all, depending upon your availability. Future dates are Dec. 1 and Dec. 15. Sessions will be recorded for later viewing and sharing and made available on the library's

YouTube channel.

Join on Zoom (meeting ID: 874 7134 0892). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the library's YouTube channel and Facebook page.

The Negative Effects Of COVID-19 Pandemic Response On American Society

By MOLLY MULLALLY

Government shelter in place and non-essential business closures due to the COVID-19 pandemic will have a lasting impact on our country. Since the onset of the pandemic, there has been widespread disagreement between political parties on how to best respond.

Democrats tend to believe government mandates of stay-at-home orders benefit the public good and outweigh the negative impact on the economy and overall public health. In contrast, Republicans think it's an individual's personal responsibility to social distance and should not be a government mandate. By imposing lockdowns, the government is accelerating various public health and economic crises. The government needs to stop increasing risks to its citizens and instead focus on providing accurate information and guidelines based on the most updated science and data. This will allow every individual the opportunity to evaluate and act upon their own risk assessment as outlined below in the "Focused Protection" approach, and to wear masks to limit disease spread.

When states mandated shelter in place rules and non-essential business closures in March 2020, American lives were severely impacted. Businesses were forced to shut down, children were sent home from school, and millions became unemployed. According to the Bureau of Labor Statistics, the U.S. economy lost 20.5 million jobs in April, raising unemployment to 14.7%, the highest rate since 1948. The American Psychiatric Association reported, "57% of Americans are concerned that the coronavirus will have a serious impact on their finances and 68% fear... long-lasting impact on the economy." A glimpse of this impact is seen in the 100,000 restaurants that have not been able to reopen their doors since March.

Another impact is seen in our nation's schools. Millions of children are still learning remotely, eliminating access to the myriad of social and health services offered by schools. Children also lose opportunities for social interaction, which is considered pivotal for growth. Hartford Healthcare stated, "The pandemic will likely exacerbate existing mental illness in teens, one in 10 of whom reportedly have depression or anxiety." Without social interaction and routine, we could see spikes in mental health disorders and suicides. While it's premature to understand the pandemic's full effect on suicide

rates, we can assume based on current research that these risks will increase if lockdowns are reinstated.

A less harmful alternative to shutting down our country is quite simple. All Americans should wear a mask when in public, or around people who don't live in their household, as recommended by the CDC and WHO. The UCSF stated, "In one simulation, researchers predicted that 80% of the population wearing masks would do more to reduce COVID-19 spread than a strict lockdown." The simple act of wearing a mask can have a profound impact on each individual and the community at large. CDC Director Redfield stated, "I might even go so far as to say that this face mask is more guaranteed to protect me against COVID than when I take a COVID vaccine."

By taking responsibility for mask wearing and social distancing, citizens can significantly reduce the risk of contracting COVID-19 while at the same time reducing the mental health risks associated with lockdowns. The newest science indicates a need to end lockdowns and apply a "Focused Protection" approach. As outlined in the "Great Barrington Declaration," three renowned epidemiologists with various expertise in biostatistics, immunology and public health policy on infectious disease present the idea that, "The most compassionate approach that balances the risks and benefits of reaching herd immunity, is to allow those at minimal risk of death to live their lives normally to build up immunity to the virus through natural infection, while better protecting those who are at highest risk." This approach is co-signed by 36 experts in the field and signed by over 40,000 public health scientists and medical practitioners.

As we head into the winter, the spread of virus is expected to grow. If Americans do their part by simply wearing a mask, we could eliminate the unnecessary risks caused by shelter in place and non-essential business closures and minimize the negative impacts of this pandemic. I encourage all Americans to be part of this solution and please, wear a mask.

Molly Mullally is a junior at Providence College majoring in Health Policy Management with a minor in Business Innovation. She lives in Quincy.

Op Ed

The Modern Dog Comes To Quincy

Doggie Day Care, Grooming Business Opens At Marina Bay

By TOM GORMAN

What started out as a dog walking venture in Dorchester has turned into a full-service doggie daycare and grooming business that has expanded into Quincy.

The Modern Dog at Marina Bay opened several weeks ago at 550 Victory Rd. in The Meriel building. Owner Charles Maneikis, a Dorchester native, said that while his original Dorchester location has grooming and dog walking, his new Quincy location is a specialty store, offering high quality daycare, service, and products that typically would be seen in Boston.

"We are a little bit more high-end retail," Maneikis explained, as he stood outside his Marina Bay store. "We have doggie daycare, professional bathing, and a self-serve dog wash."

Dog walking services are also offered at the Marina Bay location.

"We do a handful of Quincy dogs now, and we are looking to expand within Quincy," Maneikis said. "We do a lot in Dorchester now because that's our original location, but we do a lot here, especially around Marina Bay, and throughout North Quincy and Quincy in general."

While professional bathing, the self-serve dog wash, and doggie daycare are the three main services offered at Marina Bay, dog owners will also find treats, food, toys, and other items in the retail section of the store that Fido will enjoy.

"We are a hard to find boutique retail that you wouldn't be able to find in the big box stores," Maneikis said. "It's a little more like you're shopping in the South End here. We have little birthday boxes, individual artisan treats as well as locally sourced treats, hard-to-find toys, high-end jackets and different accessories."

The Marina Bay store has a large, open daycare room that is limited to no more than 25 dogs at a time. A professional staff provides a minimum of six hours

supervised playtime and a walk during the day for each dog. The daycare space can be rented for birthday parties.

Each dog is vetted and must have proper vaccinations. Maneikis noted that his stores follow strict COVID-19 guidelines.

"We space out all our bath appointments and we are very safe with our COVID protocols," he said.

Daily specials are offered. These include Manicure Mondays for nail trimming; Travel Tuesdays and Thursdays where dogs can play in a 5,000 square-foot fenced-in yard; and FaceTime Fridays where dog owners can FaceTime or video stream their dog in the daycare room.

Maneikis started his business about 11 years ago in Dorchester as a dog walking service.

"Three years in, we expanded into a brick and mortar store on Dorchester Avenue," he said.

At his Dorchester location, full grooming and haircuts are offered with some other services there being shut down because of the COVID-19 pandemic. There is a total of 17 staff members that are split between the two locations. They include professional dog walkers and groomers.

Maneikis's interest in dog care began when he worked for a veterinarian while attending Stonehill College in Easton and walked dogs for people in the Easton area.

"In my senior year, I decided to try dog walking," he said. "When I graduated, I picked up a few local clients around Dorchester where my family has lived for 80 to 90 years. It grew from there."

As his dog walking business blossomed, he started thinking about opening a store.

"I found the Dorchester location and my cousin Erica helped start that store," he said.

Maneikis said offering a personal touch to dog care

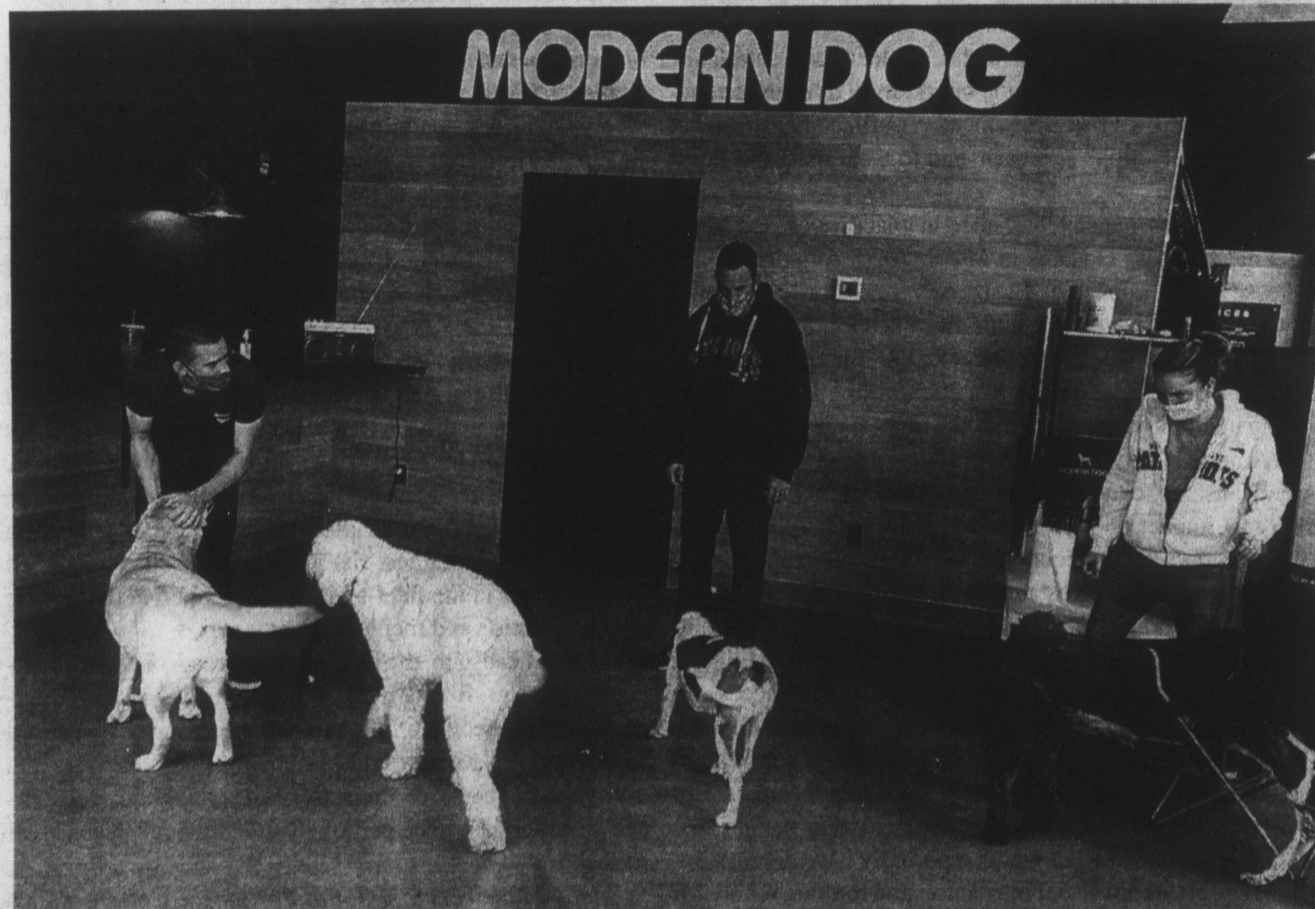
Cont'd On Page 8



THE MODERN DOG at Marina Bay owner Charles Maneikis is ready to greet dogs and their owners in his new store in The Meriel building. Quincy Sun Photos/Tom Gorman



THE MODERN DOG staff member Caitlin Murphy plays with dogs in the daycare room.



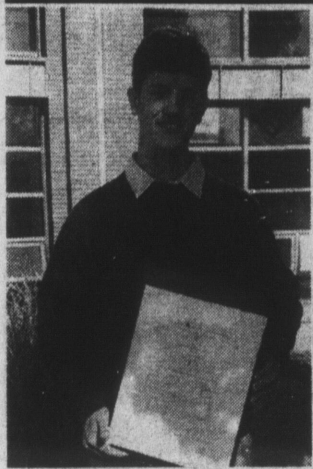
THE MODERN DOG staff watches over dogs in the daycare room. (right).

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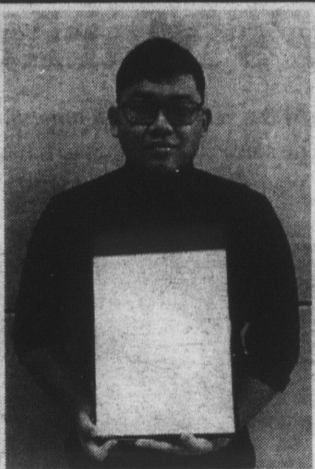
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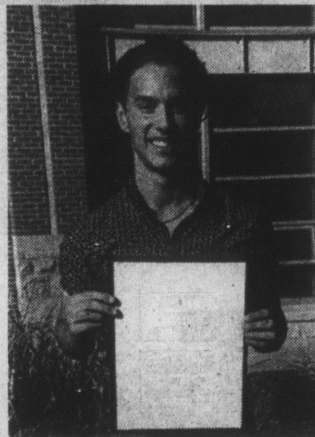
HANNAH MURPHY

QHS Students Earn National Merit Scholar Accolades

Quincy High School announces seniors Charles Codner, Joseph Dinh, Hannah Murphy, Jack Nelson, and Alvis Zou have been recognized for their performance on the 2019 Preliminary SAT/National Merit Scholarship Qualifying Test.

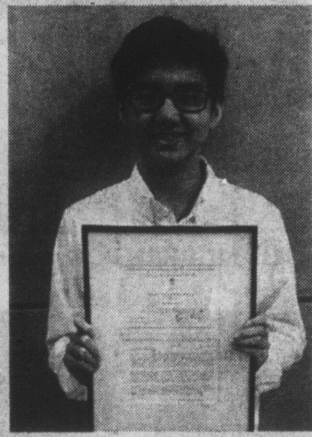
Each has been named as a Commended Student by the 2021 National Merit Program as they placed in the top 3% out of over 1.6 million participants.

"The young men and women being named Commended Students and Semi-Finalists have demonstrated outstanding potential for academic success," said a



JACK NELSON

spokesperson for NMSC. "These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the ad-



ALVIS ZOU

vancement of educational excellence in our nation. We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success."

16 Residents Graduate Boston University

Sixteen students from Quincy recently received degrees from Boston University.

They are:

Evans A. Asumadu, Master of Science in computer information systems; John Boulanger, Master of Education in curriculum and teaching; Matthew J. McBride, Master of Business Administration in business administration and management; He Meng, Doctor of Musical Arts in piano performance; Manju Natarajan, certificate of advanced graduate study in digital dentistry; Diego Lopez, Master of Science in software development; Yiru Jiang, Master of Science in global marketing management; Dan Faibish, Doctor of Dental Medicine in dentistry advanced standing, High Honors; Kenneth Butler, Master of Science in oral health sciences.

Jennifer M. Chapman Varella, Master of Arts in chemistry; Eric Reed, Doctor of Philosophy in bioinformatics; Marwan S. Al-Daggistany, Doctor of Dental Medicine in Dentistry Advanced Standing, High Honors; Daniel Gardiner, Master of Business Administration in social impact, High Honors; Ronghui Li, Master of Science in applied business analytics; Maria V. Martinez Morales, Doctor of Dental Medicine in dentistry advanced standing, High Honors; Mitchel Mingo, Master of Education in educational

leadership and policy studies; and Shahad S. Hadadi,

Doctor of Dental Medicine in dentistry advanced standing, High Honors.



Due to the unprecedented logistical challenges created by COVID-19, Father Bill's & MainSpring (FBMS) is unable to host a Community Meal this Thanksgiving.

FBMS remains committed to providing a meal to everyone in the Quincy area in need. This year, we are partnering with a local caterer and expanding our meal-delivery program to provide approximately 1,000 meals on Thanksgiving.

We have established a Thanksgiving Fund to help cover these additional expenses.

If you are in need of a meal or to make a donation to our Thanksgiving Fund, visit helpfbms.org/thanksgivingfund.

Thank you for supporting our mission!



100% of excess Thanksgiving costs will be directed to our ongoing efforts to support individuals and families experiencing, or at risk of, homelessness.

Social



LEAVE LEFTOVER SEEDS in their original packet whenever possible and store in an airtight container for next season. Photo Courtesy Melinda Myers, LLC

Proper Storage Extends The Life Of Leftover Seeds

by MELINDA MYERS

As you pack away the garden hose, tools and other supplies or transition to your winter garden, do not overlook those leftover seeds. Proper storage can extend their life so you will need to buy fewer seeds next season. With another shortage of garden seeds predicted for 2021 you will be glad you did.

Leave the seeds in their original packet whenever possible. It contains all the information you need to make planting easier and increase your success next season.

Place the seed packets in an airtight container such as a recycled jar or plastic storage container. If you have lots of seeds, consider organizing them as you pack them away for winter.

Arrange them alphabetically from A to Z using dividers for each letter of the alphabet or organize them by planting season. Group seeds to be started indoors together and those that go directly in the garden by the month they should be planted.

Seal the lid on the container and place in a cool, dark location. The refrigerator is perfect, providing consistently cool temperature that increases seed storage success.

The longevity of a seed not only depends on proper storage, but also varies with the type of seed.

Eggplant, muskmelon, and Brussels sprouts will last five years or more while onions and parsnips may only last a year. Give leftover flower seeds the same care. Heliotrope, verbena, sweet William, geraniums, and Shasta daisies typically last one or two years.

Impatiens, Geums and Tithonia (Mexican sunflower) usually maintain viability for two years while ageratum, alyssum, amaranth and yarrow can last four years or more.

Take an inventory of your seeds as you pack them away in storage. Reference this list as you begin planning next year's garden. You will be able to see what seeds you already have and focus on those you need.

If you have extras or seeds you do not plan to use, consider sharing some with a friend. Most of us do not need to plant all 20, 30 or more seeds in a packet. Sharing and trading with friends or donating to schools, community gardens, master gardeners, or other groups that may lack the resources to buy their own seeds is a great way to make a difference. Everyone will save money while

growing beautiful and productive gardens.

Do not discard older seeds. They often outlast the average and continue to sprout at an acceptable level. You can test the seeds prior to planting. Just take ten seeds and wrap them in a damp paper towel. Then place in a plastic bag and wait to check for sprouting in a week or two. If all the seeds sprout, you can plant according to the packet. If only half sprout, you need to seed twice as thick.

And if you find some of your old seeds are no longer viable, use them to create seed art and other projects. It is a fun way to repurpose these seeds.

Be sure to add packing up leftover seeds to your fall to-do list. You will be glad you did when it is time to plan and plant next year's garden.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses* "How to Grow Anything" DVD series and the nationally-syndicated *Melinda's Garden Moment* TV & radio program.

Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her web site is www.MelindaMyers.com.

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The Modern Dog Comes To Quincy's Marina Bay

Cont'd From Page 6

makes his shop unique.

"We are going for a personal touch that most places can't offer because they have to do a high volume

of dogs to make business work," he said. "We are not looking to do a crazy number of dogs. Because we have different revenue streams and the other things

we can offer, we are able to do less dogs a day and make everything work. We're not doing high volume, so we put a personal touch on everything we do."

Maneikis is excited to bring a canine specialty shop to Quincy.

"We want to be an asset

to the residents of Quincy," he said. "If you want to have your dog treated right with a

little bit more of a personal touch, we are the place to come to."

WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Butterscotch Brownies

By MARIE

When we were growing up my mother baked some delicious desserts so that there was always something for us to eat - either homemade cake, pie or cookies to enjoy with a cup of tea. She kept all of these confections in a large metal cake-keeper on the kitchen counter. Everyone who came in, especially all of her grandchildren, would come into the kitchen and quickly find their way to the cake-keeper usually within moments after arriving.

Today's recipe is for her famously delicious butterscotch brownies. She used to hand-write all of her recipes for us to enjoy and I still have them to read, and use them for inspiration because they are timeless.

Directions and Ingredients

Pre-heat oven to 350 degrees, grease an 8 x 8 baking pan

1 cup light brown sugar
1/4 cup vegetable oil
1 egg (or two egg whites)
1/2 cup chopped walnuts
1 teaspoon vanilla
2/3 cup of flour (sifted)
1 teaspoon baking powder

Combine sugar and oil in a mixing bowl. Add the egg and beat well. Add the chopped nuts and the vanilla and blend well.

Fold in the dry ingredients.

Bake in lightly greased pan 8 x 8 at 350 degrees for 25 to 30 minutes.

Remove from oven and cut into squares while still warm.

Cream Of Broccoli Soup

By SUSIE

Here is a delicious and healthy version of cream of broccoli soup. Cream of broccoli soup usually has cream or milk and flour to thicken. My soup uses cream made of cashews which is not only delicious, but much easier to digest, loaded with nutrition and very versatile since it can be used as a substitute for dairy.

Many (if not most) people have a hard time digesting dairy and there is no reason to consume much of it anyway from a nutritional standpoint. We are able to get important nutrients for our bones including but not limited to calcium from many foods. Enjoy this healthy and delicious version!

2 bags frozen broccoli florets (normally 10 oz. per bag, or about six cups fresh broccoli)

3 cloves minced garlic
1 small onion, chopped

5 cups broth (I used vegetable)
3 tablespoons butter, coconut oil, or olive oil

*1 cup cashew cream

Sea salt and pepper

*Cashew Cream:

Place 1 cup of raw cashews rinsed and drained in bowl. Boil 3 cups of water and pour over cashews and let soak for 30 minutes. Drain but reserve 3/4 cup of the soaking water and place in blender with the cashews. Process until smooth and creamy, much like Greek yogurt.

Saute' onion and garlic in oil of choice until fragrant.

Simply add broth, seasonings, and broccoli and bring to boil.

Cover and simmer until just tender and still bright green.

Uncover and spoon in cashew cream.

Use immersion blender and blend until all pureed.

Adjust seasonings and serve hot.

Pumpkin Chili

By SUSIE

Here is my famous pumpkin chili recipe that is loaded with vegetables, including pumpkin. The pumpkin makes this chili thick and sweeter tasting, especially with the added cinnamon.

You may use any kind of ground meat, I use grass fed beef or bison normally, but this works well with ground turkey or chicken as well!

1 lb ground beef/turkey/chicken
1 onion, chopped
4 garlic cloves, minced
1 15-16 oz can of tomatoes
1 15-16 oz can of tomato sauce
1 can pumpkin (NOT seasoned sweetened pumpkin, just plain pumpkin)
1 1/2 cups broth (I used beef)
1 red pepper, chopped
1 zucchini, chopped
1-2 tablespoons chili powder (depending how you like it)

2 teaspoons cumin
1/2 teaspoon cinnamon
2-3 teaspoons herbamare (a unique seasoned salt) OR just plain sea salt
Green onions, avocado, Greek yogurt for top

Saute' onions in soup pot until fragrant. I used coconut oil to do this step.

Add zucchini and peppers, then garlic.

Cook about 5 minutes or so until sizzling and flavors are mingling.

Now add the meat and cook until done.

Add seasonings, including salt and combine well.

Cook a bit more, then add pumpkin, broth, and both cans of tomatoes.

Stir well and bring to boil.

Reduce heat, cover and simmer about 30-45 minutes.

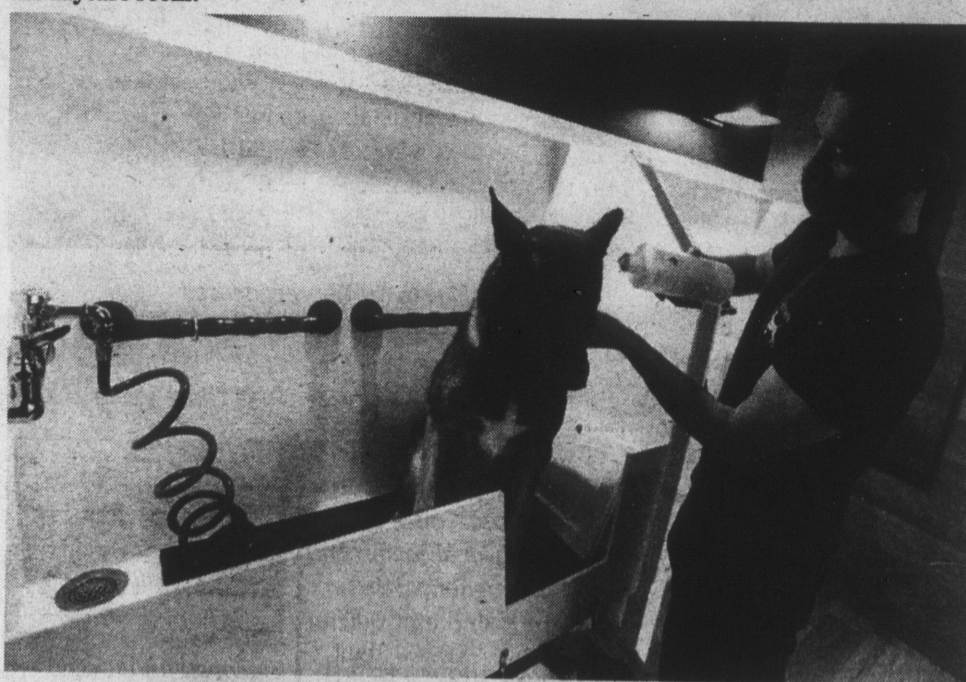
Serve with green onions, avocado, and Greek yogurt spooned on top if desired. Even better the next day!



THE MODERN DOG owner Charles Maneikis explains the various high-end treats offered.
Quincy Sun photos/Tom Gorman



THE MODERN DOG at Marina Bay owner Charles Maneikis gives attention to some dogs in the daycare room.



CHARLES MANEIKIS demonstrates the self-serve dog bath with Atticus.



DOG TREATS, SNACKS and bowls are offered at the Modern Dog at The Marina Bay.

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Know Your Blood Sugar Numbers To Manage Your Diabetes

A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

Checking your blood sugar, also called blood glucose, is an imperative part of diabetes care.

Your blood sugar numbers indicate how well your diabetes is controlled. Successfully managing your diabetes means that you have less chance of having serious health complications, such as kidney disease, vision loss, and nerve and blood vessel damage.

Verifying your blood sugar levels, enables you to see what causes your numbers to rise and fall. For instance, you might see an elevation in your blood sugar when you are stressed or eat certain foods. On the other hand, you may see that when you take your medicine and are active, your numbers improve. This information allows you to distinguish what is successfully working for you and what needs to be modified.

There are several ways to measure blood sugar, two very common methods are:

- Finger stick blood sugar checks that you perform on

yourself. These inform you what your blood sugar level is at the time you test.

- The A1C (glycosylated hemoglobin), a test done in a lab or at your provider's office. The A1C test tells you and your health care team your average blood sugar level over the past 2 to 3 months.

The device you use to check your blood sugar is a blood glucose meter. There are many varied types of glucose meters. Most use a small drop of blood from your finger to measure your blood sugar level. You can acquire the meter and necessary supplies in a drug store or by mail.

Be sure to read the directions that accompany your meter to learn how to properly check your blood sugar. Your health care team or pharmacist can also instruct you how to use your meter. It is important to log your blood sugar readings and take your blood sugar record and meter to each visit and talk about your results with your provider.

For optimal control, people with diabetes have blood sugar targets that they try to

reach at different times of the day. These targets are:

- Right before your meal: 80 to 130

- Two hours after the start of the meal: Below 180

The amount of times that you check your blood sugar will depend on the type of diabetes that you have and the types of medicine you take to treat your diabetes.

For example, people who take insulin may need to check more often than people who do not take insulin. Your health care team should assist you in devising a plan regarding how often and when to check your blood sugar. The common times for checking your blood sugar are when you first wake up (fasting), before a meal, 2 hours after a meal (postprandial) and at bedtime.

For many people with diabetes, the A1C goal is below 7. This number is different from the blood sugar numbers that you check each day. It also helps you and your team to decide on the type and amount of diabetes medicine you need. You and your health care team will decide on an A1C

goal that is right for you.

You need to get an A1C test at least 2 times a year. You need it more often if:

- your number is higher than your goal number

- your diabetes treatment changes.

High blood sugar is also called hyperglycemia. It denotes that your blood sugar level is higher than your target level or over 180. Having high blood sugar levels over an extended period of time can lead to long-term, serious health problems.

If you experience symptoms of extreme fatigue, thirst, blurred vision, or feel the need to urinate more often than usual, your blood sugar may be elevated. Test your blood sugar and see if it is above your target level or over 180. If it is too high, one way to lower it is to exercise by taking a brisk walk. If your blood sugar is consistently running high or you don't know why it is elevated, contact your doctor.

Low blood sugar is also called hypoglycemia. This typically means your blood sugar level drops below 70.

Having low blood sugar is dangerous and needs to be

treated immediately. Anyone with diabetes can experience a low blood sugar. Your chances of having low blood sugar escalate if you are taking insulin or certain pills for diabetes.

Skipping meals can also precipitate a hypoglycemic reaction. If you experience shaking, sweating, or extreme hunger, check your blood sugar. Even if you feel none of these symptoms, but think you may be suffering from a low blood sugar, check it.

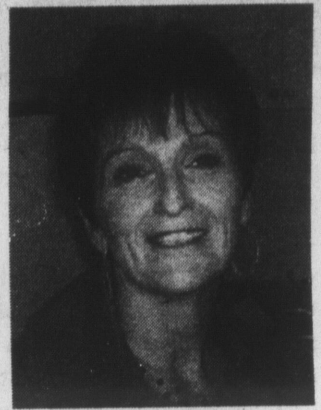
It is essential for diabetics who are on any medicine for their blood sugar to carry supplies that can treat a hypoglycemic reaction. If your meter shows that your blood sugar is lower than 70, consider initiating one of the following remedies right away:

- chew 4 glucose tablets
- drink 4 ounces of fruit juice

- drink 4 ounces of regular soda, not diet soda

- chew 4 pieces of hard candy

After taking one of these treatments, wait for 15 minutes then re-check your blood sugar. Repeat these



RUTH JONES

steps until your blood sugar is 70 or above.

After your blood sugar returns to 70 or higher, eat a snack if your next meal is more than 1 hour away. If you are experiencing low blood sugars frequently, you may need to discuss modifications in your medicines or changes in your diet with your provider.

Medicare, Medicaid and most private insurance plans pay for the A1C test and a portion of the cost of supplies for checking your blood sugar. Check your plan or ask your health care team for help finding low cost or free supplies.

Taking action will help you be healthy today and stay healthy in the future.

Ruth Jones is the health commissioner for the City of Quincy.

Recreation Department Recognized As COVID Heroes

By SCOTT JACKSON

City councillors recognized Quincy's recreation program for providing a safe place for children to play this summer amid the coronavirus pandemic.

Councillors honored the recreation division, part of the Department of Natural Resources, as COVID-19 heroes on Oct. 19. Councillors had previously recognized the city's first responders as COVID-19 heroes.

Councillor Anne Mahoney commended Michelle Hanly, the director of the recreation program, for her efforts to make sure the program was able to run in a safe manner this summer.

"Many other communities were not able to open up the parks or have any recreational services. Not only did Michelle Hanly and the recreation department do that, they created a safe environment for families to be able to come and utilize our parks very early on in COVID," Mahoney said.

"It wasn't the same as it was in other years, but it was established in a very safe way."

Recreation leaders were assigned to parks and playgrounds citywide over the summer to monitor each location and ensure the children playing there were adhering to health protocols. Hygiene stations were also

made available at those locations.

Ward 3 Councillor Ian Cain said Hanly set a standard that others should look to follow.

"It just brings joy to my heart to think about what you did this summer. I hope you recognize that your work should actually be put into a case study that should be shared with employees around the city and in companies around the world, because this model of can-do attitude in making this summer what it was for the families and the children around the city was absolutely exemplary," Cain said.

"I want to thank you for that effort, and I know my neighbors thank you as well for giving their kids things to do...and to forget about this stuff that's overhanging everybody's head right now."

Councillor Noel DiBona said it was important that the city's children had a chance to recreate over the summer.

"Having the park monitors out there during the COVID-19 pandemic and having the proper washing stations in place and the collaboration amongst the staff with the guidelines and the supervision and working with the children was huge," DiBona said.

"Without that, I don't know how our children would have done this summer."

Hanly thanked a number of people for helping make the recreation program possible this summer, including Mayor Thomas Koch and his staff, Commissioner of Natural Resources David

Murphy, retired long-time recreation director Barry Welch, Police Chief Paul Keenan and the staff at the recreation program, including 214 recreation leaders "who came to work each day this summer with a smile on their face and made a difference in the life of a child."

"I can't thank them enough," she added.

Hanly said she worked closely with Ruth Jones, the city's health commission-

er, to reimagine the summer's recreation program and could not thank Jones enough for her work.

"Rather than throw in our towel as many cities and towns around us did... we went to work every day trying to figure out what we could do for the residents of Quincy and for our young employees this spring and summer," Hanly said.

"Working closely with Ruth, we reimaged our

programs so it could fit into the guidelines set forth by the commonwealth."

Hanly thanked her family for their support as well.

"Barry Welch, my mentor and the director of recreation for so many years here in Quincy, always pointed out that we work during other people's leisure and if it wasn't for the support of our wonderful families, we wouldn't be able to do our job," she said.



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QC APPOINTING COUNCIL SEEKS NOMINATIONS FOR A BOARD MEMBER

- The Quincy College Appointing Council shall meet to consider qualified applicants for appointment to the Quincy College Board of Governors.
- Nominees are to be considered for an appointment to fill two vacancies for a six-year term expiring August 31, 2026
- Interested individuals must submit a letter of interest and resume, to the Appointing Council, to be received on or before close of business by December 1, 2020. Information received subsequent to December 1, 2020 deadline date cannot be considered by the Appointing Council.

Board members are advocates for the institution, and have certain governance and oversight responsibilities for the College as specified in the enabling and subsequent legislation. Members are expected to attend regular meetings, ordinarily scheduled in the evening, and to participate fully as a member of specific subcommittees, usually meeting monthly. Additionally, members are participants in Commencement, College Ceremonies, and demonstrate in action and word a commitment to the mission and purpose of the College. Members must submit an annual financial disclosure form to the City Clerk, an annual residency certification form; take ethics training, and follow the Open Meeting Law. Applicants for this position need not reside in the City of Quincy.

The Council welcomes diversity in applicants and encourages anyone who believes he or she might contribute positively to the continued success of the institution to respond. A wide variety of expertise is welcome.

Letter of interest and resume:

By mail to:

Quincy College Board of Governors
c/o Chris Bell and Michele Wilbur
Quincy College
1250 Hancock Street
Quincy, MA 02169

OR

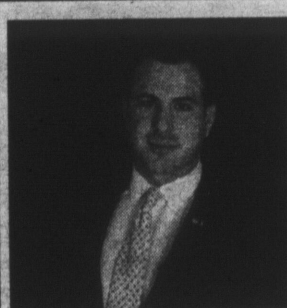
By email to: cbell@quincycollge.edu
and mwilbur@quincycollge.edu

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Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

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Life

21 Franklin Street,
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617-770-0123
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On Tuesday, Nov. 3, Quincy Police Drug Control Unit detectives were working the 4 p.m. to midnight shift. They were conducting surveillance in the area of Cleverly Court due to recent citizen complaints of alleged drug activity.

At approximately 5:17 p.m., detectives noticed a blue Chevrolet Malibu as it traveled on Cleverly Court. Detectives queried the registration using a Mobile Data Terminal (MDT) and learned the vehicle was a rental vehicle and that it had been recently queried by various law enforcement agencies to include Boston, Brookline, Brockton, Canton, Chelsea and MSP on sixteen (16) different occasions.

Detectives noticed the vehicle to arrive at an apartment complex on Cleverly Court and park in the rear parking lot. DCU detectives know from training and experience that rental vehicles and third-party registrations are often used by drug dealers to shield their identity from law enforcement. Detectives decided to keep the vehicle under surveillance.

Detectives observed as the operator exited the motor vehicle and entered the apartment complex. Within a very short period of time, the operator exited the apartment complex and walked back to the vehicle. Detectives encountered both the operator of the vehicle, and the female passenger. While conducting the investigation, it was learned that the operator of the vehicle visited one of the residents. The operator was not truthful in terms of who he visited or why he was there. Officer Dabilis deployed his drug-detection K9 partner, Karl. Karl sniffed the public air space surrounding the operator with negative results. The operator and passen-

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

ger were then sent on their way.

Detectives also spoke to the resident of the apartment that the operator visited. While conversing with the resident in the hallway, three individuals exited the apartment. All three parties were detained. At that time, Officer Dabilis deployed his drug detection K9 partner "Karl." K9 Karl first sniffed the public airspace surrounding one of the detained individuals. K9 Karl showed a change in behavior indicating to the presence of drug odor.

Detectives then searched the individual and located a knotted plastic bag containing six (6) round, blue, tablets marked "M 30" in his underwear just below his waistline. These pills would be field tested and determined to be fentanyl. Detectives also located four (4) folds of U.S. currency (\$400, \$500, \$500 & \$60) in the front left pocket of his pants. Upon completing a consent search of the individual's backpack, detectives located another \$481, for a total of \$1,941 U.S. currency. The 31-year-old male from Dorchester was placed under arrest. The money was seized at detectives believe it is proceeds from drug sales.

K9 Karl then sniffed the public airspace surrounding the resident and the other two individuals with negative re-

sults. Those two individuals were sent on their way, while the resident remained with the detectives. The resident consented to a search of the apartment. The search revealed that two individuals were living in the apartment. In one of the bedrooms, detectives located approx. 60 various tablets, determined to be Methamphetamine. Detectives believe these tablets were packaged in a manner intended for distribution. Detectives also located a black Springfield 9mm handgun on top of a kitchen cabinet.

The resident was advised of possible criminal charges pending fingerprint and DNA analysis on the firearm. All drugs were packaged, tagged and placed into drug evidence.

The 31-year-old male from Dorchester was charged with possession to distribute Class A (Fentanyl). The roommate (who had exited the apartment earlier) was summonsed to court for possession with Intent to Distribute Class B (Methamphetamine). The firearm and ammunition were properly packaged, tagged and placed into the BCI evidence room. The firearm will be forwarded to the MA State Police Crime Lab for fingerprint, DNA and ballistic testing.

Criminal charges are pending upon fingerprint and/or DNA confirmation. The firearm's serial number was queried through CJIS and there is no record indicating the firearm was stolen.

If you suspect drug activity in your neighborhood, there are several ways to report it. The DCU can be reached by calling 617-328-4527, emailing anontips@quincyma.gov or by using our #MyPD app.

You can remain anonymous.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, OCT. 30

ASSAULT AND BATTERY (with females), 4:52 a.m., Liberty Street. Caller states there are two females in his unit that are causing a disorder and banging on doors. States he believes that one of them took his cell phone and states that he was woken up by one of the females choking him while he was sleeping. Caller called off a roommate's phone. Female left prior to arrival. Caller doesn't want any services. Report to be filed.

VANDALISM/PROPERTY (car door), 3:59 p.m., Beale Street. In parking lot. Reporting party requesting officer, states his door was caught by the wind and struck the car next to him. Female operator of other vehicle is giving him a hard time. He is in a grey Jeep Cherokee; crash report.

SATURDAY, OCT. 31

LARCENY/MOTOR VEHICLE (past), 9:43 a.m., North Central Avenue. Girlfriend's vehicle; blue Honda Accord. 2nd check McAvoy keys in MV.

VANDALISM/PROPERTY (door smashed in), 4:41 p.m., Quincy Medical Center, 114 Whitwell St. ER states a rear door was found smashed in; requests a walk through. Meet at ER. 785/K9 searched premises, negative results. ER will call if they need further assistance.

SUNDAY, NOV. 1

VANDALISM/PROPERTY (window screen torn), 11:09 a.m., Riverside Avenue. And entire house egged. No suspect info; case number provided.

VANDALISM/PROPERTY (sign ripped), 9:33 a.m., South Bayfield Road. Joe Biden sign is ripped out in the front yard. Reporting party is home now. No suspect info, case number provided.

VANDALISM/PROPERTY (house egged), 10:49 a.m., Bayside Road. Has ring footage; see reporting party out front. Ring app doesn't shown anyone. No suspects, case number provided.

MONDAY, NOV. 2

ASSAULT AND BATTERY (past), 9:42 a.m., Sea Street. In QPD lobby. Previously reported on Oct. 31; supplemental and summons to be filed. Criminal charges pending SR2 followup.

TUESDAY, NOV. 3

LARCENY (past), 7:24 a.m., Hancock Street. In work today noticed that all his tools were stolen. Caller states that a lot of other works on the job site also noticed their tools stolen from the locked office. Right behind McDonald's. Caller states he is a plumber on a job site. Reporting party can wait for day shift unit. Requested they meet in McDonald's lot and call when on scene. Case number provided, report submitted.

BREAKING AND ENTERING/PAST (dwelling), 11:08 a.m., McGrath Highway. To basement. See caller in police lobby. Unknown if anything missing. Husband will be home later and call back.

LARCENY (medications taken), 11:25 a.m., School Street. Multiple medications taken from bedroom by sister including Klonopin. Female in the QPD lobby now. Stolen today from bedroom. Report submitted.

VANDALISM/PROPERTY (house egged), 12:05 p.m., Franklin Avenue. Has kids on video. Reporting party advised. Video is mostly unusable. Reporting party to email to Ptl. O'Donnell who will forward to school resource.

BREAKING AND ENTERING/PAST (laundry room), 2:33 p.m., Washington Street. Reporting party is the landlord. Reporting party will meet responding officer in the back of the building to let them in to show how the money was taken from the machines in laundry room. Report submitted.

ASSAULT AND BATTERY (just fled), 3:09 p.m., 78-11 Store, 230 Washington St. Took off in Uhaul truck. Knows party. Brewster at request of 782. One party to SSH,

assault and battery on pregnant person. NIBRS to be filed.

LARCENY (Social Security card), 7:14 p.m., Clay Street. Report filed. 776 requesting CP follow up to assist with housing and her locks, etc.

WEDNESDAY, NOV. 4

BREAKING AND ENTERING/PROGRESS (dwelling), 12:19 a.m., Sea Street. Reporting party can hear two people in basement. Nobody in the area. Follow-up by CR-1 requested.

BREAKING AND ENTERING/PAST (residence), 8:41 a.m., Hamilton Avenue. Home ransacked.

LARCENY (past), 12:18 p.m., South Street. Report.

BREAKING AND ENTERING/PAST, 12:44 p.m., Marina Bay, 333 Victory Rd. Reporting party from QPD lobby to report breaking and entering of a boat in the past. Reporting party states that he is reporting what was stolen off his boat.

BREAKING AND ENTERING/PAST (stolen coins), 1:54 p.m., Quincy Avenue. Reporting party from QPD lobby states that sometime overnight someone gained entry to address where they stole approximately \$400 from machine area located in laundry area.

ASSAULT & BATTERY (past), 4:33 p.m., Seaport Drive. See caller; will direct officer to patient who is making a claim of an assault. Alleged victim did not want to speak to officer but also denied assault. Advised.

Breaking & Entering: Quincy Avenue, Hamilton Avenue, Washington Street, McGrath Highway

Breaking & Entering Motor Vehicle: Monroe Road, Fort Street, Cranch Street, South Street (2), Presidents Lane, Monroe Road, 400 block Washington Street, Victory Road

Larceny Motor Vehicle: North Central Avenue

Total Calls: 926

BBB Holiday Tip: Buying Home Gym Equipment

By BETTER BUSINESS BUREAU

As the COVID-19 outbreak continues, many consumers are finding ways to work out at home instead of going to the gym. Setting up a home gym is a great way to stay in shape without coming into contact with others, but the equipment can be costly. What do you need to know to make good purchasing decisions and stay within budget? The following tips will help:

How To Choose And Purchase Home Gym Equipment

Consider your physical needs. Start with your fitness needs and goals. Any equipment you buy should match up with your objectives and interests - otherwise you may not use the equipment after the initial excitement wears off. If you have any existing health conditions, such as heart disease, arthritis, or a back injury, be sure to check with your doctor about what kind of exercises and equipment are safe for you to use.

Set a budget. With such a huge variety of home gym equipment on the market, you can set up an effective home gym on just about any budget. Review your budget and see how much you can afford to spend on home gym equipment, factoring in the money you'll save if you terminate your gym membership. The National Academy of Sports Medicine and Consumer Reports have useful guides that can help you choose the right equipment for your specific budgeted amount.

Measure your space. Another consideration that will affect your purchasing decision is how much space you have to dedicate to your home gym. Measure your space carefully to see if specific pieces of equipment will fit. Don't forget to measure any entryways the equipment must fit through to reach your home gym space as well.

Read consumer reviews. Once you've found a piece of equipment that matches your fitness objectives, is within your budget, and physically fits in your designated space,

it's time to start reading reviews. Read multiple reviews from several retailers and pay close attention to any comments about the quality of the equipment and the experience with the retailer. Reference these comments when making a final purchasing decision.

Beware of "get fit quick" solutions. Don't give in to the temptation to buy equipment that promises miraculous results. Maintaining physical health is a long-term endeavor that will require effort. If a seller says their equipment will get you in shape with little to no effort, a healthy dose of skepticism is advised.

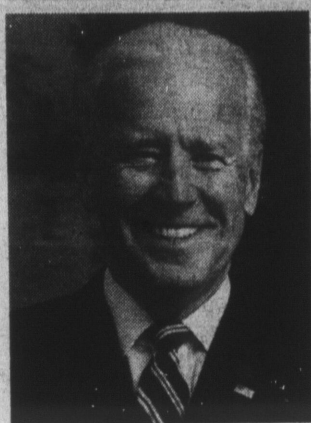
If possible, test equipment before you buy. The American Academy of Orthopaedic Surgeons recommends wearing exercise clothes and athletic shoes to try out exercise equipment before you buy it. Many brick and mortar stores have display equipment you can try before you make a purchase. Make sure you can operate and feel comfortable using any equipment you plan on adding to your home gym.

Cont'd On Page 11

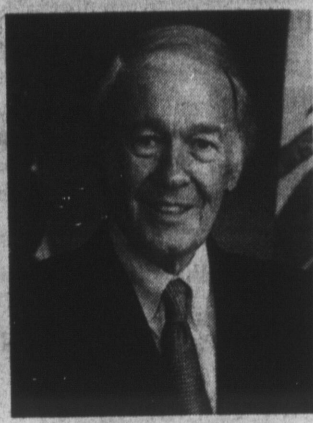
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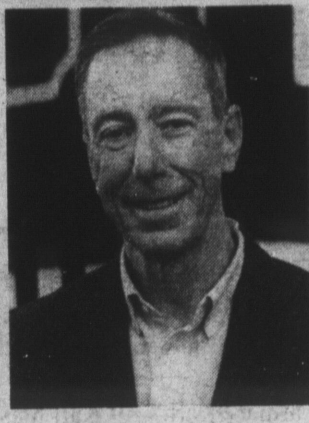
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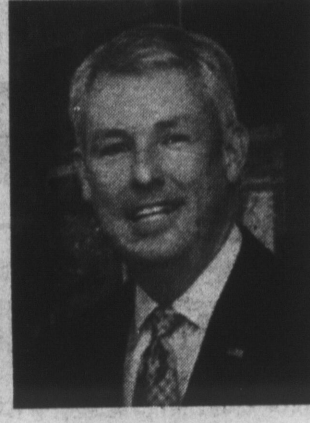
JOE BIDEN
President-Elect
30,165 Quincy Votes



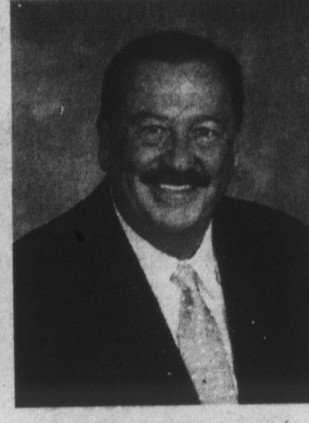
EDWARD MARKEY
U.S. Senator
30,279 Quincy Votes



STEPHEN LYNCH
U.S. Representative
33,113 Quincy Votes



JOHN KEENAN
State Senator
29,036 Quincy Votes



RONALD MARIANO
State Representative
5,805 Quincy Votes



JOSEPH SHEA
County Commissioner
30,923 Quincy Votes

Record Ballots Cast Here In Sweep For Democrats

Cont'd From Page 2

full six-year term in 2014.

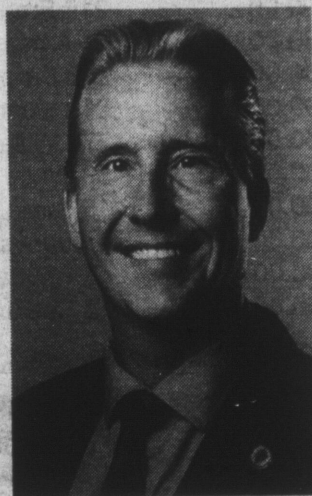
U.S. Rep. Stephen Lynch, a South Boston Democrat, won easily in Quincy over independent challenger Jonathan Lott. Lynch received 33,113 votes in the city to Lott's 8,054. Lynch received about 81 percent of the vote district wide. Lynch was first elected to the House in a 2001 special election.

In the race for the Norfolk and Plymouth State Senate seat, Democratic incumbent John Keenan of Quincy bested independent challenger Alexander Mendez of Quincy. Keenan finished with 29,036 votes in Quincy to Mendez's 12,021. Keenan netted 69.4 percent of the vote district wide.

Keenan, who will begin his sixth term on Beacon Hill in January, said he was honored to be re-elected.

"It is certainly quite an honor to be able to continue to represent Quincy and the Norfolk-Plymouth District," he said in a phone interview. "There is a lot of work to be done while we are in the grips of COVID-19 and I look forward to getting it done."

Keenan said his first pri-



PATRICK McDERMOTT
County Sheriff
29,330 Quincy Votes

ority would be to get the state's finances in order, including passage of a budget for the current fiscal year this month. Fiscal priorities, he said, include local aid for municipalities, education funding, and funding for social service agencies residents of Quincy and other communities rely on.

After the state's finances are addressed, Keenan said he wants to continue to work on transportation and housing initiatives, environmental legislation, and health care.

In the Third Norfolk House district, Democratic incumbent Ronald Mariano of Quincy outpolled Re-

publican challenger Stephen Tougas of Quincy 5,805 to 1,992 in the city. Mariano prevailed with 68.37 percent of the vote district wide.

Mariano, the House majority leader, was elected to his seventeenth term.

"The biggest issue in front of us is how do we get back to normal," he said in a phone interview, noting the legislature was in the process of passing this year's budget and would have to get to work on a new budget soon after the new term starts.

"It's going to be a real challenge to balance a budget and get it passed by the Senate and signed by the governor."

State lawmakers, Mariano added, had been waiting for federal aid, but none seems imminent.

"There seems to be no help coming soon from the feds," he stated. "We're going to have to look at creative ways to balance the budget."

Mariano said he expects to continue to serve as majority leader when his new terms begins in January.

The three other legisla-

on Beacon Hill — Reps. Bruce Ayers and Tackey Chan, both of Quincy, and Daniel Hunt of Boston; all Democrats — were unopposed. Ayers will enter his thirteenth term in office, Chan his seventh and Hunt his fifth.

Two contested Norfolk County races were on Tuesday's ballot.

In the special election for sheriff, Democratic challenger Patrick McDermott of Quincy outpolled incumbent Republican Jerry McDermott of Westwood 29,330 to 13,065 in Quincy. Patrick McDermott received 60.41 percent of the vote countywide.

In a phone interview, Patrick McDermott, the county's current register of probate, said he was grateful for the support of voters.

"I am humbled and grateful to the voters for allowing me to continue my career in public service," he said.

Patrick McDermott said he spoke to Jerry McDermott after polls closed Nov. 3 and the two are looking forward to a smooth transition.

"The jail itself doesn't sleep," Patrick McDermott said, adding that Jerry McDermott was "very gracious" in offering to help out with the transition.

McDermott said he had yet to decide on when he would take over as sheriff as he wants to ensure a smooth transition for the county's new register of probate. Because he won a special election, he could be seated as soon as the votes are certified by the state in early December.

McDermott plans to make the budget a priority once in office; he said the state is facing a fiscal crisis amid the pandemic that cannot be ignored.

"We've largely ignored the fiscal crisis that is looming and cannot be ignored," McDermott said. "There will be some budget issues we have to deal with."

Patrick McDermott said he plans to run for a full six-year term in 2022.

Two of the three seats on the county commission were also up for grabs. Democratic incumbent Joseph Shea of Quincy was the top vote getter in the city with 30,923 votes. Democratic newcomer Richard Staiti of Canton finished second with 9,743 votes, edging out independent candidate Heather Hamilton of Brookline, who finished with 9,518.

Countywide, Shea finished with 49.2 percent of the vote. Staiti was second with 26.58 percent and Hamilton third with 24.21 percent.

Shea, the former Quincy city clerk, won his second four-year term.

"We're very happy and thrilled," he said, adding that he did not expect his share of the final vote to be as high as it was.

Shea said he would be serving as the chairman of the county commission. The current chairman, Francis O'Brien, did not seek re-election this year.

The commissioners have a number of issues in front of them, Shea said, including improvements to Presidents Golf Course in Quincy and Norfolk County

Agricultural High School in Walpole. The commissioners will also work with state officials on plans for a new courthouse in Quincy, have hired a firm to undertake a best-practices study of the county government, and are improving the county's website to make it more open to the public.

Two other Democrats ran unopposed for county seats. Michael Bellotti, the former county sheriff and a Quincy resident, was elected county treasurer. Norwood's Colleen Brierley was elected register of probate.

Christopher Ianella Jr. of Boston, the Democratic incumbent, was unopposed in his bid for a new term on the governor's council.

Two referendums appeared on this year's ballot.

Quincy voters approved Question 1, which expands the state's right to repair law, 31,636 to 11,076. Nearly three-quarters of voters voted yes on Question 1 statewide.

Quincy voters rejected Question 2, which would adopt ranked-choice voting for state elections, 22,321 to 20,084. Statewide, about 55 percent of voters voted no on Question 2.

In the presidential election, Biden on Monday was projected to win at least 290 electoral votes, 20 more than the 270 required to be elected president. Biden also set a record for most overall votes received with 75.6 million as of Monday. The 71 million votes Trump received is the second highest total of all time.

Biden flipped at least four states — Arizona, Michigan, *Cont'd On Page 23*

BBB Holiday Tip: Buying Home Gym Equipment

Cont'd From Page 10

Compare prices. Since exercise equipment is often sold by multiple retailers, compare prices between sporting goods stores and manufacturers. You may be able to find the same product for a lower price at a different store. You can also consider purchasing used equipment, but proceed with caution. Most second-hand equipment is purchased "as-is," and sales are often final with no option to return.

Understand delivery options. When purchasing large home gym equipment like treadmills or weight machines, find out how you will get the equipment from the store to your home. Read carefully or talk directly to a sales representative to find

out how much shipping costs, what delivery fees you can expect to pay, and whether or not the delivery person will set up the equipment for you.

Inquire about fitness equipment returns, refund policies, and warranties. New home gym equipment usually comes with a guarantee or warranty program, but some retailers may have altered these due to the pandemic. Retailers may now have special restrictions for delivery and returns so before placing an order, find out if a retailer has a return policy, if refunds are available and how they are issued, what the return process is, who pays for return shipping, how much it costs for heavy gym equipment, and if you will be charged a

restocking fee.

Inspect equipment before purchasing or upon delivery. Before you take equipment home, make sure it is in perfect condition with no defects. The same goes for receiving a delivery. If you notice the equipment is missing pieces or damage, you aren't obligated to accept it.

Understand in-store financing before you agree to it. If a store offers you in-house financing for larger equipment purchases, read the financing plan carefully. Find out how long the financing lasts, how much interest you will pay, and whether there is a fee to pay the balance in full early. If a retailer offers you a rent-to-own plan, read the FTC's advice on renting to own.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING ON TAX RATE *** CHANGE OF DATE ***

In accordance with Governor Charles D. Baker's March 10, 2020 order suspending certain provisions of the Open Meeting Law, G.L. c. 30A, § 20, the City Council of the City of Quincy will be convening a Public Hearing via remote conferencing services on Monday, November 16, 2020 at 7:30 PM pursuant to the provisions of Massachusetts General Laws Chapter 40 § 56 as well as guidelines of the Massachusetts Department of Revenue in order to determine the percentages of local tax levy to be borne by each class of real property, as defined in § 2A of Chapter 59, and personal property in Fiscal Year 2021.

Join Zoom Meeting <https://us02web.zoom.us/j/85904396740>
Meeting ID: 859 0439 6740
Dial by your location +1 312 626 6799/+1 646 558 8656 US

11/5/20, 11/12/20

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council



Real Estate

Quincy Real Estate Transactions November 2 - November 6

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Daniel & Paula Pitts
Steven R. & Kati Bringham
Darren & Heidi Marani
Christopher Regan
James & Kathleen M. Deady
Dong L. Mai & Wei F. Huang
Xin Tang & Zaoli Zhang
Louis R. Quartararo Revocable Living Trust
Christopher Lucchesi
Francis X. Madden
Robert B. & Carrie Smith
Shea Family Irrevocable Trust
Wesley & Meghan Nelson
Michael A. & Audrey Gorgone
Residence Real Estate Partners LLC,
Colonial Private Capital LLC,
Matta Remodeling Services LLC
Kunal Kamra & Patricia Synnott
Carol A. Read
Rita M. Mahoney
CM COE Properties LLC
Frank C. & Karen Rydwansky
Michele M. Ahern
Richard K. Newcomb Sr. Family Trust
Patricia M. MacNeil
Jaren Brown & Kimberly Gordon
Aneta Talarczyk
Southern Artery Corporation

BUYER

Nicholas & Justine Johnson
Toan T. Truong & Nhi Y. Tran
Andrew & Erin Vebber
Stephen C. Regan
Fen Y. Liu
Fanny Wang
Zhenhao Lei & Dianguang Wen
William Chin
Paul & Emily Bray
William & Debra Sullivan
Kit Y.L. Luk
Than C. Pharm & Jackie Nguyen
Michael & Deirdre Joyce
Finn E. Sullivan
Emanuel Seven LLC

AMOUNT

\$320,000.00
\$485,000.00
\$850,000.00
\$290,000.00
\$340,000.00
\$1,190,000.00
\$547,000.00
\$300,000.00
\$399,999.00
\$249,000.00
\$485,000.00
\$580,000.00
\$650,000.00
\$421,400.00
\$410,000.00

ADDRESS

32 Parkhurst Street
20 Hanna Street
2 Winthrop Lane
133 Cmdr. Shea Boulevard, Unit 820
206A Quincy Shore Drive
215 Franklin Street
21 Ames Street
200 Falls Boulevard, Unit E-103
200 Liberty Street, Unit 1
772 Willard Street, Unit B2
53 White Street
15 Swan Pond
8 Sunnyside Road
46 Rhude Street
70 Sealund Road

BRONSON REAL ESTATE LLC

Hind Bensaid
Zhongming & Yu L. Ma
Helen E. Long
Stephen & Kristen Wilson
Michaela A. Tally
Chan Realty LLC, BCC Acquisitions LLC
Cheng Li & Kexin Dong
Ruiming Yuan & Lixian Wu
Alan Strauss
Bragdon Enterprises LLC

\$569,000.00
\$267,000.00
\$593,500.00
\$155,000.00
\$1,200,000.00
\$625,000.00
\$1,100,000.00
\$510,000.00
\$332,000.00
\$594,000.00
\$1,000,000.00

120 Holmes Street, Unit 212E
772 Willard Street, Unit B3
10 Taylor Street
195 Th. S. Burgin Pkwy, Unit 412
109 Sea Avenue
176 Norfolk Street
31-37 Beale Street
165 Highland Avenue
230 Willard Street, Unit 703
235 Rhoda Street
1 Cove Way

Ask Barbara Graceffa: 'Secretary Of The Interior' The Cure For Design Paralysis

My best friend says I suffer from design paralysis. She's right, I'm always second guessing my decorating decisions. Help me, please!" Chrissy

Design paralysis, huh? Take this quiz and then I'll offer my remedy.

True or false:

- When every color in a room has equal weight, there is no cohesion or flow.
- To successfully layer fabric patterns, mix pattern scales from small to extra-large.
- To create a comfortable conversation group in the living room, seating should be placed between 42 to 120 inches apart.
- The perfect rug size should be 2 to 3 feet from the wall on each side.
- When placing a chandelier above your dining room table, the bottom of the fixture should be 66 inches above the floor.

If you answered true to each statement, you're a design star. If you didn't, my prescription is to read Vern Yip's book, "Design Wise: Your smart guide to a beautiful home."

HGTV star Yip has written a fantastic book which is my go-to reference when teaching my interior decorating classes. Whether you're just starting out, baffled by color choice or furniture construction methods, or wondering why your furniture seems too crowded, add this 2016 book to your holiday wish list.

In the first chapter, "Design by the numbers," he shares

the critical dimensions for placement of furniture, lighting, art and mirrors, area rugs, and more. After reading Yip's tips, I promise you you'll be moving your coffee table further away from your sofa, considering the purchase of longer window treatments, and lowering your artwork on the walls.

Subsequent chapters include "What you need to know before you buy" and "Pulling it all together" on how to create the perfect setting.

The second half of the book boasts full-page photos of everything from indoor accessories to outdoor furnishings across three design styles. Yip's clean-line aesthetic shines through in country living, urban style, and coastal escape.

Finally, the book concludes with several quick reference guides to supplement his opening two chapters on proper placement and quality furniture.

According to Yip, "... once you know the right formulas and combinations, or at least have them handy and accessible, you can design any room with great confidence and originality."

Do you have a decorating problem needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, offering creative solutions at reasonable rates. For more information on her services, view her portfolio, and read testimonials about her work, visit www.sec-interior.com. Or you can reach her at 617-921-6033.

O'Donnell Reports Robust Real Estate Sales, Lending Numbers In County

While the COVID-19 pandemic continues to wreak havoc on the lives of many throughout the state and in local communities, Register of Deeds William O'Donnell reports Norfolk County experienced significant growth in both real estate sales and lending numbers during the month of October 2020.

"I was pleasantly surprised to see October experience such a robust month of real estate sales activity throughout Norfolk County," O'Donnell said. "A total of 1,874 properties, both residential and commercial, changed hands in October, a 14 percent increase compared to the previous year. Average sales price, again factoring in residential and commercial sales, topped the one million mark landing at \$1,015,958, a 16 percent increase compared to October 2019. Total sales volume was \$1.2 billion, a significant 44 percent increase year over year."

"Despite COVID-19 and a limited inventory of available housing stock," O'Donnell continued, "the availability of low interest rates is encouraging individuals and families to buy

property with the result being increased property sales prices throughout Norfolk County."

The Norfolk County lending market showed no signs of slowing down during October. A total of 4,522 mortgages were recorded, a 34 percent increase year over year. Total amount of money borrowed for mortgages countywide was \$2.2 billion, a 17 percent increase compared to October 2019. "Individuals and families are not only taking advantage of low interest rates to buy property, existing mortgages are being refinanced to reduce monthly payments and in other cases pay for high ticket capital expenses including home remodeling and education costs," O'Donnell said.

While the COVID-19 pandemic has been ongoing, foreclosure activity has been drastically reduced due to the moratorium placed on foreclosures and evictions. However, the moratorium on foreclosures and evictions expired on Oct. 17th.

"The Registry of Deeds is aware of important discussions taking place at the State House involving the

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Social Security Matters

Ask Rusty – Younger Wife Is The Higher Earner

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I've seen examples of how to maximize Social Security, but I've never seen an analysis for our situation. I'm 61 and my wife is 57, but she has been the primary breadwinner, while I just barely made eligibility. Our plan is for me to start at age 62 (\$500 a month) and then switch to my spousal benefit at age 74 when she starts her benefits at age 70 (her benefits should be \$2,500 a month). Are we missing anything? We are both in good health with an average life expectancy but there is a very good chance my wife will exceed the "average."

Signed: Planning Ahead

Dear Planning: Well first, be aware that Social Security's rules are "gender neutral" – that is, the rules are the same regardless of which of you is the higher earner. That said, you and your wife seem to have a good strategy, for with her as the higher earner with the highest benefit, maximizing her SS payment by waiting until age 70 is an excellent plan. Since her longevity outlook is very good, she should get the most in cumulative lifetime benefits by waiting. Your plan to claim at age 62 is also prudent if you will not be working full time. That's because if you claim before your full retirement age (FRA), you'll be subject to an earnings test, which limits how much you can earn before SS takes back some of your benefits.

If you exceed the earnings limit, Social Security will assess a penalty of \$1 for every \$2 you are over the limit and take back benefits equal to that amount. For example, if you were collecting SS this year the earnings limit is \$18,240. If you earned \$25,000, you'd be \$6,760 over the limit and SS would take back benefits equal to \$3,380. And at your \$500 monthly benefit rate, they would withhold benefits for 7 months to recover what you owe. And that's true until you reach your full retirement age when the earnings limit goes away (born in 1959, your FRA is 66 years and 10 months). At your FRA you would get time credit for any withheld months, but if you're planning on that SS income starting at age 62, and you're still working, the earnings limit could derail your benefit income plan. Of course, if you won't be working after you claim early benefits, the earnings limit doesn't apply. And for clarity, your wife's earnings from working don't count toward your personal earnings limit, and the limit goes up considerably in the year you reach your FRA. If you plan to continue working and the earnings limit is an issue, you might choose to wait until your FRA to claim your benefit. By doing so you would avoid the earnings limit, and you would also assure that you would receive the full 50% of your wife's FRA benefit amount when she claims.

If you claim at age 62, your spousal benefit (when your wife claims) will be less than half of your wife's FRA benefit amount because you claimed your own benefit early. Your spousal benefit will consist of both your own (reduced) benefit and a spousal boost to bring you up to your spouse benefit amount. When your wife claims at age 70, your spousal boost (the difference between your full FRA benefit amount and half of her FRA benefit amount) will be added to your own (reduced) early SS benefit, yielding a spousal benefit less than half of your wife's FRA benefit amount. The only way you can get the full 50% spouse benefit is to wait until your own FRA to claim your own Social Security and later get the higher spouse benefit for the rest of your life.

In the end, your health, financial need and life expectancy should be the primary factors considered when deciding when to claim.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Community Service Requirement For High School Seniors Could Be Waived

By SCOTT JACKSON

Seniors at the city's two high schools might not have to perform community service in order to graduate this year.

Supt. Kevin Mulvey has asked the School Committee to waive the community service requirement this year amid the pandemic. He asked the committee to do so during a teaching and learning subcommittee meeting on Nov. 4. The matter was referred to the full committee for consideration

at a future date.

Mulvey said it would be difficult to ensure students' safety if they did participate in community service this year and having them do such service remotely would be difficult.

"We are asking that the committee formerly waive the requirement," he said. "The basis for that of course is the current COVID-19 pandemic that we are in and the very unlikelihood we would be able to provide our students opportunities to ac-

tually do community service learning safely.

"Even doing it remotely would be a challenge."

School officials are looking at alternatives to community service that students could participate in, Mulvey added, and will ensure students have the chance to take part in afterschool activities.

"We have been thinking about alternatives for this and we will continue to make sure that our students remain engaged and that they continue to receive ex-

tracurricular activities and given the opportunity for extracurricular activities for social/emotional well-being purposes," he said.

"But to require at this juncture...the community service learning graduation requirement of our students I think...would be too onerous for our students and may be unattainable for our students based on the health and safety regulations that we must impose upon our students and our students must follow."

The Year Without A Santa Claus: Christmas Parade, Jump Cancelled Common Will Be Lighted But No Public Ceremony

By SCOTT JACKSON

The annual Quincy Christmas Parade has been cancelled this year amid the pandemic and other events slated for that weekend have also been scrubbed.

The Christmas parade has become an annual tradition in the city over the past seven decades, drawing thousands of onlookers and dozens of bands and floats from around the state. The parade is traditionally held on the Sunday after Thanksgiving, capping off a three-day weekend of holiday events, including a Friday tree-lighting ceremony and Santa Claus' arrival via parachute on Saturday.

None of those events will be taking place this year, Mayor Thomas Koch said recently, with the city and state still in the midst of the coronavirus pandemic.

"There will be no Christmas parade this year, no Santa jump, and there won't be a formal ceremony turning on the lights," he said.

The city does plan to have the lights and other decorations in place on the Hancock-Adams Common but there will be no fanfare to mark the turning on of the lights.

"We're going to be putting lights up, we will be decorating, because I think we need that," Koch said.

"Our psyche needs that more than ever, quite frankly, so there will be that for people to go out and enjoy on their own, but there won't be any formal activities."

The Quincy Chamber of Commerce had planned to hold winter market in the new civic space on the former Hancock Lot in Quincy Center starting the weekend after Thanksgiving. The mayor said the recent increase in coronavirus cases in the city and state have put that in jeopardy as well.

"I think it's getting doubtful," Koch said. "I think that's going to be very difficult to pull off if the numbers keep going as they're going."

Other traditional events,

including school events like the annual 'Tis The Season concert, have also been cancelled.

This year will mark only the second time in 68 years

that the Quincy Christmas Parade has been cancelled. The first came in 1993 when two weeks of heavy rain prevented the parade from taking place.

Wollaston Garden Club Annual Greens Sale

The Wollaston Garden Club will hold its annual Greens Sale virtually this year.

For many years the Greens Sale has been an important link to the Quincy community. So much so that club members want to offer the opportunity to stay involved with its neighborhoods. Talented club members will be creating lovely, artistic floral designer wreaths (12 and 20 inch), using fresh, fragrant greens. Wreaths will be embellished with traditional holiday

items as well as a few new surprises.

Quincy's own Laven-der Sachets, handcrafted by club members using fresh lavender grown and harvested at The Thomas Crane Library garden which is maintained by the club, will also be for sale. And of course, there will be the club's perennial sellout - large bags of trimmed evergreens trimmed from club members own gardens as well as green spaces throughout the city. All trimming is done in a sustainable way and

ensures that the greens will continue to flourish.

This year, with the generous help of the Wollaston Hill Neighborhood Association, the sale is online. Once orders are submitted, club members will get busy fulfilling buyers' orders in a timely manner. The sale runs through Nov. 29th, or until all materials are sold. For complete details and ordering forms, visit The Wollaston Garden Club's website: thewollastongardenclub.com.

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Ask John Paul: AAA New England's Car Doctor

I am thinking of getting a Fiat 500X. Have you driven one before? What do you think of this model and the company in general?

The Fiat 500 and 500X are cute to look at, sort of fun to drive and but reliability has been less than stellar. Many years ago, people would say Fiat stood for "Fix It Again Tony," now the cars are better but compared to others in this category of cars there are more reliable choices.

I have a 22-year-old Jeep and the check engine light is on and there are a bunch of engine codes. Where should I start?

The first place that I would start is with the battery and all the ground connections. Poor battery connections can cause a multitude problems. Also, very common with older Jeeps is the engine to body ground straps rust off as well as corrosion at the wiring harness to engine ground. A voltage drop test would be best, but even just inspecting all the connections and cleaning any corrosion would be a good starting point.

I'm considering a new to me used car and really like the looks of the Audi A7, but I have a problem. Since I road tested the Audi A7 I stumbled across the Kia Stinger. The Stinger looks like it has everything the A7 has and I can save \$17,000. The Audi A7 I looked at was for sale for \$44,000 and the Kia Stinger with the turbo-charged V-6 engine and all-wheel-drive and has a better warranty was \$27,000. Am I being car snob or is the Stinger a comparable car?

When the Kia Stinger came out, I was quite impressed and came away with the same impression. The Stinger was designed by a former Audi designer and engineered by a former BMW engineer. I like the Stinger a lot and found it to be delightful to drive. It is quick and handles well and as you mentioned has the remainder of the Kia factory warranty. Merriam-Webster describes "snob-appeal" as qualities in a product that appeal to the snobbery in a purchaser and used the example of expensive cars have snob appeal. Some buyers just can't see themselves in a less expensive car even though it may be a better value and a better overall vehicle.

I have just purchased a 2015 Subaru Forester from a traveling maintenance technician with 206,000 miles on it. The car has had regular oil changes using Mobil 1 synthetic oil. I have never been a believer that the synthetics are that much better than conventional oil. I have always preferred to change the oil in my vehicles every 4,000 miles. Can, or should I, switch back to conventional oil? I have heard that once synthetic oil is in an engine you cannot switch back is that true?

Synthetic oil offers superior lubrication and slightly longer intervals between oil changes although never exceed the manufacturers recommendation. The idea of only using synthetic oil and not being able to switch to conventional oil is an urban myth. You can certainly switch to conventional oil, but if this were my car and considering the already high mileage, I would continue to use synthetic oil for the added benefits. Also, if you shop around you can find very competitive prices on synthetic oil.

I just purchased a 2004 Honda Odyssey van and plan to take it on at least one trip to Florida this winter. Since this van is new to me what should I be looking at to prevent breakdowns?

I would start with a complete inspection of the steering, suspension, tires and brake system. Replacing any marginal component now rather than on the road makes sense. Additionally, look at the cooling system, belts and hoses. At 105,000 miles the timing belt should have been changed. If you don't know the condition of the timing belt at least remove a cover to look at the condition. Perhaps even replace the timing belt now so you don't worry about it. Typically the timing belt is \$60 and it takes about three hours labor to replace it.

I own a 2016 Volkswagen Golf SportWagen. I purchased the car from a local Volkswagen dealer with a certified preowned "bumper to bumper" warranty. The brakes were pulsating at every revolution when stopping and we asked the dealership to inspect and recommend what needs to be done. The diagnose was warped rotors and that they would resurface them for \$225. At that time, I questioned if this would be covered by the bumper to bumper warranty (which has an agreed upon \$50 deductible.) They claimed no and charged me and I paid. Shouldn't a bumper to bumper warranty cover this work?

Although VW calls it a "bumper to bumper" warranty, the fine print explains that when it comes to brakes, only the anti-lock (ABS) system is covered. This is typical of most

extended service plans that certain components are covered and parts that the wear which are controlled by the driver such as tires and brake pads/rotors are excluded. I'm surprised the dealership didn't replace the rotors, rather than resurfacing them. New rotors from Volkswagen are \$89 each and will stay straight and true longer than the resurfaced rotors.

Yesterday we picked up our 2019 Mazda CX-3 from the dealership. It had been towed there because it would not start. No prior warning, we had driven it the day before with no issues. When we picked it up, they said there was no need for a new battery, everything looked fine. The battery needed to be charged and they did that. One notation on the bill was that the technician had noted a red key light which indicates the vehicle sees an aftermarket key programmed to the vehicle. Since the car was leased from the same dealership and has only been serviced there, that seems to be an impossibility. The red key light has remained on when the car is driven. When we called the service department about it, we were told that is normal. Needless to say, I have my doubts that this is normal and am wary while driving the car that there is something else is going on. What are your thoughts/recommendations?

According to Mazda (vehicle owner's manual) that isn't what the red key light means. It states "if any malfunction occurs in the keyless entry system, the light will illuminate." This is typical of a faulty key fob battery. The manual goes on to say, "if the KEY warning indicator light illuminates or the push button start indicator light (amber) flashes, the engine may not start. If the engine cannot be started, try starting it using the emergency operation for starting the engine, and have the vehicle inspected at an expert repairer, we recommend an Authorized Mazda Repairer as soon as possible." If the light was not on before and they left the keys in it overnight -the functions of the key left in the vehicle are temporarily suspended to prevent theft of the vehicle. To restore the functions, press the unlock button on the functions-suspended key in the vehicle. If the KEY warning light (red) illuminates, or the push button start indicator light (amber) flashes, this could indicate that the engine may not start using the usual starting method. At this point I would go through the reset procedure and if the KEY light is still on return to the Mazda dealer.

My 1965 Ford Mustang with a 289 V8 engine is making a chirping noise. I know it is not the alternator, fuel pump, water pump, because we disconnected belts and the noise is still there. We also replaced harmonic balancer. What could be causing the loud chirping noise when engine is running, as mechanic cannot locate the source.

You certainly covered all of the common items. At this point I would want to run the engine with the valve covers off. The cylinder heads on the 289 used either a slot in the cylinder head or a guide plate for the push rods. If the valves were misadjusted the push rods would rub on the guide plates and make a chirping noise.

I purchased new, a 2016 Jeep Compass Latitude with a 2.4 L motor and automatic transmission. It has 27,000 miles on it. I recently took it to the local repair shop that I have been dealing with for the last 30 years and asked him to do an inspection and to change the transmission fluid and filter. When I went to pick the car up he told me that Jeep doesn't require that service until 50,000 miles because they use synthetic transmission oil. I use the car mostly around town. I can't even check the fluid because there is no dipstick. I would like to know your opinion on waiting that long to do the service?

I have no problem staying with the service recommendations provided by the manufacturer. When I looked up the service interval it was actually 60,000 miles. The most important aspect of servicing the transmission is to use the correct fluid. Jeep uses completely different fluid for the conventional transmission versus the CVT transmission. Using the improper fluid will result in shifting problems.

What is required to replace the conventional headlights on my 2000 Toyota Corolla without causing either flickering or damage to the circuit? I have daytime running lights and do not wish to disable them. I do not know how the daytime lights operate, not sure if the voltage is reduced or something else. The local Toyota dealer was of no help and warned that LED headlights would cause damage. Any thoughts?

It is understandable that the Toyota isn't answering your question. As a general rule most new car dealers won't modify a vehicle with non-factory parts. When converting to LED style bulbs there can be challenges. On some models



JOHN PAUL
AAA's Car Doctor

an adaptor needs to be added so you don't get a message that you have a light out, although that is not the case on your Toyota. Unfortunately, the daytime running lights will need to be disabled for the LEDs to work properly.

I recently visited my Toyota dealership to get an oil change. After about 30 minutes the customer rep came out to inform me of one nail in the right front passenger tire and one nail in the driver's side rear tire. The tires could be repaired at \$35 each. Be a victim of being there at the dealership I said OK. At about 12:30 p.m. I saw my car in the area ready to be picked up, but then someone drove away. After another 15 minutes no one came to me so I walked out of the waiting area to see where my vehicle was. I couldn't see it around, so I went looking for the customer rep and found her and asked where my car was. She said it was taken for a test drive because the tire pressure sensor light would not go off. Then the rep informed me that the tire pressure sensor was bad. When I asked what the options are she said, replacing the tire pressure sensors at a cost of approximately \$500. Do I need to replace all four sensors? Also, I know that sometimes with the change in the weather or road temperature the light will come on and they reset it. Now could the tech have damaged the sensor when repairing the tire? I know if the light stays on I won't be able to tell if the car has a low tire. Will it hurt the engine in any way? Do I really need to spend the \$500 to fix it? The car is a 2009 Toyota Corolla with 72,363 miles. We drive only about 7,500 miles a year. Another example I asked to check the coolant, the answer it is OK. I was looking for a temperature that it was good to. I really have reservations about these dealerships now.

If the low tire light was not on prior to your visit it is entirely possible that in the process of removing the tire the tire pressure sensor was damaged. The typical life of a factory tire pressure sensor is 8 to 10 years. Your car is a little unique because the batteries which are the usual point of failure are replaceable. You may not need to replace all four sensors, but at this age it does make the most sense. The factory sensors are \$80 each; online you can purchase four replacement sensors for (depending on the manufacturer) for \$120-\$150. There will be no other issue with the vehicle, but depending where you live, an illuminated TPMS light is a safety failure and your car will fail most state inspections. Regarding checking the coolant, most shops will tell you both the condition and the level of protection. Over time dirty coolant can become acidic and cause internal engine damage. Regarding freeze protection, typically, engine coolant is 50 percent water and 50 percent antifreeze which protects the engine against freezing to minus 34 degrees.

I bought a 2017 Hyundai Elantra in August. The car seems to lag back while driving. The right word may be that it tends to "hesitate" after braking and then giving it the gas. I had a Hyundai dealer look at it and they say that the car was fine after performing a diagnostic test. No codes showed up on the test. The car has a newer style transmission, and the dealer states the car drives as designed. Two weeks later I returned with the same problem and they drove the car and tested it again. They performed an adaptive reset on engine and transmission and took care of an update on vehicle. They mentioned that the car had a software update. How would I know of any updates? I do check for recalls and have not seen any for this car. I still feel the hesitation when driving.

Vehicle recalls are something you will or should be informed about; that is not the case with technical updates. Some cars will go 200,000 miles and never need a software update. In other models the same a software update may be appropriate to correct a customer's concern. The transmission in your car is a dual-clutch type and has an "odd" shift feel. Although there have been no recalls on this transmission there is at least one class-action lawsuit. At this point

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SAL Observance Honors All Veterans - Past And Present

By TOM GORMAN

Quincy residents and officials paused on Sunday to honor the city's veterans during a ceremony at Flags for Veterans Island at Fort Square.

The COVID-19 pandemic forced the annual observance hosted by the Sons of the American Legion Squadron 294 of the Morrisette Legion Post to be scaled back. Participants and attendees wore face coverings and remarks were brief. The ceremony included the placing of memorial wreaths, reading the honor roll of Quincy veterans who died over the past year, the playing of Taps, and an honor guard firing a volley.

"Obviously, today's observance must be very brief," said Master of Ceremonies and squadron member Guy Ferris. "To put it succinctly, we are here, as every year, to honor all veterans of the United States Armed Forces, past and present," he said.

Flanked by color guards of the North Quincy High School Junior Air Force ROTC and Quincy police and fire departments, the squadron's Acting Commander Joe Brill welcomed the gathering on a balmy, sunny afternoon.

Veterans Day is a day which we honor all our veterans that have served, and still serve, and those who paid to keep America free," he said, standing in front of 400 fluttering American flags.

Brill referred to a quote from President John F. Kennedy, "This a day to honor the men and women who served in the Armed Forces of the United States of America in all the wars, past and present."

He noted the 400 flags and over 500 bricks that grace the island representing the city's veterans.

"Always remember, if there were no veterans, there would be no America," he said. "Freedom is not free. Tell me and I will forget, show me and I will remember, involve me and I understand."

He acknowledged the 245th and 244th anniversaries respectively of the US Navy and US Marines.

Brill asked for a moment of silence for the squadron's Commander Paul Moody who is ill.

"He is the reason for this island that it even exists," said Brill.

Following the invocation by the squadron's Chaplain, Don Knight, Mayor Thomas Koch addressed the ceremony. He noted the passing of Larry Norton who headed the Quincy Vietnam Combat Veterans who was "instru-



QUINCY FIREFIGHTER Steve Sweet plays "Amazing Grace" on the bagpipes as fellow firefighters pause at Sunday's Veterans Day observance at Flags for Veterans Island, Fort Square, Quincy. The annual event was hosted by the Sons of the American Legion, Squadron 294, Morrisette American Legion Post.

Quincy Sun Photos/Robert Bosworth

mental in helping so many Quincy families by the healing they needed because, when their loved ones either came home in a casket or came home in person, they weren't welcomed very well at all by this nation."

Koch noted being the son of a World War II veteran, brother of a Vietnam veteran and father of a Marine.

"I certainly understand what families go through as veterans and I certainly have a great appreciation of what a veteran has done," he said.

The mayor paid tribute to the generations of Quincy families who served in the military.

"Every succeeding generation in this great City of Presidents stepped up to the plate and did their part, more so than most communities across this country," he said.

The mayor asked for support of the nation's leaders.

"May God continue to bless our nation, whoever the president is and whoever our leaders are, the effort continues to hold the fort, continues to protect our freedoms and fight for peace all across the world, we are grateful for that," he said.

Koch thanked the squadron for the continuing reminder of what "Old Glory stands for."

He invited all the city's veterans to serve on an honorary committee that will oversee the planning of the dedication of the Generals Bridge and Park in Quincy



PRAYERS FOR PAUL - Joseph Brill, acting commander of the Sons of the American Legion, Squadron 294 (left), keynote speaker Richard Battista (center) and Squadron 294 Adjutant Guy Ferris join in a moment of silence for Squadron Commander Paul Moody who could not attend Sunday's Veterans Day observance at Flags for Veterans Island due to illness.

Center on Armed Forces Day on May 15. Those interested in serving should contact the mayor's office.

Squadron Vice Com-

mander and Councillor-at-Large Noel DiBona gave a nod to those in attendance who are honoring living and deceased veterans. He noted

how the Flags for Veterans Island "has really flourished."

"To drive by each day to see this is a beautiful thing,"

he said.

Past National Commander of the American Legion, Jake Comer, said that the

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MEMBERS OF THE group Quincy for Transformative Change hold signs supporting the Black Lives Matter movement at their weekly stand-out at United First Parish Church in Quincy Center Nov. 5. Councillor at-Large Nina Liang (front row center) joined the group for the stand-out while Mayor Thomas Koch stopped by and spent some time with the group.

Quincy For Transformative Change Invites Community To Stand With Them

By MIMI BALSAMO

I am writing today, to share our wonderful community building experience with Sun readers. Today, on the seventh consecutive week of the stand out for Black Lives Matter Quincy, the sun warmed the hearty band of Quincy residents who have formed a grassroots coalition standing in witness and solidarity with BLM on the portico of United First Parish Church.

It was a specially warm and happy day for my husband Sal and me, as our daughter Zoe and her three sons, Andrew, Dave and EJ made the trip from New Hampshire to join us. Each boy made a poster to call for an end to racial injustice and inequality. They took time out from school to and learn about standing up for their beliefs.

We joined our crew of more than a dozen supporters who gather to demonstrate to city residents and commuters through town, that we stand with Black Lives and want to improve the quality of life for all our citizens of Quincy. The response has been overwhelmingly positive, and as we stand on the corner of Hancock Street and Temple Street, we are greeted by many cheers, thank yous, thumbs up and horns tooting. Once, a driver parked her car to come join us! Many say thank you, and our local police in the area have been very supportive of our cause as well. We've been heartened to hear them express their support for the BLM cause. It's very clear that the time has come for Quincy to show itself as a welcoming caring community, actively antiracist.



MIMI BALSAMO, holding the sign reading "Justice We Want It Now" and other members of the group Quincy For Transformative Change talk with Mayor Thomas Koch (far left) during their weekly group stand-out outside United First Parish Church in Quincy Center Nov. 5. Quincy Sun Photos/Robert Bosworth

We were joined today by Councillor at Large and President of City Council, Nina Liang and then, serendipitously, Mayor Tom Koch came through the mall, and we invited him to listen to our experiences and stand for a photo with us. We shared with Mayor Koch that people are genuinely moved by the presence of supporters of the BLM movement and our call for an end to racism in our community. We look forward to further fruitful conversation with the mayor.

The idea for the Standout for BLM Quincy began as we attended the Vigil and

March held in response to the brutal murder of George Floyd. Surrounded by so many other Quincy residents, there to express our grief and horror, I decided then, that the Black Lives Matter Movement now required a weekly Ally action in Quincy. Black people have always been killed at a much higher rate than whites by police, but it's time to get the issue in the forefront of the city, at its heart. WE cannot let ourselves forget.

When I asked members of the newly formed Quincy For Transformative Change if such a stand-out was in

place, someone suggested that I get to work on it, as there wasn't such an action at the time. I spoke to family and friends in Quincy and got the support that was needed to pursue the plan. My husband Sal, my sister Cyndy Roche-Cotter and her husband, Mike Cotter all agreed we should act. When I mentioned that I was seeking a location in the heart of the city, my friend Claire Fitzmaurice offered her help in connecting me to Reverend Rebecca Froom at United First Parish Church.

Timing was in our favor as Reverend Froom was also considering the idea

of hosting such an action at United First Parish Church, and when we connected, she agreed to put my proposal before her board, if I could get the support of the newly formed Quincy for Transformative Change. Soon, I was able to bring a joint proposal forward to both the church and QFTC, and our new group, StandOut For Black Lives Quincy was started. Pastor Mat Thomas is a part of our team representing Bethel Church of the Nazarene, and Quincy4Justice, as well as Joe Herosy, from QFTC, actively helping wherever needed.

Please take a little time

to come stand with us. We keep careful COVID-19 precautions, wearing masks, (we have one for you if needed)

We meet weekly on Thursday afternoon, from 3:30-5:30 p.m., we are welcoming to all persons, all ages, abilities, sexual orientation, gender identity and races are welcome.

We consider ourselves to be an Ally group to BLM. We support the same goals, and we would like to see Racism declared a Public Health Emergency in Quincy.

Mimi Balsamo
Quincy

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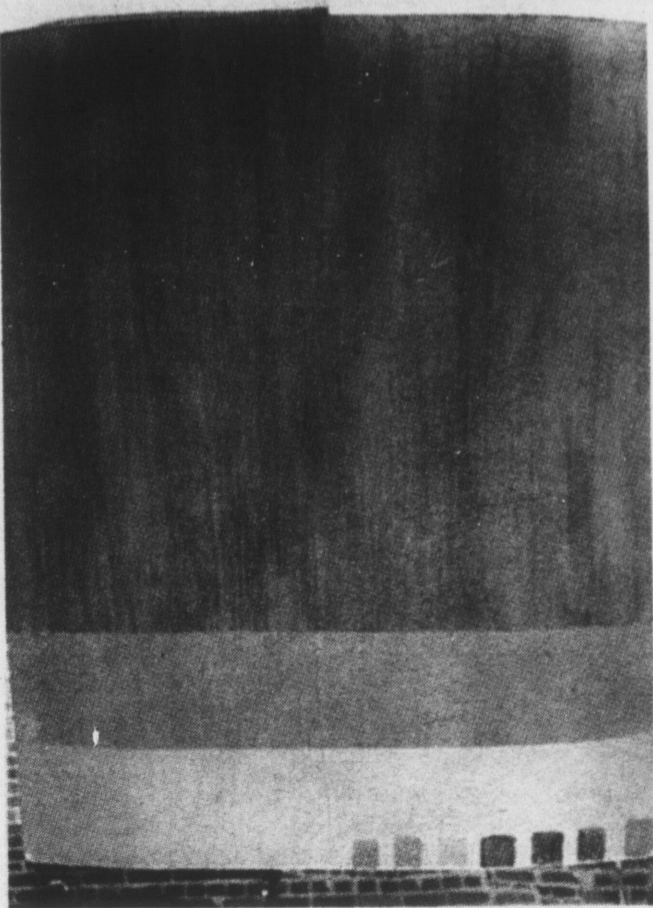
Giving The Dorothy Quincy Homestead Parlor A Facelift

By BARBARA ARMENTA
and
ALEXANDRA ROLLINS

Tantalizing bits of information are gleaned daily from the conservation work in progress at the Dorothy Quincy Homestead with one exciting discovery leading to another. As we receive much needed grants and donations, interior preservation efforts continue - a slow and steady process that will likely be finished just in time for the next generation of preservationists to begin again.

The Puritan virtues of hard work and thrift were rewarded by prosperity. With our goal of bringing to life the culture and history of the mansion's rooms that were expanded and embellished by the Edmund Quincy clan to suit their distinctive views of a then prestigious American lifestyle, we are building on the findings from the 2019 Historic Structures Report to document the history of the finishes and paint treatments in preparation for the conservation of several rooms. Our energies are currently focused on the formal parlor (in other houses, sometimes referred to as "the hall"). According to diary entries made by John Marshall (1664-1732), a local mason and builder whose diary is one of only two tradesman's diaries known from this early period in New England, this parlor was originally built (c.1706-08) during the ownership of Judge Edmund Quincy III (1681-1738). The room's construction was later improved upon in several clear stages that reflected a new interest in elegant craftsmanship as well as ornamental refinements.

By definition, paint stratigraphy is a study of the various layers of paint, finishes, and other materials that make up a painted surface or structure. The recent paint stratigraphy of the parlor reveals the first



A MOCK-UP sample of the first generation blue-green color and finish recently uncovered at Dorothy Quincy Homestead in Quincy. The center stripe has one coat of varnish and the upper one has several. DQH historians believe the original treatment is not quite that dark, but not quite as light as the center stripe.

generation of paint as a rich blue-green brushed on to the wood. Over this layer, the paint analysis suggests that a varnish was applied to give the paint color more complexity and luster. This treatment is found consistently on the wood that was added over the plaster walls and on the beams, doors, and shutters sometime after EQIII's death in 1738 (he died from a bad smallpox inoculation while in London on a mission for the Province). The highly varnished blue-green color suggests that the Quincy family was quite conscious of the prestige they enjoyed, and were

not shy of displaying their elite status. Not to discount or overlook the later work done in the parlor, the chair rail, dado and kickboard that were added around the time that the fabulous Pompeian Revival style design wallpaper was installed (c.1780), were all painted a comparatively subdued yellowish-taupe.

If all work continues to advance as planned, it will be completed just in time for our summer 2021 tours. We can't wait to see the finished product!

Follow us on Facebook: <https://www.facebook.com/quincyhometead1686/>

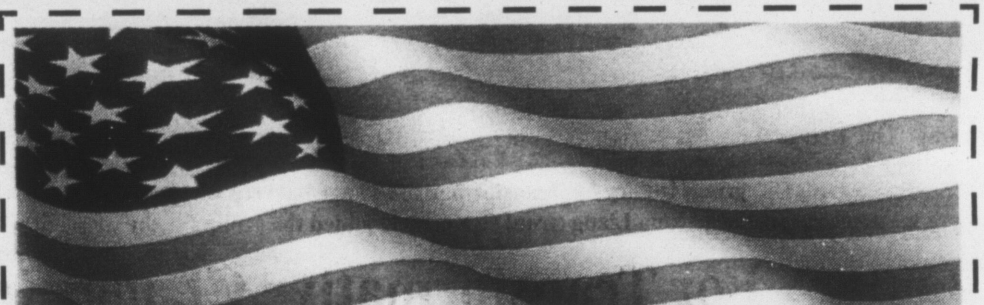
Alana Adams On Dean's List

Alana Adams of Quincy has been named to the Dean's List for the spring

semester at Roger Williams University, in Bristol, R.I.

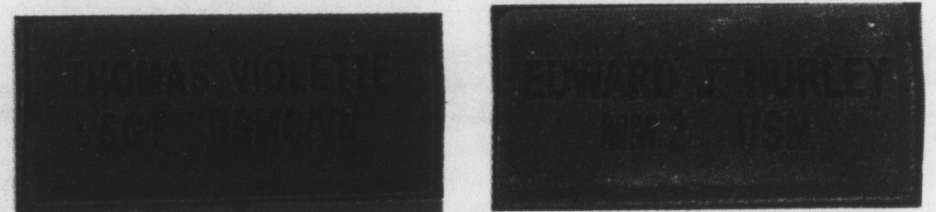


PRE-CONSERVATION PHOTO of the formal parlor area at the Dorothy Quincy Homestead that was once enjoyed by the families of Judge Edmund Quincy III and his son, Edmund Quincy IV, "the Squire."
- Photos Courtesy Dorothy Quincy Homestead



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program



PHASE 2 Still Available

The Sons of the American Legion, Squadron 294, Morristown American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

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John Adams Remembered On 285th Birthday

Wreath-Laying Ceremony At UFPC In Memory Of Second President Streamed On Facebook

By SCOTT JACKSON

The legacy of John Adams was recalled during a ceremony to commemorate the second president's 285th birthday on the eve of this year's presidential election.

The ceremony was held Oct. 30 inside the United First Parish Church in Quincy Center, where Adams and his wife, Abigail, are entombed. This year's ceremony, which was about 20 minutes long, was markedly different from years past, with no music, no color guard, no student speakers, and no reception afterwards. The ceremony was closed to the public and was streamed live on Facebook instead.

Mayor Thomas Koch said he would enjoy being able to speak to Adams about the state of the world today. The mayor said Adams had expressed reservations about the two-party system that was beginning to emerge during his time in office.

"I would love to have a conversation today with John Adams about the world we live in. We know what he stood for and how principled he was. I'm sure he would have been delighted with the leadership of Abraham Lincoln, but I think he would agree we still had a ways to go," Koch said.

"For those who know a little bit about his thoughts and writings and speeches, he was very concerned about the party system that was developing in his days and we're seeing that deep

divide created by that extreme ideology on both sides."

This year's election has been difficult, Koch said, but pales in comparison to the 1800 election between Adams and his then vice president, Thomas Jefferson, in which Jefferson prevailed.

"In my lifetime, this is one of the more difficult presidential elections that I've seen, but in that conversation with John Adams he probably would say this is nothing compared to the Jefferson race I had for re-election," Koch said. "History repeats itself."

The mayor concluded his remarks by saying city leaders continue to follow Adams' ideals.

"We carry that spirit in this city in how we treat people and how we govern and how we continue to hope for this great nation," Koch said.

City Council President Nina Liang said Adams and his son, John Quincy Adams, the nation's sixth president, were trailblazers who fought for what they believe in and came to define what it means to be a public servant.

"Both of these leaders were trailblazers in their own right, fighting for independence, advancing and supporting our armed services, opposing slavery, and valuing and advocating for access to education," Liang said. "Along with the support of their two extraor-



PRESIDENTIAL WREATH commemorating the 285th birthday of second U.S. President John Adams was placed on the president's tomb in the crypt of United First Parish Church during a brief ceremony Oct. 30. Mayor Thomas Koch, shown here in the crypt, said city leaders continue to follow Adams' ideals. "We carry that spirit in this city in how we treat people and how we govern and how we continue to hope for this great nation," Koch said. Quincy Sun Photo/Scott Jackson

inary wives, this father and son, two presidents in our nation's history, set the foundation for the purpose and structure of what it truly means to be a public servant."

The legacy of the Adams family is one all Quincy residents should follow, Liang added.

"It continues to amaze me that here, our home of Quincy, is the resting place for John and Abigail Adams and John Quincy and Louisa Adams," she said.

"Let it continue to serve as a reminder of the legacy and example they left for

us to continue to rise to the challenge of what it truly means to serve those in our community, to be unafraid to challenge the status quo, to be visionaries and move our city forward together, to always remember the ladies, and to continue lift up the lives of those we serve."

The Rev. Rebecca Froom, the minister of the United First Parish Church, reflected on an 1820 letter Adams wrote to his granddaughter Caroline Smith De Windt. In the closing of that letter, Adams wrote, "Do justly. Love mercy. Walk humbly. This is enough for you to know and to do. The world is a better one than you deserve; strive to make yourself more worthy of it."

"He is paraphrasing a passage from the Book of Micah from the Hebrew scriptures, words that are known as the sacred texts to people in Christian traditions and Jewish traditions," Froom said. "Here he lifts

up those words as an ethical statement to guide his granddaughter and perhaps all the generations that have followed him."

Adams began that same letter by discussing the history of smallpox, Froom noted; 1820 marked the 100th year since Adams' uncle Zabdiel Boylston began smallpox inoculations in North America.

"We gather in a pandemic. We gather in a tumultuous election season," Froom said. "John Adams and his generation also gathered with all of these confusing and challenging elements of public health and politics."

"He discusses this with his granddaughter. He talks about the importance of education and experience for learning what we can do to stop the smallpox pandemic, and yet where he ends this letter is with those words," Froom added, referring again to the closing section of the letter.

"This man who had been a dignitary during the war, this man who helped write the constitution of the Commonwealth of Massachusetts, this man who served as president of the United States of America, in the final decade of his life writes to his granddaughter about the importance to walk humbly, love mercy, do justly."

"Whatever our station is in life, the legacy of John Adams challenges us, inspires us; to always pursue education, to do the best we can, to act responsibly in life."

Navy Lt. Commander Alicia Pingwill placed a red, white and blue wreath on Adams' tomb on behalf of President Donald Trump prior to the start of the ceremony. After the ceremony, the speakers entered the crypt one-by-one to pay their respects to Adams.

The tradition of placing wreaths on the resting places of late presidents began in the 1960s while Lyndon B. Johnson was in the White House. This was the 53rd such ceremony held on John Adams' birthday.

No ceremony was held on John Quincy Adams' birthday in July amid the pandemic, though a wreath was still placed on his tomb in the crypt below the church.

Church historian Bill Westland said it was important to hold a ceremony to remember John Adams as a way to unite people in light of both the election and the coronavirus pandemic.

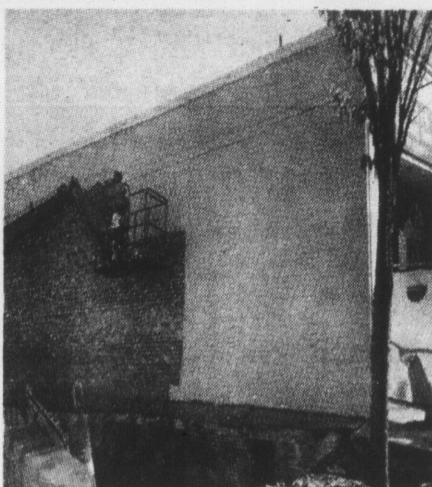
"This being an election year, we thought it was really important to have this and to honor John Adams and his legacy. This has been a nasty election...on top of that we have the pandemic," Westland said.

"This is a non-partisan event I think everyone will enjoy."



Downtown Construction Activities

Proposed work activities for the week of November 8th, 2020



- Work continues at 25 Temple St on Washington St for the new building foundations. The sidewalk along Washington St remains closed during construction with the continued pedestrian detour. Businesses in this area remain open during construction. Please follow the temporary markings on Temple St.
- The contractor at the General Dunford Drive project will continue installing new electrical conduit curbing, light pole bases, granite blocks for a serpentine bench, excavation for silva cells and begin forming areas adjacent to the roadway for new sidewalks. The temporary pedestrian detour remains in place along Hancock St at the project area. Pedestrians should continue to cross the street at the crosswalk before this area. Temporary barriers remain on Hancock St for temporary traffic re-alignment while the project is being constructed.
- The contractor will continue underground electrical and communication improvements for the General McConville Way project this week into Granite St. The contractor will continue installing new light pole bases, curbing, and secondary electrical conduits along McConville Way. Rossway will be permanently closed in the middle of the week. Traffic will be directed from Walter Hannon Parkway onto the new southern section of McConville Way and connected to Cliveden street. Access to the Messina Lot and garage at Cliveden Place will be from this new section of roadway. In addition, access to South Shore Medical Facility will be from the new section of McConville Way. Once the new traffic pattern has been configured, the contractor will begin working on the new pocket parks adjacent to McConville Way. In addition, National Grid subcontractor will be installing new electrical primary with Granite St.

(The photo on the above left is a picture of concrete being installed for the new vertical granite curbing and light pole base in the McConville Way area. The photo on the above right is a picture of the new serpentine bench foundation at the future pocket park adjacent to General Dunford Drive.)

<https://www.quincyma.gov/mcity/> or follow @CityofQuincy on Twitter.

Contact Patrick McCarthy for construction question's at: 781-264-4646 or email at: pmccarthy@woodardcurran.com

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Interfaith Treats Local Children For Halloween

450 'Boo Buckets' Distributed To Kids In Need On The South Shore

With help from dozens of local businesses and individuals this fall, Interfaith Social Services was able to surprise hundreds of local children in need with Halloween "Boo Buckets" during the month of October.

Interfaith, a local agency that provides South Shore families with emergency food, mental health counseling and homelessness prevention services, typically hosts a Halloween costume drive and giveaway for the children of its food pantry clients each year. "With the pandemic this year, we knew that the need for social distancing wouldn't allow us to hold our annual costume giveaway," said Emily Ryan, Interfaith's Family and Children Program Coordinator. "We serve a lot of children that are living in tough situations and one of our goals is to provide a little joy for these families. The 'Boo Bucket' idea that we came up with for this year lets children celebrate Halloween with some pumpkin carving, treats, and fun."

Volunteers from Blue Cross Blue Shield and Quincy's Cub Scout Pack 42 as-



MEMBERS OF QUINCY'S Cub Scout Pack 42 helped assemble "Boo Buckets" for Interfaith Social Services. The buckets, containing sugar pumpkins, carving kits and other small treats, were distributed to children in need during the month of October.

sembled the 450 buckets in September. Each Boo Bucket contained a small pumpkin and carving kit, a face painting set, sweet treats and small toys. Stop & Shop facilitated the donation of the sugar pumpkins from farmer Wally Cszakowski at

Plainville Farms and Retail Business Services donated the colorful buckets. Monetary donations from Interfaith's generous supporters provided for the rest of the supplies.

Interfaith is a multiservice agency that has been

serving families and individuals on the South Shore for more than 70 years. Their programs include one of the largest food pantries in greater Boston, a mental health counseling center, and homelessness prevention services. Interfaith also



MATTHEW CHAMBERLAIN, of Quincy, assembles a "Boo Bucket" during a Cub Scouts service project. Quincy's Cub Scout Pack 42 helped prepare hundreds of Halloween treat buckets that were distributed to the children of Interfaith Social Services' food pantry clients.

Photos Courtesy Interfaith Social Services

coordinates a number of initiatives focused on bringing joy to children served by the organization's programs, including Bunny Baskets, a backpack and school supply drive and the Help for the Holidays holiday gift pro-

gram.

For more information about Interfaith's seasonal programs, contact Family and Children Program Coordinator Emily Ryan at eryan@interfaithsocialservices.org.

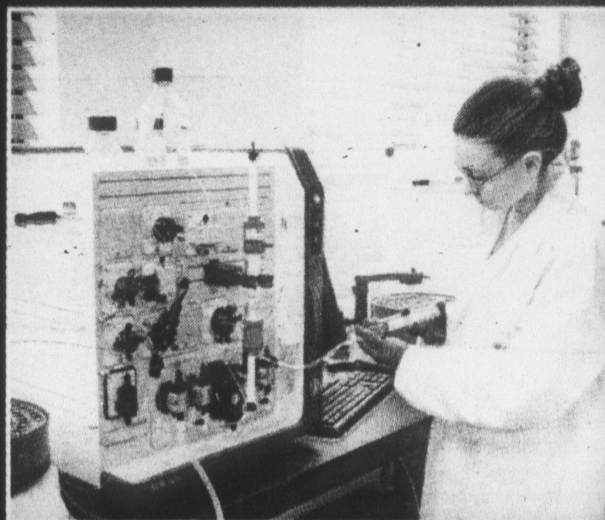
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'Ginger Donald' Scores Sweet Victory In Cookie Contest

It won't mean a second term but Donald Trump can take some solace in the outcome of the "Sweet Cookie Campaign of 2020."

In a cookie preference, "Ginger Donald" scored a sweet victory.

The gingerbread cookie contest at Ginger Betty's Bakery in Quincy pitted

the two main Presidential Candidates. After the polls closed on Election Day Nov. 3, some 2,335 "Ginger Donald" cookies were sold compared to 638 "Ginger Joe B" cookies - a better than 3-1 margin.

Beth Veneto, the owner of the bakery at 215 Samoset Ave., created two miniature

gingerbread cookies with the likeness of the White House contenders. Sales of the cookies were counted in what Veneto called a "Peppermint Poll."

"We want people to come in and have a cookie break. It's meant to be a fun," she said during the promotion.



BETH VENETO, owner of Ginger Betty's Bakery in Quincy, holds miniature cookies with the likeness of President Donald Trump (left) and Democratic challenger Joe Biden (right) in her bakery located at 215 Samoset Ave. Veneto sold both cookies leading up to the Nov. 3rd Presidential Election. In the final tally, "Ginger Donald" trumped "Ginger Joe B" by a better than 3-1 margin. Some 2,335 Donald cookies were sold compared to 638 Biden cookies.

Courtesy Photo

QHS Girls Volleyball Finishes Regular Season Unbeaten

By TOM JOYCE

The regular season has come and gone, and there was one constant for the Quincy High girls' volleyball team: they never lost.

They didn't even lose one set.

The Presidents finished off the regular season at 10-0, taking 30 of the 30 sets they played. That included the three sets they played against Scituate Nov. 5. Quincy won those 25-20, 25-11, and 25-20.

"I'm just really happy for these guys that they got their season in, especially these seniors," Presidents head coach Jacqui Niosi said. "They've been working hard for four years, so it's nice they got to play and have this experience this fall."

"Any game could go any way, I'm just happy when I see us improving every time we step out on the court," she added. "The whole year this year, every-

thing including school has been different. To be able to come into the gym and set goals for ourselves and as a team and accomplish things is nice. It's the only sense of normalcy right now really. Our goal isn't to win every game, it's to focus on things we can accomplish like working together and playing well. It's nice to see them make improvements in those categories."

The first set was likely the most competitive of the

bunch. The two teams split the first 38 points of the set evenly, making it a 19-19 tie. Then Quincy pulled away with a 5-1 run to take the set. The team first took a 20-19 lead on a point from junior Emma Glavin and went up by two on a serving ace. Scituate then got a kill, but had a hitting error on the next point, putting the Presidents up 23-20. Another hitting error, this time overshot by Scituate, put the Presidents up by four. Junior

Mona Ly capped off the set, getting the game point for the Presidents.

The Presidents had their top performance in the second set, outscoring their opponent 20-6 after splitting the initial 10 points evenly. An ace from senior Alyssa Ruan gave the Presidents a 6-5 lead, part of a 4-0 run for the Presidents. The team also went on a 6-0 run shortly thereafter with strong serving from Ly. There were three serves that Scituate was unable to return in that stretch. From there, the Presidents had too big of a lead for their opponent to make a comeback. Their biggest lead of the set was 15 points, 23-8, and they took the set 25-11.

The start of the third and final set of the match was competitive as well. The teams were tied at seven apiece after the first 14 points, then an ace from Kelsy Duong gave the Presidents an 8-7 lead -- the start of some serious momentum for the Presidents. It was the second point of a 10-1 run for the team to take a 17-8 lead. The team went up 14-8 on a soft kill from senior Rachel McKenna. She also had the kill that put them up 17-8.

Scituate also showed some late life, countering with a 6-1 run to make it an 18-14 set. They pulled within four points on a hitting error by the Presidents. However, the Presidents then got a point, and a Scituate

hitting error during a volley put the team up by six. Sophomore Bridget Hoare capped off the set with a light kill that Scituate was unready to defend, giving her team a 25-20 win.

Niosi said that seniors Kelsy Duong, Ashley Grehan, Rachel McKenna played well in the win.

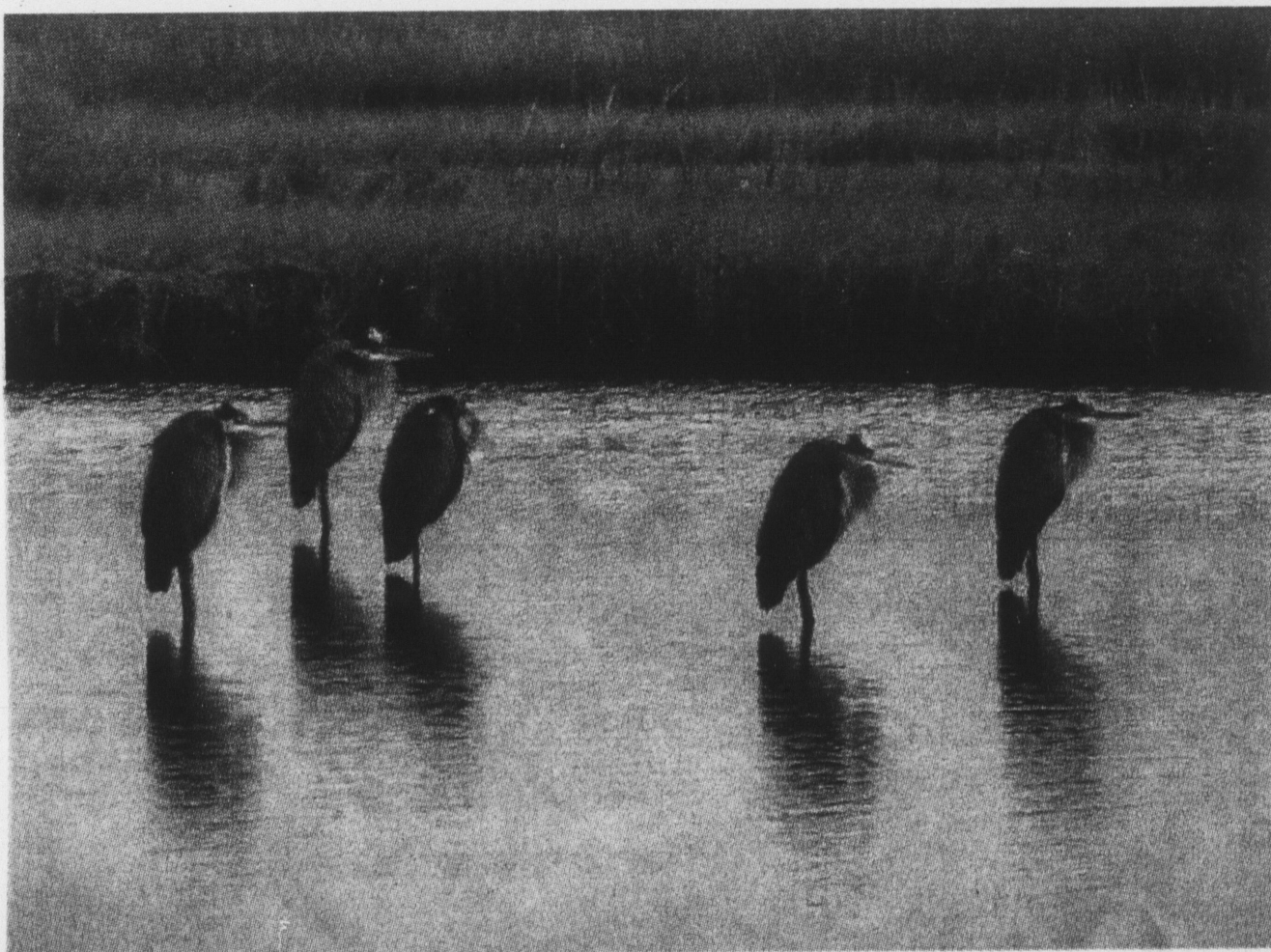
"It was nice," she said. "We were able to get our seniors a lot of time tonight. It was nice to see them take advantage of that and play well."

"They're a great group of kids," Niosi said of her team's senior class. "They're hilarious. I told them the other day, 'if I had to pick a team to have a weird season like this with, they would be it because they just go with the flow and really enjoy being with each other and having fun. They've made the most of everything this season.'"

Although the regular season is over, the Presidents have more volleyball to play. They will compete in the Patriot Cup next week, an 11-team tournament consisting of every Patriot League team except North Quincy.

"To have some more home games where they can play in front of their families is nice," Niosi said. "We're just gonna try to make the most of it."

Their first round game will take place on Thursday, Nov. 12 against Hingham, at 5:30 p.m. at QHS gym.



HERON HANGOUT - Five Great Blue Herons together near the Kennedy Center just before dawn on a recent day. This photo was taken by Laurel Blanchard of Quincy.

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Quincy High Girls Soccer Bows To Scituate

By TOM JOYCE

The Quincy High girls' soccer team faced off against a tough Scituate opponent and battled for four quarters.

The Presidents faced the Scituate Sailors on the road on Friday, Nov. 6 and while neither team could get much going offensively early in the game, Scituate ended up winning it 3-0. With the loss, Quincy finished their regular season at 1-9.

"It was our last regular season game, so we wanted to get all of the seniors in there and they played phenomenal together," Presidents head coach Bridget Coleman said. "We have 12 seniors so it's like a whole team. It's nice to be able to see them out there playing together. We held strong out

there for so long. We just didn't have many opportunities up top until the end. We had a few opportunities towards the end. We're always proud of them. They work very hard, and Scituate is a tough competitor."

In the first quarter, neither team was able to find the back of the net, but that changed in the second quarter when Scituate capitalized on a second chance opportunity. With 12:19 remaining, Scituate broke the scoreless tie. At first, one of their players took an unsuccessful shot. The Presidents goalkeeper stopped the shot from going in as Scituate shot from the right side of the net. However, then another Scituate player found the loose ball on the left side of the net following the de-

flection, and tapped it in for the score, putting Scituate up 1-0.

Neither team scored in the third quarter either, although the Presidents did put up a shot and stop Scituate from doubling their lead. With 16:19 left in the quarter, senior captain Aisling Kelly drove downfield and got a shot off in traffic, but it ended up going right of the goalposts. And with about three minutes remaining in the quarter, Scituate was unable to capitalize on a free kick opportunity. Quincy made the save on the shot, keeping it as a one-score game headed into the fourth quarter.

Scituate did end up padding their lead as the fourth quarter progressed, however. They doubled it to 2-0

with 15:45 remaining in the fourth and made it 3-0 with 7:56 left. Their first score came on a shot that went over the head of the Quincy goalkeeper, and their next came on a second-chance scoring opportunity -- like their first goal of the game. About one minute after that third score, the Presidents stopped the team from having a potential fourth goal. Senior captain Katherine Shaughnessy got the ball away from a Scituate player moving the ball deep into Presidents territory undefended.

In the game against Scituate, Coleman said many players' performances stood out to her. This includes senior captain Aisling Kelly, senior Isa Hanley, senior Kaci Pettigrew-Lynch, and senior Emma Lyons.

When speaking about Kelly, Coleman said, "She is such a versatile player and she works hard no matter what spot she is in. Last night she took on three different positions and played each one with confidence and skill."

Of Hanley, Coleman said, "She is an intelligent player and sees the field really well. Last night, and at every game, she brings up great ideas and helpful points at half time. I can always count on her to see what's happening in the game and share her ideas with the team."

Of Pettigrew-Lynch, Coleman said, "She is just such a tough player and a strong defender. She consistently works hard and fights until the end."

And of Lyons, she said,

"Emma took on a new role this season as a center back and her speed and endurance has helped us out a lot. Last night she kept pace with Scituate's speedy players."

Although the Presidents regular season came to a close last week, they advanced to the Patriot Cup this week where they took on the Silver Lake Lakers on the road on Monday, Nov. 9.

Coleman said her team looked forward to the opportunity to play in at least one more game.

"It's kind of like a bonus game where you have nothing to lose," she said. "If you win, you win, and that'd be amazing. We're gonna get ready for that game this weekend, and bring our best game."

QHS Boys Soccer Rebuilding This Season

By LIAM GAMBON

Quincy boys soccer has had a season of rebuilding.

After graduating 17 seniors last year, the Presidents entered the 2020 season under new leadership with Daniel Mongo replacing the former 10-year coach Mark Spendlove who also happened to be his coach once when he himself wore blue and white.

Quincy finished the regular season this year 0-10 last Friday.

"I love Quincy High soccer and I'm thankful and proud to have been given the chance to lead this program. This season has been a teaching experience for us all," Mongo said. "Even though there's been some adjusting due to the virus, we've gone about our work in the same way we would any season and have improved with each game."

Although it came in a loss, the Presidents played out their final game against Scituate tying their most points in a single game since opening night with a 4-2 loss.

"Both goals came from our guys working hard to win the ball back in the attacking half and we won free kicks," Mongo said. "Our football players, Devin Desmond (first goal) and Ciro Moura, tapped the goals in from great service off the free kicks by sophomore Tom O'Neil."

After being tied 2-2 at halftime, Scituate scored two-straight goals in under 14 minutes. That's when Mongo yelled out to his team, "keep fighting till there's no minutes left on the clock."

And that's exactly what the Presidents did as they created more than a few of-

fensive chances down the stretch, namely from senior Obiora Onechie who was seen spinning the ball through defender's legs and chasing down attackers to steal the ball back and create offensive chances.

They also received a load of help from junior Kellen Kopp who did the little things like cutting off Scituate attacking routes and drawing penalties. But the most success on the field came from senior captain and goalkeeper Jacob Ferrullo.

"Ferrullo is our captain

and is the heart and soul of our team. He's been leading by example since last season and is an excellent vocal and emotional leader," Mongo said. "We're a team that is made mostly of our JV team from last year. What we lack in varsity experience, we make up for in camaraderie, togetherness, and team morale. The guys and him are thankful for the opportunity to play and are eager to battle and compete."

Ferrullo made a diving save at the top of the second half, stopped a redirected shot right in his face

towards the end, and dove again in the third with one hand to stop another Scituate goal. With 3:29 left on the clock and the game all but done, he was pulled and received a standing ovation as he left the field and even got to hear words like, "great job Jack," from the stands and "Jack you made some awesome saves," from the sideline.

The senior first started soccer when he was about five years old and grew a passion for it when he was 10 or 11 years old.

"I've loved the game ever since," recalled Ferrullo.

Then he made the switch from offense to playing goalie when he was 12.

"I was pretty decent at it. Although since then I had not played goalie until my junior year of high school. Early last season our goalie had an unfortunate injury, and someone needed to step in, so I did," Ferrullo said. "Although I love playing the field, there's just a spark about playing goalie."

After his standing ovation and when the clock ran out, Ferrullo, teammates, and Mongo made their way to the corner of the field for a postgame speech that included laughs and some

heartfelt inspirational words as the Presidents now prepare to take on Silver Lake Tuesday in the Patriot League Cup First Round.

"Excited for the chance to play a good Silver Lake team on Tuesday night," Mongo said. "We held our own against the Fisher Division champs on Friday so we believe that if we come out and replicate what we did on Friday, outwork them and clean up some of our mistakes, we give ourselves a chance to advance."

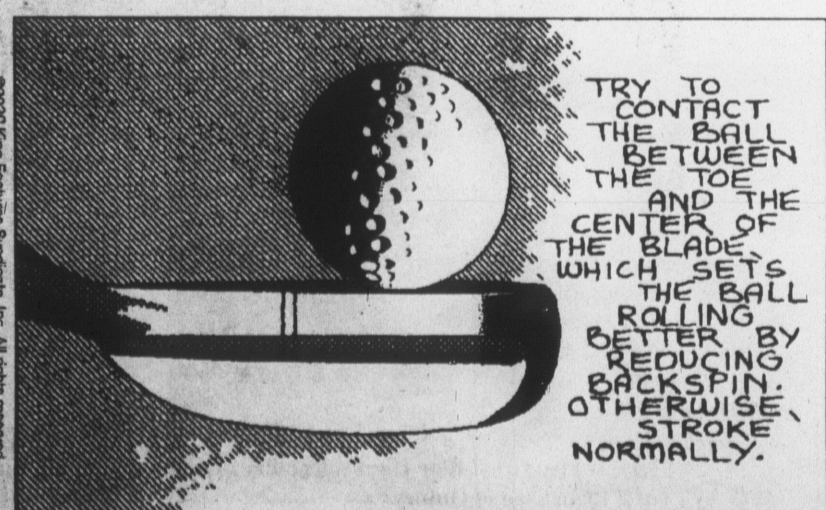
Lookout for the Presidents as they attempt a Patriot League Cup run this fall.

Americanisms

"It is the set of the sails, not the direction of the wind that determines which way we will go."
— Jim Rohn

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OBITUARIES

Jeanne M. Desroches

Jeanne M. (Couillard) Desroches of Plymouth died Nov. 2 from a sudden illness.

Daughter of the late Charles E. Couillard Jr. and Vera M. (Foster). Beloved wife of Richard Desroches of Plymouth. Devoted mother of Dawn McLaughlin and her husband David of Abington, Gene Daly of Quincy, Michelle Gannon of Halifax, and Dennis Desroches and his wife Stacey of Middleboro. Loving grandmother of Rosemary and Molly McLaughlin, Cameron Gannon, and Taylor and Troy Desroches.

Mrs. Desroches was born and raised in Quincy and graduated from Quincy High School. She earned a certificate in cardiac sonography from Northeastern University.

She loved to travel, she was a great cook, had an abundant love of all animals and enjoyed many hours gardening. Mrs. Desroches enjoyed spoiling her grand-



JEAN M. DESROCHES

children and was most happy when spending time with family and friends. She enjoyed life to the fullest.

Visiting hours were 5 to 7 p.m. Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Services at 9 a.m. from the funeral home with a funeral Mass at Divine Mercy Parish in St. Ann's Church, Quincy, at 10 a.m.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the American Cancer Society, 3 Speen St., Suite 250, Framingham, MA 01701.

Katherine J. Callahan, 80

A Mass of Christian Burial for Katherine J. "Kathie" (Ingles) Callahan, 80, of Quincy, was celebrated Tuesday in St. Agatha Church, Milton.

Mrs. Callahan died Nov. 3 with her loving family by her side.

Born and raised in Neponset to the late Edward Dale and Katherine Rita (Kilroy) Ingles along with her sisters, Jeanne Ingles of FL and Joan Meade of MA. Mrs. Callahan was a schoolteacher her entire career with over 20 years in the Boston Public Schools system. She retired from Madison Park High School. She was a graduate of St. Ann's School in Neponset, Matignon High School and Bridgewater State College.

Mrs. Callahan was also a talented florist and tireless volunteer for the environment, clean water and her local church. She loved country music and was passionate about politics. Most importantly, she loved and bragged about her grandchildren.

Beloved wife of the late Robert J. Callahan. Loving mother of Robert J. Callahan and spouse Kim of MA, Carol Feindel and spouse David of CT, Kathie Malefatto and spouse Marc of MA, Debbie



KATHERINE J. CALLAHAN

Brown and spouse Sheridan of NH and the late Patricia Dale Callahan. Proud grandmother of Hailey, Reagan, Owen, Laurel, Katherine and Abigail. Loving aunt of many nieces, nephews and Godchildren.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Patricia Dale Callahan at Fontbonne, The Early College of Boston, in support of The Fund for Fontbonne, proving critically needed student financial aid. Donations can be made online at fontbonne-memorialgifts.org or by check to Advancement Office, Fontbonne, The Early College of Boston, 930 Brook St., Milton, MA 02186.

Funeral arrangements were made by Dolan Funeral Home, Milton.

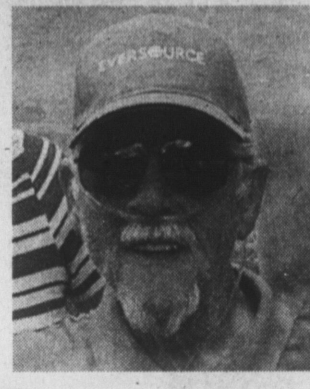
Robert A. Hemphill, 78

A celebration of life service for Robert A. "Bob" Hemphill, 78, of Quincy was held Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Hemphill died Nov. 2.

The beloved husband of 50 years to Claire (Wherty) Hemphill of Quincy. Loving father of Robyn Adler of Weymouth. Brother of Nancy Hazelwood of Lakeville, Kathleen King of Quincy, James Hemphill of Plymouth, Donna Parshley of Stoughton and the late Jean Parenteau, Norman Hemphill and Dorothy Clark. Cherished grandfather of Aria and Faith Adler. He is also survived by many nieces and nephews and dear friends.

Mr. Hemphill grew up in Dorchester. He worked as a school bus driver for the Boston schools for many years. In his free time, he enjoyed golfing and playing



ROBERT A. HEMPHILL

cards. He was a member of the Braintree Moose Lodge for many years.

An avid New England sports fan, Mr. Hemphill enjoyed following the games; he also loved his scratch tickets. He enjoyed his yearly vacation with his family up at the Days Inn in Lincoln, NH.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to Presidential Home Health Care, 59 Coddington St., Quincy, MA 02169.

Barbara C. Carey, 64

A funeral Mass for Barbara C. Carey, OCDS, 64, of Quincy and formerly of Cambridge, was celebrated Monday at Divine Mercy Parish in Sacred Heart Church, Quincy.

Ms. Carey died unexpectedly Oct. 30 at her home in Quincy.

She was born in Cambridge, on August 21, 1956 to the late Thomas and Nellie Carey. She resided in Cambridge, most of her life, in the house that her grandfather built.

Ms. Carey attended St. Peter's Catholic School, Cambridge, for both elementary and high school. In her senior year, she was offered a scholarship to further her education, and chose the Boston Conservatory, where she studied voice, opera, music theory and piano. While at the Conservatory, she worked as an executive secretary at the Badger Company in Cambridge, a job she loved.

Ms. Carey attended St. Elizabeth's School of Nursing in Brighton, graduating in 1987. She received a B.S. in nursing in 1993 from Northeastern University. She worked as a nurse at Massachusetts General Hospital for over 30 years in the neurosurgery department and orthopedics/urology. Ms. Carey graduated in 2018 with a Master of Arts in Ministry (M.A.M.) from St. John's Seminary in Brighton.

She was a beloved member of the St. Teresa of Jesus of the Andes Secular Carmelite Community in Danvers. She was clothed on October 8, 2003; made her first promise on October 8, 2005 and her Final Promise on November 8,

2008. She served two terms as president (2011-2017); councilor (2010-2011); and secretary (2007-2009). Ms. Carey took many new aspirants under her wings as their "Guardian Angel." Her devotional name in Carmel was Barbara Teresa of the Good Shepherd and Our Lady of Mount Carmel. Barbara had a deep love and commitment to her vocation as a Carmelite and was greatly loved by her community members.

A dedicated and lifelong member of St. Peter's Church in Cambridge, Ms. Carey freely gave of her time and talent, especially in the choir. Many were inspired with her devotion and care of her widowed mother, being a source of comfort and consolation to her. Since she was young, Barbara desired to become a nun. Ultimately, she set her own wishes aside to take care of her mother. She was also very friendly with the Poor Clares in Jamaica Plain, serving where needed.

Ms. Carey loved spending time drawing, reading, gardening, playing with her cats, and studying art history.

She is predeceased by her beloved sister, Margaret "Meg" Carey, and parents, Thomas and Nellie Carey.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Discalced Carmelite Nuns of Danvers, 15 Mount Carmel Road, Danvers, MA 01923 carmelofdanvers.org.

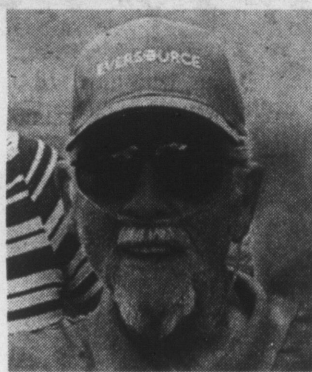
Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Robert A. Hemphill, 78

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Mr. Hemphill died Nov. 2.

The beloved husband of 50 years to Claire (Wherty) Hemphill of Quincy. Loving father of Robyn Adler of Weymouth. Brother of Nancy Hazelwood of Lakeville, Kathleen King of Quincy, James Hemphill of Plymouth, Donna Parshley of Stoughton and the late Jean Parenteau, Norman Hemphill and Dorothy Clark. Cherished grandfather of Aria and Faith Adler. He is also survived by many nieces and nephews and dear friends.



ROBERT A. HEMPHILL

Mr. Hemphill grew up in Dorchester. He worked as a school bus driver for the Boston schools for many years. In his free time, he enjoyed golfing and playing cards. He was a member of the Braintree Moose Lodge for many years.

An avid New England sports fan, Mr. Hemphill enjoyed following the games; he also loved his scratch tickets. He enjoyed his yearly vacation with his family up at the Days Inn in Lincoln, NH.

Interment at Pine Hill Cemetery, Quincy.

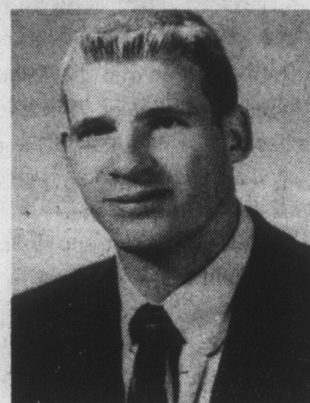
Memorial donations may be made to Presidential Home Health Care, 59 Coddington St., Quincy, MA 02169.

William J. McBirney, 81

William J. McBirney died suddenly at his home in Ft. Myers, Fla., on his 81st birthday on Oct. 26.

Bill was born in Boston in 1939 to the late William T. and Ruth P. McBirney. He leaves two children, a daughter, Lisa McBirney (James Aucoin) and a son, William C. McBirney, and five grandchildren. He was the oldest of five siblings and leaves his sister Judith Condon (John) of Hanover; brother John (Mary Ellen Olson) of Hull; sister Ellen McNeice (Francis) of Falmouth; and was predeceased by his sister Ruth Crow (John) of Lawrence. He was "Uncle Bill" to many nieces and nephews.

Mr. McBirney graduated from Archbishop Williams where he was an all-star hockey goalie and attended Boston University on a hockey scholarship. He rose through the ranks and became executive vice presi-



WILLIAM J. MCBIRNEY

dent of Paine Furniture Company and was highly sought throughout the U.S. furniture industry for his knowledge and advice. Later in life, he developed a popular breakfast restaurant in East Bridgewater. Twenty years ago, he escaped the New England winter doldrums and departed to the sun and warmth of Ft. Myers.

Mr. McBirney was a strong supporter of veterans and first responders and had many friends at the local VFW in Ft. Myers. He was an avid collector of fire equipment and was a fire historian. He was quiet and introspective and open and gregarious. He had wit and humor and tried to lend a helping hand.

Those who wish to donate in his memory should do so to a local charity especially those helping veterans and first responders.

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Your One Year Anniversary

Pamela (Peterson) Connor
11/13/19 - 11/13/20

Mom,
Always thinking of you and missing you everyday - Your love, your comforting ways, your beautiful smile and everything about you is dearly missed. We are always loving and missing our best friend forever, Mom.

Madison & Cameron,
Family & Friends

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Geraldine A. Lombardi

Geraldine A. Lombardi, a lifelong Quincy resident, died peacefully, Nov. 3 at Brush Hill Care Center in Milton.

Born in Quincy, to the late Anthony and Ophelia "Val" (Gentilucci) Lombardi, she was raised there and was a graduate of North Quincy High School. She later attended Quincy College.

Ms. Lombardi was employed as a secretary for eighteen years with the federal government at the Military Establishment Processing Station in South Boston. She had been retired for many years.

Ms. Lombardi was an avid



GERALDINE A. LOMBARDI

football fan, supporting the New England Patriots. She also enjoyed poetry and music.

Beloved sister of her twin brother, Paul Lombardi and his wife Rachel of Brockton, Eileen Lisook and her husband Ira of Milton, and the

late John Lombardi and his surviving wife Kim of Wareham.

Loving aunt of one niece and several nephews. She was predeceased by her nephews, Matthew and Jeff, and her great-niece, Maddie.

She is also survived by many longtime friends, her "golden friends."

In light of current events, funeral services are private.

Interment took place at Mount Wollaston Cemetery, Quincy.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

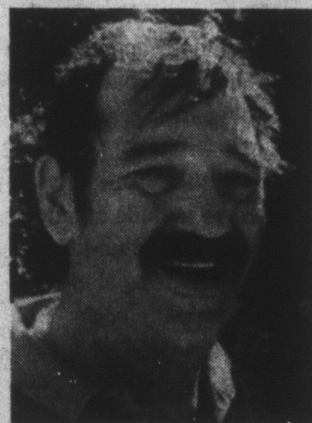
Salvatore E. Coscia, 61

A funeral Mass for Salvatore E. "Sal" Coscia, age 61, of Quincy was celebrated Tuesday at St. John the Baptist Church, Quincy.

Mr. Coscia died Nov. 6.

A lifelong Quincy resident, he graduated from Quincy High in 1977 and attended Nason College in Sanford, Maine on a baseball scholarship, having played baseball for Quincy High and the Morrisette Post as well as football. Sal also attended Eastern Nazarene College in Quincy.

Mr. Coscia loved following all the New England sports teams, reading and music, but especially time spent with his family who were most important in his life.



SALVATORE E. COSCIA

The beloved son of the late Elpidio and Theresa (Alongi) Coscia, he was the loving brother of Raymond A. Coscia and his wife Lauren of Quincy, Nancy T. Klock and her husband Andrew of Hingham and Enrico E. Coscia and his wife Christine of Quincy;

dear uncle of Justin and Alexandra Coscia, Jessica West and her husband Nicholas and Kristin Koha and her husband David; great-uncle of Cole West, Kai West, Cali West, Joshua Koha, James Koha and Harper Koha; he was grandson to the late Raimondo and Angelina Alongi; and is also survived by his beloved cat Maggie Mae.

Interment at Calvary Cemetery in Waltham.

Memorial donations may be made to the National Alliance on Mental Illness, 4301 Wilson Blvd., Suite 300 Arlington, VA 22203 nami.org.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Ruth L. Mahoney, 81

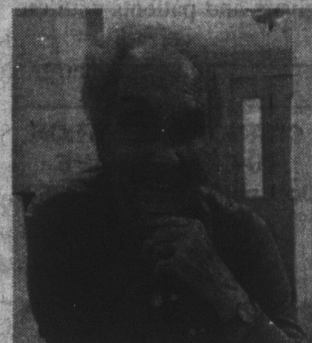
Ruth L. (LeBaron) Mahoney, 81, of Quincy, died peacefully at her home, surrounded by her loving family on Nov. 4.

Born in Melrose on Dec. 19, 1938, she was the daughter of the late Edward and Helen (Carpenter) LeBaron. She attended local schools and graduated from North Quincy High School with the Class of 1956.

Mrs. Mahoney worked for the Quincy school system as a transportation coordinator for many years. She loved her job and the relationships she built throughout the years. In her retirement, Mrs. Mahoney spent quality time with her family.

In her spare time, she enjoyed gardening, cooking, spending time with her husband, children, grandchildren and great grandchildren. Though Mrs. Mahoney loved her home, she and her husband traveled all over the world through their retirement years but had a special fondness to Kennebunkport, Maine. Ruth and Butch enjoyed going out to dinner, seeing a movie or enjoying a quiet night at home.

Mrs. Mahoney was a compassionate, caring and loving person. She loved her family and friends with all her heart. She lived her life by The



RUTH L. MAHONEY

Golden Rule and raised her family with the same values. Her life lessons and example are part of her legacy that continues through her family. She will be missed by all the lives she touched.

Mrs. Mahoney was the beloved wife of John W. "Butch" Mahoney, with whom she shared 62 loving years of marriage. She was the devoted mother of Daniel E. Mahoney and his wife Kathleen of Pembroke and Susan A. McCormack and her husband Robert of Weymouth. She was the loving grandmother of Justin Mahoney and his wife Jennifer of New Mexico, Lucas Gregory and his wife Melissa of Quincy, the late John Mahoney who died in 2015, Daniel Mahoney, Jr. of Vermont, Kristina Storer and her fiancé Jon Costanza of Bellingham, Brianna Benjamin and her husband Sekou of North Carolina and William Storer of

Indiana. She was the loving great grandmother of Bradley Jackson of Whitman, Thomas and Sophia Mahoney, both of New Mexico, Kali Thompson of Gloucester and Omari Benjamin of North Carolina. Ruth was the dear sister of Judith Badger of Quincy and is also survived by many nieces and nephews.

Relatives and friends are respectfully invited to attend the visiting hours on Wednesday from 4 to 8 p.m. in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Mahoney's funeral service will be celebrated privately at Keohane Funeral Home on Thursday. Live streaming of her private funeral service can be viewed on Thursday at 11 a.m. To watch the live stream, please go to Mrs. Mahoney's obituary at keohane.com and the live feed will appear at the top of her obituary.

Relatives and friends are invited to join Mrs. Mahoney's family in the funeral procession to Pine Hill Cemetery, Quincy. To join the funeral procession, please arrive at the funeral home at 10:45 a.m. on Thursday.

Memorial donations may be made to the Alzheimer's Association Massachusetts Chapter, 309 Waverley Oaks Rd., Waltham, MA 02452.

Martina F. McCormack

A funeral Mass for Martina Frances McCormack of Braintree, formerly of Quincy, will be celebrated at 10 a.m. Friday at Divine Mercy Parish in Sacred Heart Church, Quincy.

Ms. McCormack sadly and unexpectedly died Nov. 6.

She was the oldest of seven children, who took on that role with great pride. As we were growing up, Ms. McCormack would take her younger siblings on trips to Boston, parks, plays, and always remembered her brothers and sisters by bringing them home the Peggy Lawton Chocolate Chip Cookies from college. She continued her thoughtful ways with her thirteen adored nieces and nephews. Ms. McCormack cherished moments with her family and friends. Always the photographer, she captured the most precious times throughout the years.

Especially proud of her Irish heritage, Ms. McCormack spent many hours researching the immigration of her grandparents to America. Trips to Ireland were a fa-



MARTINA F. MCCORMACK

vorite, as well as hosting the annual Saint Patrick's Day celebration.

After graduating with a nursing degree from Lowell State College in 1972, she worked as an R.N. in several Boston area hospitals. She also joined the Peace Corps working as a nurse in Guatemala. After achieving her MBA from UMass Boston, Ms. McCormack worked for many years in health care administration for the Commonwealth of Massachusetts.

Always generous with her time, she volunteered at the Museum of Fine Arts assisting patrons with disabilities to enjoy the experience. Ms.

McCormack was a member of the Braintree Garden Club and a former active participant in the Boston Jaycees. We remember Ms. McCormack as a kind, thoughtful, generous, open-minded, and spiritual person.

Beloved daughter of the late Francis P. "Frank" McCormack, Sr. and Dorothy M. (Walsh) McCormack. Loving sister of Patrick of Hingham, Judy Tryon and her husband Tommy of Quincy, Noreen Devlin and her husband Mike of Braintree, Tim of Quincy, and his former wife Lucy Gibbs, Fran and his wife Tina of Quincy and Beth Leonard and her husband Mark of Weymouth. Also survived by many nieces, nephews and dear friends.

Visiting hours are 4 to 7 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the National Alliance on Mental Illness, PO Box 49104, Baltimore, MD 21297, and/or, Doctors Without Borders, PO Box 5030, Hagerstown, MD 21741-5030.

Record Ballots Cast Here In Sweep For Democrats

Cont'd From Page 11

Pennsylvania and Wisconsin - Trump won in 2016, according to the AP. Biden was also ahead in Georgia, but that race is headed to a recount and remains too close to call. With a win in Georgia, Biden would win 306 electoral votes, the same number Trump received in 2016. (Trump ultimately finished with 304, however, as two electors in Texas voted for other candidates.)

Trump was able to win in the swing states of Florida, Iowa and Ohio and held off a late push by Biden in Texas. He also leads in Alaska and North Carolina, though those

elections have yet to be called.

Biden, who turns 78 next week, will be the oldest president when he is sworn in on Jan. 20. He will also be the first Delaware resident to become president and the second Catholic.

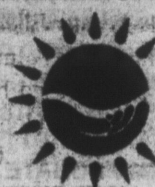
Biden's running mate, California Sen. Kamala Harris, will become the first woman vice president. She will also be the first Black and first Asian-American vice president.

Control of the U.S. Senate was also up for grabs in the election. Republicans had a 53-47 majority in the chamber headed into the election,

including two independents who caucus with the Democrats.

Democrats were projected to pick up seats in Arizona and Colorado and an incumbent held on in a close race in Michigan. The Republicans picked up a seat in Alabama and incumbents in Iowa and Maine won close contests for re-election. The GOP was also ahead in races in Alaska and North Carolina, meaning control of the Senate could be decided by a pair of run-off elections in Georgia in January.

Democrats are expected to maintain control of the House of Representatives.



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Hancock Park Rehab And Nursing Center Named A 2020-21 Best Nursing Home

Hancock Park Rehab and Nursing Center is among the 21 percent of U.S. skilled nursing facilities that have been recognized as a Best Nursing Home for 2020-21

by U.S. News & World Report.

The home earned Best Nursing Homes status by achieving a rating of "High Performing," the highest possible rating, for Short-

Term Rehabilitation. U.S. News gives the designation of Best Nursing Home only to those homes that satisfy U.S. News's assessment of the appropriate use of key services and consistent per-

formance in quality measures.

"We are proud that Hancock Park has been named among the nation's top performing skilled nursing facilities," said Cyril Belavance, executive director, Hancock Park Rehab and

Nursing Center. "Strong clinical leadership, dedicated staff and consistency of care in have made this accomplishment possible. It's an honor to provide this level of care to the City of Quincy."

Now in its 11th year, the U.S. News Best Nursing Homes ratings and profiles offer comprehensive information about care, safety, health inspections, staffing and more for nearly all of the nation's 15,000-plus nursing homes. The Best Nursing Homes ratings reflect U.S. News' exclusive analysis of publicly available data using a methodology defined by U.S. News that evaluates factors that it has determined most greatly impact patient and resident care, safety, and outcomes.

This year, to accompany the new ratings, nursing home profile pages were updated to include a patient safety summary that reflects COVID-19 data alongside other measurements of safety and related advice on choosing a home or facility amidst the pandemic.

"U.S. News strives to provide access to information that allows consumers to make educated decisions on all types of care," said Ben Harder, managing editor and chief of health analysis at U.S. News. "Updating the profiles to include a patient safety summary that highlights COVID-19 data paired with other measures of care arms families, caregivers and patients with the

information needed to make a decision that keeps safety at the highest priority."

The Best Nursing Home finder features ratings on both long-term and short-term care. The Long-Term Care Rating aims to provide prospective residents who need help with daily activities, and their families, with analysis and information regarding the quality of care provided by nursing homes.

The rating includes data on staffing, success in preventing ER visits and pneumonia vaccination rates, among other metrics. The short-term rating incorporates measures of quality including consistency of registered nurse staffing, use of antipsychotic drugs and success in preventing falls.

Hancock Park Rehabilitation & Nursing Center in Quincy is a 142-bed skilled center offering short-term and long-term care. Hancock Park has a dedicated Subacute Unit, specializing in cases that are medically complex or rehabilitation-intensive. The center takes pride in providing care that is truly state-of-the-art and compassionate.

Hancock Park is accredited by The Joint Commission and is Medicaid/Medicare Certified. The staff is committed to providing high quality medical, nursing and rehabilitative care to allow every resident to experience the best quality of life while maintaining or regaining function, health and well-being.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2611EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Augustus J. Palaza, Sr.
Also known as:
Augustus J. Palaza, Sr.
Date of Death:
09/19/2020

To all interested persons:
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Augustus J. Palaza, Jr. of Chantilly, VA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Augustus J. Palaza, Jr. of Chantilly, VA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/09/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: November 2, 2020
PATRICK W. McDERMOTT
Register of Probate

11/12/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P0984EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Debra Laurie Freeman
Also known as:
Debra White Freeman
Date of Death:
02/22/2015

To all interested persons:
A Petition for S/A - Late and Limited Formal Testacy and/or Appointment has been filed by Steven Freeman of Randolph, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Steven Freeman of Randolph, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/02/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

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WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 27, 2020
PATRICK W. McDERMOTT
Register of Probate

11/12/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2607EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Ernest Joseph Cairns
Also known as:
Ernest J. Cairns
Date of Death:
08/11/2020

To all interested persons:
A Petition for Formal Appointment of Personal Representative has been filed by Gerald J. Turner of Needham, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Gerald J. Turner of Needham Heights, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/09/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: November 2, 2020
PATRICK W. McDERMOTT
Register of Probate

11/12/20

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P2617EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Geraldine E. Murphy
Date of Death:
09/04/2020

To all interested persons:
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Jacqueline Murphy of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Jacqueline Murphy of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 12/02/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 29, 2020
PATRICK W. McDERMOTT
Register of Probate

11/12/20

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO20C0206CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Travis John Mel

A Petition to Change Name of Minor has been filed by Travis John Mel of Quincy, MA requesting that the court enter a Decree changing their name to:

Travis Pun

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 12/16/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 30, 2020
PATRICK W. McDERMOTT
Register of Probate

11/12/20

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO20C0168CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Andy Azor

A Petition to Change Name of Adult has been filed by Andy Azor of Quincy, MA requesting that the court enter a Decree changing their name to:

Andy Garcia

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 12/16/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: October 19, 2020
PATRICK W. McDERMOTT
Register of Probate

11/12/20

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South Shore Bank Launches Community Fund For COVID Help

South Shore Bank is using all net proceeds from the Small Business Administration's Paycheck Protection Program (PPP) to create the South Shore Bank Community Fund.

Earlier this year, South Shore Bank successfully helped more than 1,000 businesses save more than 13,000 local jobs through the PPP, as bank staff worked tirelessly through long nights and weekend to ensure its clients and communities secured essential PPP funding.

South Shore Bank has decided to take the \$500,000 in net proceeds and create the South Shore Bank Community Fund to assist its clients who have been negatively impacted by COVID-19 with making monthly rent or mortgage

payments.

While South Shore Bank is grateful for the earnings and role in the PPP process, it does not feel right to profit when so many are facing hardships. For this reason, the bank is taking all of its PPP net proceeds and creating the South Shore Bank Community Fund with \$500,000 to assist clients who have been negatively impacted by COVID-19 with making monthly rent or mortgage payments.

"While we are grateful for the earnings and our role in the PPP, we do not feel right profiting at a time when so many are facing hardships," said South Shore Bank CEO and President Jim Dunphy. "Creating this fund will allow us to provide more badly needed help for our clients who

have been devastated by the pandemic and resulting business shutdown. We are in this together and proud to help our communities and clients during this extraordinary time."

The fund is modeled after the successful Quincy Hospitality Support Fund created by Quincy Mayor Tom Koch, the City of Quincy's Affordable Housing Trust Fund, and the Quincy Chamber of Commerce that helped workers in the restaurant, hospitality, and food and beverage industries who had been impacted by the almost complete economic shutdown caused by COVID-19.

The Quincy Chamber of Commerce is the administrator for the South Shore

Bank Community Fund.

To qualify for assistance, clients must meet the following requirements:

- Must be 18+ years old.
- Must have been a South Shore Bank client prior to Aug. 1, 2020.
- Must currently be a South Shore Bank client.
- Must have been employed prior to March 1,

2020.

- No more than \$15,000 in liquid assets
- Prior or current annual income must be less than \$100,000 (submit pay stub).
- Proof of lease, rent, or mortgage obligation (e.g., lease agreement, mortgage statement).
- Fully complete and submit the South Shore Bank

Community Fund Request Form

Learn more and request funds at <https://www.SouthShoreBankCommunityFund.com>.

Anyone with questions should contact the Quincy Chamber of Commerce at 617-471-1700 or email Melissa Burke at mburke@thequincychamber.com.

AAA: Gas Prices Down One Penny

Massachusetts's average gas price is down 1 cent from last week (\$2.08), averaging \$2.07 per gallon.

Monday's price is four cents lower than a month ago (\$2.11), and 49 cents cheaper than Nov. 9, 2019 (\$2.56). Massachusetts's average gas price is four cents lower than the national av-

erage.

"As some states increase travel restrictions and others roll back reopening processes, demand is positioned to weaken, though not likely drop as low as we saw in March and April," said Mary Maguire, AAA Northeast's Nov. 9 survey of fuel prices found the current national average to be 1 cent lower than last week (\$2.12), averaging \$2.11 a gallon.

NOTICE OF PUBLIC HEARING

Case ZBA 20-52

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 1, 2020 @ 5:30 P.M. to consider the application of KEVIN GILLESPIE & IRENE LUTTS for a VARIANCE to construct a small addition in violation of Title 17 as amended, Chapter 4.1 (dimensional requirements) on the premises numbered 25 CLIFF STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 1, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Meeting ID: 998 3904 8777

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 998 3904 8777

Passcode: 070733

Find your local number: <https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 11/12/20, 11/19/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-71

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 1, 2020 @ 5:30 P.M. to consider the application of JEAN CURRAN for a VARIANCE/SPECIAL PERMIT FLOOD PLAIN to raze the existing structure and construct a new structure with less than required front yard setback to maintain existing garage in violation of Title 17 as amended, Chapter 4.1 (dimensional requirements) and Chapter 8.1 (flood plain overlay district) on the premises numbered 30 ELCOTT ROAD, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 1, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Meeting ID: 998 3904 8777

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 998 3904 8777

Passcode: 070733

Find your local number: <https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 11/12/20, 11/19/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-67

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 1, 2020 @ 5:30 P.M. to consider the application of DANIEL & MARGARET COLETTI for a VARIANCE to construct a small addition by extending the porch footprint in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered 35 AMES STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 1, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Meeting ID: 998 3904 8777

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 998 3904 8777

Passcode: 070733

Find your local number: <https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 11/12/20, 11/19/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-69

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 1, 2020 @ 5:30 P.M. to consider the application of 1269 SEA STREET, LLC for a VARIANCE to construct a single family home on the vacant lot in violation of Title 17 as amended, Chapter 4.4.3 (certain districts abutting residence districts) on the premises numbered 1260 SEA STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 1, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Meeting ID: 998 3904 8777

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 998 3904 8777

Passcode: 070733

Find your local number: <https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 11/12/20, 11/19/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-70

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 1, 2020 @ 5:30 P.M. to consider the application of 1269 SEA STREET, LLC for a VARIANCE to construct a two family home on the vacant lot in violation of Title 17 as amended, Chapter 4.4.2 (special requirements) on the premises numbered 1266 SEA STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 1, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Meeting ID: 998 3904 8777

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 998 3904 8777

Passcode: 070733

Find your local number: <https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 11/12/20, 11/19/20

NOTICE OF PUBLIC HEARING

Case ZBA 20-57

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, December 1, 2020 @ 5:30 P.M. to consider the application of EDMUND A. ALLCOCK for a ADMINISTRATIVE APPEAL on the Building Inspectors refusal to revoke the occupancy permit issued to the American Legion Post 95 in violation of Title 17 as amended, Chapter 9.1.6 (appeal to the board of appeals) on the premises numbered 500 WASHINGTON STREET, UNIT A, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Dec. 1, 2020 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Meeting ID: 998 3904 8777

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 998 3904 8777

Passcode: 070733

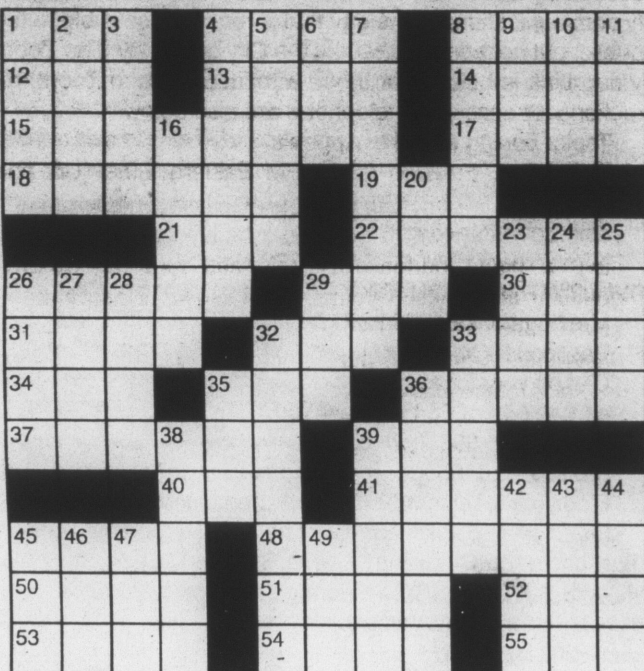
Find your local number: <https://zoom.us/j/99839048777?pwd=cVVLWW50eTBRC0VHc2lWTHVpSk02UT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 11/12/20, 11/19/20

SUN FUN PAGES

King Crossword

- ACROSS**
- Witticism
 - Out of danger
 - "Price is Right" guesses
 - Exist
 - Vacation
 - Traditional tales
 - Scout festival
 - Black gem
 - Woolly beast
 - Kanga's kid
 - Firmament
 - Cavort
 - Wander off
 - Potent stick
 - Inventor
 - Whitney
 - Implement
 - "Gosh!"
 - Small combo
 - In times past
 - Support system?
 - Dud on wheels
 - Panda's lunch
 - Neely of hockey fame
 - Debtor's let-
- DOWN**
- Naked Goya subject
 - Exam format
 - Sub for a vacationer
 - Thicket
 - Impressive grouping
 - "A pox on thee!"
 - Ornate centerpiece
 - Become a flower
 - Tiny bit
 - Parch
 - Gender
 - metabolism
 - Feedbag morsel
 - Highway shoulder
 - Hodgepodge
 - MGM mascot
 - Impale
 - Frat party garb
 - Leeway
 - Afternoon social
 - Julius Marx
 - Beat
 - Halloween cry
 - 11th Greek letter
 - Product of one's labor?
 - Ship of the desert
 - Rewrite
 - Carousel, e.g.
 - Relaxation
 - Crafty
 - Chart format
 - Dos Passos trilogy
 - Have a bug



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MAGIC MAZE • POLITICAL JARGON

A A X V S Y Q N E K I T F D A
E S X V T Q A C O M J U H F C
A T Y W U R A W P N L O J H F
G R A S S R O O T S D L B Z X
V A T T E R E Q I L O I K M K
I W H S S U F D D D E A R B Z
Y V R W L G V T N R Q B A O N
L O K B I L N N U E H F M K D
H T H G I R O I P C T A R A Z
X E W V U S R P W Q O X A E N
M K J I H F E S D S T F E L B

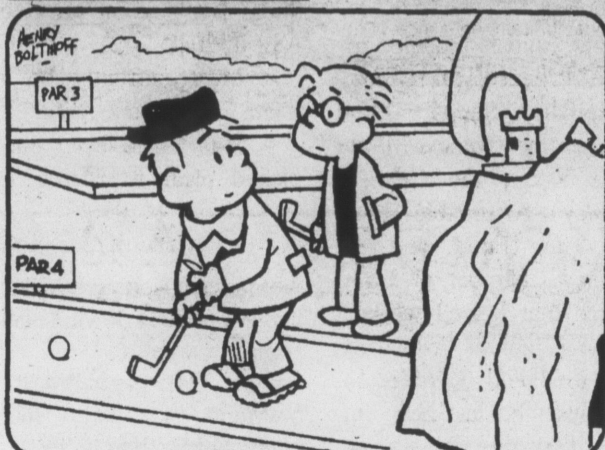
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: Rescue a Failing Company

Beltway	Grassroots	Polls	Spin
Blue	Horse race	Pundit	Straw vote
Earmark	Leak	Red	Swing state
Extender	Left	Right	

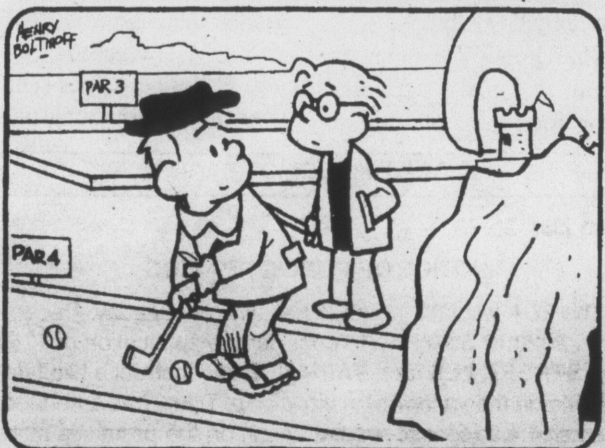
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Boy's hat is longer. 2. Some distant trees are missing. 3. Par sign has moved. 4. Golf balls have become baseballs. 5. Golf club is longer. 6. Boy's hat is different. 7. Castle has a flag.

Trivia test

by Fifi Rodriguez

- GEOGRAPHY:** The country of Equatorial Guinea lies on which continent?
- MOVIES:** Which 1989 movie contains the line, "Have you ever danced with the devil by the pale moonlight?"
- U.S. STATES:** Which state's official flower is the Rocky Mountain Columbine?
- LITERATURE:** Which 17th century Spanish novel includes the line, "Wit and humor do not reside in slow minds?"
- HISTORY:** How many crewed moon landings has the United States made so far?
- TELEVISION:** Which 1980s sitcom features a character named Al Bundy?
- LANGUAGE:** What action is described in the term nephelococcygia?
- GENERAL KNOWLEDGE:** What color is cyan?
- MUSIC:** Which group had the 1989 hit "Love Shack"?
- ANATOMY:** What is a goiter?

Answers

- Africa
- "Batman" (The Joker)
- Colorado
- "Don Quixote"
- Six
- "Married ... With Children"
- Finding shapes in clouds
- Greenish blue
- The B-52's
- Enlargement of the thyroid gland

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Wishing Well®

4 3 2 8 2 4 7 6 4 3 4 8 4
R W B C R E A F L I Y O O
3 6 8 4 5 8 6 3 4 7 2 6 7
S O N N G T R D G N E G O
8 6 3 4 6 3 8 3 4 8 4 7 5
E I O O V M N I O T D L R
7 8 3 2 6 4 3 8 7 8 2 8 5
D E S A E T Y D F L K I E
7 2 3 7 5 8 2 4 5 7 4 6 3
L N O A A F O A T M S E U
4 7 6 7 4 8 3 6 7 5 6 3 5
T E N C E E R E A J M S O
2 7 5 2 5 6 2 7 6 7 2 6 2
R L Y U S I L L E S E S S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Your ruling planet, Mars, allows you to assume a sense of command that can help you turn a chaotic workplace situation into one that's orderly, productive and, yes, even friendly.

TAURUS (April 20 to May 20) Getting a relationship that's been stuck in a rut up and running again depends on how far you want to run with it. Be honest with yourself as you consider which decision to make.

GEMINI (May 21 to June 20) Be wary of rumors that seem to be coming from everywhere this week. Waiting for the facts before you act means never having to say you're sorry you followed the wrong lead.

CANCER (June 21 to July 22) A difficult personal matter might prompt you to turn to a trusted friend to help you sort through a maze of emotional conflicts. The weekend should bring some welcome news.

LEO (July 23 to August 22) Some of the new people coming into the Lion's life could play pivotal roles in future personal and professional matters. Meanwhile, an old friend might have an important message.

VIRGO (August 23 to September 22) A delay in getting things moving on schedule can be a blessing in disguise. Use this extra time to do more research so you can buttress any of the weaker points with solid facts.

LIBRA (September 23 to October 22) You might need to get involved in a personal matter before it becomes a

serious problem. Also, be wary of someone offering to mediate, unless you can be sure of his or her motives.

SCORPIO (October 23 to November 21) Taking sides in a workplace or domestic dispute could prolong the problem. Stay out and stay cool. Then you can be friends with both parties when things settle down.

SAGITTARIUS (November 22 to December 21) A friendship has the potential to become something more, and with this week's aspects favoring romance, you might feel that this possibility is worth exploring.

CAPRICORN (December 22 to January 19) The new job you want might require you to relocate. If so, keep an open mind and weigh all the positives and negatives before making your decision.

AQUARIUS (January 20 to February 18) A new relationship seems to be everything you could have hoped for. Congratulations. Meanwhile, it's not too early to get some feedback on that new project you're working on.

PISCES (February 19 to March 20) You might have decided to get out of the fast-moving current and just float around hither and yon for a while. But you might find that the new opportunity is too tempting to turn down.

BORN THIS WEEK: You believe in bringing out the best in people with kind deeds, loving words and recognition of their "special" selves.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: I equals F

JAN CGC VTUNZ JR YNVXN JAN
PRCXNCJ, LGJ TAN IRGCZ KJ
ZKIIPGYJ JR TAVUN JAN AVLKJ.

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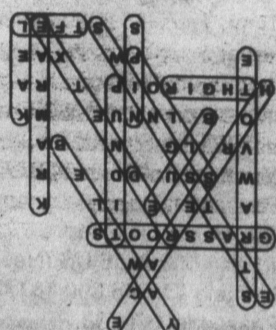
King Crossword

Answers

Solution time: 27 mins.



Magic Maze ANSWERS:



CryptoQuip answer

difficult to shake the habit. The nun asked to leave the

N
O
V

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2
0

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- What is the future of movie-going? Will we ever feel safe in a theater, watching a film, or will we settle for the biggest screens we can put into our homes? If the many streaming platforms have their way, they'll buy up big films that were postponed from release because of the pandemic. "Wonder Woman 1984," the 007 epic "Die Another Day," "A Quiet Place: 2" and "Top Gun: Maverick" all pushed their theater openings back. The Eddie Murphy/Arsenio Hall "Coming to America" sequel threw in the towel altogether and was scooped up by Amazon Prime as a streaming Christmas present for its subscribers. Reportedly, Amazon paid \$125 million for the privilege. Netflix co-CEO Ted Sarandos revealed that pandemic precautions are actually saving them money: "Cutting shooting times on the sets of series, such as the currently shooting 'The Witcher' and 'Sex Education,' are running more efficiently as people adapt to new ways of working. Actually, people are not falling prey to pre-pandemic illnesses such as flu because sets are better run, with fewer people, which keeps the trains running on time." Netflix also started shooting Jason Momoa's "Slumberland," with Chris O'Dowd and Kyle Chandler of "Friday Night Lights."

In 1983 I was asked to shoot some female stars of "The Young and the Restless" at Chippendales, which featured a revue of muscular male dancers stripping down to a G-string. I was told to have the photos approved by the owner of the club, Steve Banerjee, who liked my photos so much that he asked me to work for him. But he thought I would jump at the chance to work for \$25 a show, which of course, even in 1983 was ridiculous. I already knew that he was a shady character who you couldn't trust. His choreographer and partner, Nick De Noia, had been married to actress Jennifer O'Neill (of "The Summer of '42"). Now director Craig Gillespie ("I, Tonya" and the upcoming Disney film "Cruella") has cast Dev Patel as Banerjee and Ben Stiller as De Noia. Banerjee was later accused of De Noia's murder, and he hung himself in his jail cell while awaiting sentencing. I was wise to steer clear of those people.

"The Lost City of D," a "Romancing the Stone"-style film, will reteam Oscar-winner Sandra Bullock and "Deadpool" star Ryan Reynolds, who haven't worked together since 2009's "The Proposal." Ewan McGregor will star in the title role of the Disney+ single season six-episode series, "Obi-Wan Kenobi." It's set eight years after "Revenge of the Sith" and 11 years before "A New Hope." Wanna bet it goes more than one season and six episodes? After all, "The Force" is with it!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: **

* Moderate ** Difficult *** GO FIGURE!

	÷		+		14
-		x		÷	
	x		-		9
x		+		+	
	x		-		20
14		10		9	

1 3 4 5 6 7 8 9 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Victorian Cabinet -- The furniture you select for your first house is usually furniture that is as old as the house. A new modern house probably has lots of windows, high ceilings, kitchens and bathrooms made with marble. Most rooms are painted with either a mixture of very bright colors or a monotone shade of white or beige. Furniture looks like the first modern designs -- simple shapes, little carving or decoration, chairs made of bent wood and metal rods, and plain rectangular storage pieces and tables. Victorian furniture with dark wood, carved and gilt trims, and metal plaques, just doesn't fit in. When this 1870 American Renaissance-era cabinet was offered at auction (est. \$8,000 to \$12,000), there were few bidders. Moore, York, & Howell of Philadelphia, who exhibited at the 1876 Centennial Exposition, made it. A great example of American Renaissance furniture, over 5 feet high and just short of 5 feet wide, it is a good size for a Victorian room with an 8-foot-high ceiling and lots of wall space. So, while prices for early modern furniture have gone up, this cabinet, bought at a 2007 auction for \$18,000, was featured in a well-advertised, well-run auction this year and didn't sell.

Q: My mom had some paintings from her childhood and before I dispose of them, I'm trying to determine if they have any value. Where can I go to see if they are worth anything? These would be from the 1930s or '40s.

A: If the paintings are signed, search the artist's name on the internet to see if other paintings by that artist have sold.

You can also contact dealers who sell paintings to see if they have heard of the artist. Prices for paintings by artists that aren't well-known depend on the desirability of the subject and the skill of the artist. That said, some people buy paintings just because they like the colors and need something that size to fill space on a wall. If they are paintings, not copies (prints), they would have to be seen by a knowledgeable person to be appraised.

CURRENT PRICES

Vaseline glass pickle castor, silver plate frame, fans, C-scrolls, finial, marked Bersh, 11 inches, \$180. Game box, rosewood, S-scrolls, flip-top compartments, escutcheon, hinges, 7 x 17 inches, \$240. Sign, Maserati, logo, round, red, white, blue, porcelain, 12 inches, \$345. Tiffany & Co. cup, silver, marching children's band, flute, tambourine, hand cart, trees, 3 1/2 x 4 inches, \$510.

TIP: Never stop a music box in the middle of a tune. If the box is later moved, there is more likely to be damage to the spikes on the cylinder if it is not at the end of a song.

"Kovels' Antiques & Collectibles Price Guide" -- the all new 2021 edition -- is now available in bookstores and online, or visit www.Kovels.com for a special offer.

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STICKELERS

by Terry Stickels

Bill's brother was telling him how good he was at math. Bill thought he would give his brother a puzzle in order to find out. Bill said, "I have several coins in my pocket. All but three are pennies. All but three are nickels. All but three are dimes, and all but three are quarters. How many coins do I have?"

His brother answered within 10 seconds, convincing Bill that he was good at math. How many coins did Bill have in his pocket?

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Strange BUT TRUE

* Deceased scientists and researchers who have contributed to the study of Mars will, in a sense, live forever on the red planet: Craters larger than 37 miles are named in their honor.

* Hans Steininger, who is said to have had the longest beard in the world, died in 1567 from tripping over that beard while running from a fire.

* The blue whale is earth's largest living creature, surpassing even most dinosaurs. Not only can it reach over 100 feet in length and weigh more than 100 tons, but its heart can tip the scale at 1,300 pounds and is the size of a small car, while its arteries are big enough for a full-grown human to swim through -- not that we recommend you go for a swim and attempt it.

* In 2007, Iran claimed 14 squirrels found near the nation's borders were actually spies.

* New York City's Flatiron building used to cause

enough downdrafts to lift the skirts of women passing by, giving a then-daring view of their legs and ankles. The phenomenon resulted in groups of young men regularly gathering on 23rd Street to watch.

* People with autism are less likely to catch yawns.

* The record for most times being hit by a baseball pitch -- a whopping 287 -- belongs to Hughie Jennings, who finally got smart and retired in 1918.

* A bizarre form of Victorian-era entertainment was the "Fasting Girl." Young women appeared in public exhibits and dazzled spectators with claims that they ate nothing at all. Obviously they munched in secret and most were eventually caught at it, though, tragically, some starved to death in a bid for authenticity.

Thought for the Day: "What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others." -- Pericles

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Now here's a tip!

by Jo Ann Derson

* This is a wonderful tip received via e-mail: If you have a panic button for your car alarm, keep your keys by the bedside. If you experience a problem during the night, trip the panic alarm. Let your trusted neighbors know about your intention, and they will be able to assist you.

* "Great gravy is only a plastic bag away! This is my tip for separating the fat from pan drippings to make gravy. I take a quart-size plastic bag and set it in a glass measuring cup. Pour the pan drippings through a strainer, right into the bag. Let it sit for 15-20 minutes, and the fat will separate to the top. Seal the bag, and snip a small hole in a bottom corner, drain the liquid into a saucepan to make gravy. It's that easy." -- T.C. in Idaho

* Whenever I am baking and the recipe calls for, say, 1 cup of honey (or some other sticky substance), I used to pour the honey into the measuring cup but then

have a hard time getting all the honey back out of the cup and into the mixing bowl. Now I rinse the measuring cup with water right before measuring, or spray with nonstick cooking spray. It slides right out!

* To create a self-watering area for potted plants while you are on vacation, set plants in the bathtub or in a kiddie pool and use a length of cotton rope to wick water from the bathtub to the plant's roots. You can either stick it up the holes in the bottom of the pot or dig it down a few inches into the soil. This should get you by for a week or so.

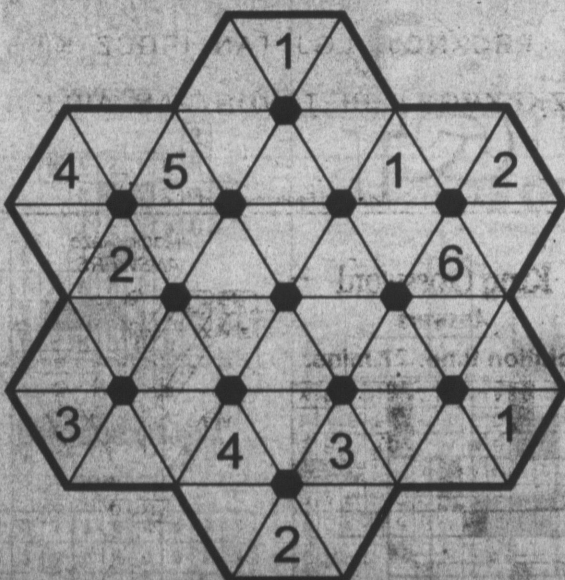
* If you have a table that's wobbly because of an uneven leg, and you are a wine drinker, you're in luck. Take a wine cork, cut it in small slices and glue the slices to the uneven leg until the table no longer wobbles. Easy!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



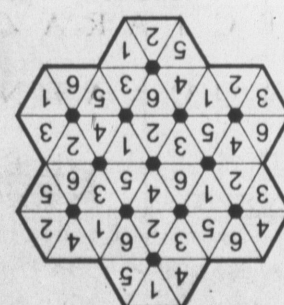
DIFFICULTY THIS WEEK: ◆◆◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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SNOWFLAKES

solution



Go Figure!

answers

9	10	14
20	8	7
+	+	x
9	9	3
÷	x	-
14	9	5

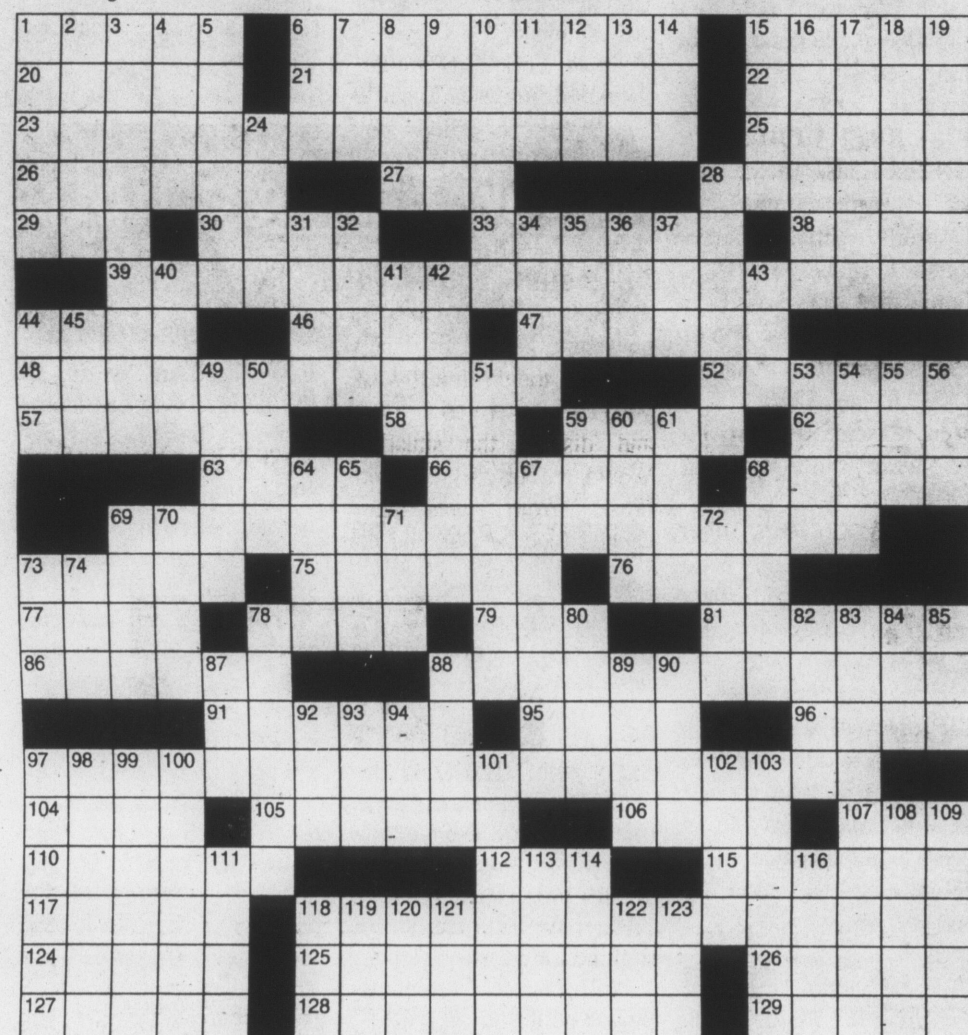
Stickelers Answer

Bill had four coins in his pocket -- one penny, one nickel, one dime and one quarter.

Super Crossword

ATROCIOUS
TUNES

- ACROSS**
- 1 Talk big
 - 6 Generally speaking
 - 15 Lhasa — (little dogs)
 - 20 Ed of "Gus"
 - 21 Small drying item on a bathroom bar
 - 22 Obama's successor
 - 23 Start of a riddle
 - 25 Have a blast
 - 26 "Yummy!"
 - 27 "Exodus" actor Mineo
 - 28 Lyric forgetter's syllables
 - 29 "Yippee!"
 - 30 "Forbidden" perfume
 - 33 Common pet lizard
 - 38 Warlike deity
 - 39 Riddle, part 2
 - 44 India's place
 - 46 Brand of contact lens cleaner
 - 47 Place to exit
 - 48 Riddle, part 3
 - 52 Unfurled, e.g.
 - 57 Former Disney head
 - 58 Uncle, in Spain
 - 59 Depict by drawing
 - 62 Met maven
 - 63 No, in Essen
 - 66 — bow (upper lip shape)
 - 68 A-list person
 - 69 Riddle, part 4
 - 73 "Neon" fish in a tank
 - 75 Naturally illuminated at dusk
 - 76 Duel weapon
 - 77 Baldwin of "Andron"
 - 78 Morse E's
 - 79 Jet grounded in '03
 - 81 "— Fideles"
 - 86 West Texas city
 - 88 Riddle, part 5
 - 91 Munchkin
 - 95 Farm baby
 - 96 Crimson and carmine
 - 97 End of the riddle
 - 104 Actress Tara
 - 105 Write the score to
 - 106 Polo of "The Fosters"
 - 107 Time of note
 - 110 Official seal
 - 112 — Na Na
 - 115 Lopsided
 - 117 Lopsided
 - 118 Riddle's answer
 - 124 Plow maker
 - 125 Consensus
 - 126 Acting teacher
 - 127 "90210" actor
 - 128 Quality of sharp pain
 - 129 Ex-NFLer
 - 161 Actor's Mena
 - 162 Egg dish
 - 163 Belly flop result
 - 164 Fake display
 - 165 "The Far Side" cartoonist
 - 166 Hamilton dueler Aaron
 - 167 Web surfer, say
 - 168 Great joy
 - 169 Brand of fleecy boots
 - 170 — Lingus
 - 171 Vegas-to-Helena dir.
 - 172 Violin virtuoso
 - 173 Hilary
 - 174 Having a shot to win
 - 175 Shaped like a die
 - 176 Purported psychic gift
 - 177 Suffix for an enzyme
 - 178 Fashion's Anna —
 - 179 Skin dye
 - 180 State north of Calif.
 - 181 Like a boor
 - 182 Blissful site
 - 183 Aswan's river
 - 184 Woman in 53-Down
 - 185 Little bit
 - 186 Whence one wicked witch
 - 187 Concept, in Calais
 - 188 New car sticker fig.
 - 189 Words in an analogy
 - 190 Food box datum: Abbr.
 - 191 Miniature couch for a pooch
 - 192 Female college students, outdressed
 - 193 One foot forward
 - 194 Two-tone whale
 - 195 Part of HRH
 - 196 52-week unit
 - 197 — Bo (fitness option)
 - 198 Certain pipe fitting
 - 199 Neglects to
 - 200 "How Great — Art"
 - 201 To be, in Le Havre
 - 202 Vile villainesses
 - 203 Danson of "Mad Money"
 - 204 Gp. activated by a 911 call
 - 205 Snoop (on)
 - 206 Whence one wicked witch
 - 207 Whence one wicked witch
 - 208 Sheltered from the wind
 - 209 Immodesty
 - 210 Saturated
 - 211 Abbr. at LAX
 - 212 Pinball parlor
 - 213 Hires out
 - 214 Wire arch on a croquet course
 - 215 Hold fast
 - 216 Tabloid monster moniker
 - 217 In — (stagnant)
 - 218 Karaoke problem
 - 219 Fleming of opera
 - 220 Spitting nails
 - 221 Lambs' mothers
 - 222 Many a carol
 - 223 See 122-Down
 - 224 Within: Prefix
 - 225 In the role of (Lat.)
 - 226 Dad's bro
 - 227 — de cologne
 - 228 House pest
 - 229 With 114-Down, "Not true!"
 - 230 Part of CBS: Abbr.



Celebrity extra

by Dana Jackson

Q: I've watched most seasons of "The Bachelorette," but not all of them. Has the woman ever proposed to the man, or has it always been traditional, with the man getting down on one knee? — T.I.

A: No, each season, the star of "The Bachelorette" has been the one in control of choosing her suitors the entire season, but none of them has presented a ring from her pocket.

Longtime host Chris Harrison told E!Online that he would love to see the woman take charge someday by getting down on one knee ... "and she pulls out a Chris Harrison collection line ring and delivers the proposal. Why not, right? We talk about equality, we talk about all these things, and I get it -- at the end of the day, there are certain traditions that we love. It's not a bad thing, but maybe someday that will be a part of the show. I would love to be there for that moment."

You probably paused when you read the words "Chris Harrison collection line ring." Yes, Harrison has his own line of wedding rings for men, and he actually envisions men switching out their rings every day like

women do with purses. You can check them out at www.manlybands.com.

The current season of "The Bachelorette" is unusual in that the decider, Clare Crawley, abruptly exits the show before the season is finished. (I won't give away what happens in case her final episode airs before you read this).

Q: When will new episodes of "The Blacklist" and "Blue Bloods" return? — J.S.

A: Most season premieres have been delayed until mid- or late November, and NBC's "The Blacklist" is no exception. It stars James Spader and will begin its eighth season Friday, Nov. 13. "Blue Bloods," starring Tom Selleck, is still going strong after a decade and will have an abbreviated season of 16 episodes. Its premiere date hasn't been announced, but CBS is holding its Friday 10 p.m. ET timeslot in anticipation.

Q: What was the name of the half-hour soap on CBS after "The Young and the Restless"? It was on for a few years before "The Bold and the Beautiful" replaced it. — L.J.

A: "Capitol," which aired from 1982 to 1987, was the daytime soap that preceded "B&B." It had a special primetime premiere before airing in its weekday afternoon timeslot on CBS.

"Capitol" was set in Washington, D.C., and involved



Clare Crawley in "The Bachelorette"
Photo credit: ABC/
Maarten de Boer

an ongoing feud between the McCandless and Clegg families. The two matriarchs were played by Constance Towers, who would later go on to play Helena on "General Hospital," and Marla Adams, who just concluded her run on "Y&R" as Dina.

What many people don't know is that the late James Lipton, who eventually hosted "Inside the Actor's Studio," started out as a writer for soaps, having been the head writer of "Guiding Light," "Another World" and "Capitol."

"Capitol" was never as big a hit as its lead-in, "Y&R." After its cancellation, "B&B" quickly debuted in its place and has been going strong for 34 years.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFW5, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|----------------------|-----------|--------------------|-----------|
| 1. Coast | — H — — — | Tally points | — C — — — |
| 2. Wide or dense | — — — C — | Ponder | — — — N — |
| 3. Green Bay player | — A — — — | Prepare to kiss | — U — — — |
| 4. Lamp dweller | — — — I — | Artistic category | — — — R — |
| 5. Baseball official | U — — — — | Regal realm | E — — — — |
| 6. Homer's language | — — — — K | Kermit's color | — — — — N |
| 7. Squeaky rodent | — — — U — | Bullwinkle, e.g. | — — — O — |
| 8. Fail to recall | — — — — T | Copied a signature | — — — — D |
| 9. Runway walker | M — — — — | Swiss song | Y — — — — |
| 10. Fall chore | — — — K — | Rampant | — — — G — |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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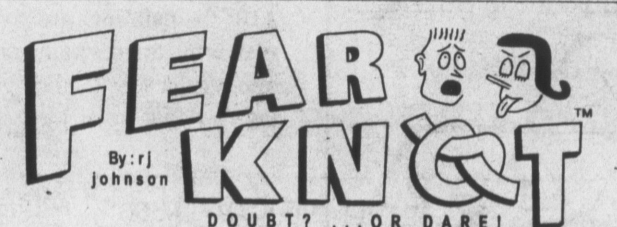
Super Crossword

Answers

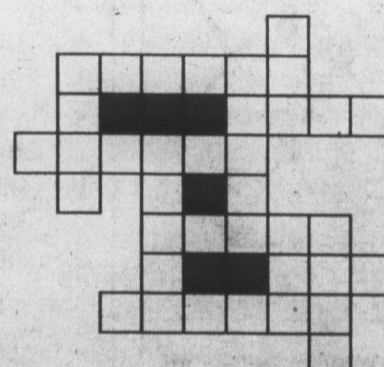


Even Exchange answers

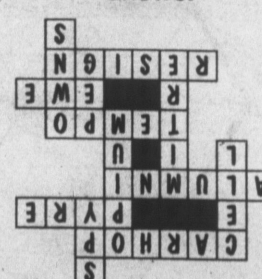
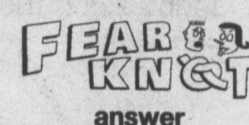
- | | |
|---------------------|-------------------|
| 1. Shore, Score | 5. Umpire, Empire |
| 2. Thick, Think | 4. Genre, Genre |
| 3. Packer, Pucker | 3. Packer, Pucker |
| 4. Greek, Green | 2. Thick, Think |
| 5. Umpire, Empire | 1. Shore, Score |
| 6. Genre, Genre | 4. Genre, Genre |
| 7. Mouse, Moose | 3. Packer, Pucker |
| 8. Forget, Forged | 2. Thick, Think |
| 9. Model, Yodel | 1. Shore, Score |
| 10. Raking, Ragging | 5. Umpire, Empire |



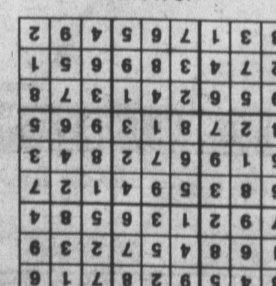
- EPG
- ORPACH
- OMEPT
- REPY
- GRENIS
- EEW
- LCLE
- RIEMT
- SYN
- NALIUM
- MUPIO
- NOSW



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♦) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU Answer



N
O
V

1
2

2
0
2
0

Amber Waves



Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Bristle
BULBETS

Current
MASTER

Attendance
MURUQO

Riches
THELAW

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

2	2	3	4	5	5
5	3	3	1	5	6
3	4	1	5	2	4
4	6	5	3	5	1
4	1	5	3	6	2
6	5	5	2	1	6

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Downgrading Cat's Fresh Food Diet

DEAR PAW'S CORNER: I was furloughed from my job in April and have been getting by on savings and an unemployment check. With no new job yet, I need to drastically cut back expenses to get through this winter. My cat "Silk" is 9 years old and eats a special diet of prescription canned food plus fresh pet food from the grocery. Will she stay healthy if I temporarily replace her diet with a commercial cat food? -- Henry in Worcester, Massachusetts

DEAR HENRY: Thank you for putting Silk first in your household budget, especially in these tough times! Give your cat's veterinarian a call and discuss the situation. Would a four- to six-month break from prescription canned food be OK, and not

threaten Silk's health? The answer depends on the condition for which she's eating special food.

You can probably stop buying those prepackaged fresh pet foods for your cat, at least until you get financially back on track. Instead, prepare a few days' worth of fresh cat food at home by steaming rice, peas and a protein like chicken or tuna until fully cooked (do not add spices or salt) and smashing together. Cool and store in the refrigerator.

Fresh food needs to be supplemented with a formulated cat food so that Silk gets key nutrients during this time. The veterinarian should be able to recommend an off-the-shelf cat food, either dry or canned, that will meet her needs for a few months. If she is taking medications as well, don't skimp on her medicines, and be sure to include them in your budgeting.

Send your tips, comments or questions to ask@pawscorner.com.

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TOP TEN VIDEO, DVD for release week of Nov. 9, 2020

- Top 10 Video Rentals
1. After We Collided (R) Josephine Langford
 2. An Imperfect Murder (R) Sienna Miller
 3. Cut Throat City (R) Shameik Moore
 4. Hocus Pocus (PG) Bette Midler
 5. Ava (R) Jessica Chastain
 6. Alone (NR) Jules Willcox
 7. Happy Halloween, Scooby-Doo (NR) animated
 8. Friendsgiving (R) Malin Akerman
 9. Trump Card (PG-13) Stephen Brodie
 10. Tim Burton's The Nightmare Before Christmas (PG) animated

Top 10 DVD, Blu-ray Sales

1. Hocus Pocus (PG) Disney
2. Back to the Future: The Ultimate Trilogy (PG) Universal
3. Tremors: Shrieker Island (PG-13) Universal
4. The Nightmare Before Christmas (PG) Disney
5. A Charlie Brown Christmas (TV-G) Warner Bros.
6. Beetlejuice (PG) Warner Bros.
7. It's the Great Pumpkin, Charlie Brown (NR) Warner Bros.
8. It: Chapter One (R) Warner Bros.
9. Batman: Death in the Family (R) Warner Bros.
10. Star Trek: Picard -- Season 1 (TV-MA) Paramount/CBS

Source: Comscore/Media Play News

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Hitori

9	2	5	5	9
2	9	3	5	4
6	2	3	5	4
1	5	3	5	4
4	1	5	2	4
6	3	3	1	5
5	3	4	5	5

SCRAMBLERS

Today's Word

3. Quorum; 4. Wealth

1. Stubble 2. Stream; solution

MORE FUN

COUCH THEATER DVD PREVIEW

Warning: Wholesome content ahead. You can always count on a well-written story to lighten your mood or touch your heart. And, darn it, sometimes you really need it. Here are a few films out in the past year that can give you an hour plus of escape into a better, more heart-touching world.

A Beautiful Day in the Neighborhood (PG) — Inspired by real life and written about a real-life inspiration, "A Beautiful Day in the Neighborhood" is a loving biopic of Fred Rogers (Tom Hanks). His story is told through the eyes of an emotional skeptic, Esquire magazine writer Lloyd (Matthew Rhys), who is assigned to write a short article on Rogers as a hero.

Jumanji: The Next Level (PG-13) — Spencer Gilpin, home on a college break and missing the confidence boost of being the buff Bravestone of Jumanji, jumps right back into the game. His squad (Bethany, Fridge and Martha) hatch a plot to go after Spencer, but Spencer's grandpa Eddie (Danny DeVito) and Eddie's estranged business partner Milo (Danny Glover) are sucked into the game, too. With mixed-up avatars and some fun new additions (Awkwafina joins as new avatar Ming Fleetfoot), this fantasy comedy delivers a racing pace, some rollicking good laughs and a surprisingly sweet ending.

Little Women (PG) — This treasured classic tale of the March sisters has been brought back again by director Greta Gerwig ("Ladybird"), adapted from Louisa May Alcott's novel and writings. It's a simple coming-of-age tale, from the perspective of Jo (Saoirse Ronan), the family writer, who chronicles her and her

sisters' journey to independence. An all-star cast deliver performances that keep this Civil War-set tale as relevant and endearing as it ever was.

Secret Life of Pets 2 (PG) — Just when the neurotic Max (now voiced by Patton Oswalt) was getting used to another dog in the family, along comes a baby to look after! When his family sets off for a visit to the country, a sheepdog named Rooster (Harrison Ford) teaches Max to find his inner courage in the face of change.



Scene from "Secret Life of Pets 2"

Snowball the bunny (Kevin Hart) pairs with a Shi Tzu named Daisy (Tiffany Haddish) to rescue an adorable white tiger named Hu. These and other storylines converge in a chuckle fest of an ending that the kids will mightily enjoy.

Frozen 2 (PG) — Queen Elsa's magic has always been a source of wonder. A mysterious force beckons her from a shrouded forest, threatening Arendelle itself and sending Elsa (Idina Menzel) and Anna (Kristen Bell) off into the unknown for answers, with Kristoff (Jonathan Groff) and Olaf (Josh Gad) in tow. They find out more than they bargained for, including revelations from the past and the rediscovery of some forgotten people. The showstopper songs — "Into the Unknown" and "Show Yourself" — are every bit as powerful as Frozen's "Let It Go." You'll be singing it for days.

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Contract Bridge

THE BATTLE FOR TRUMP CONTROL

South dealer.

East-West vulnerable

NORTH

♠ K 3 2
♥ 6 5 4 2
♦ 10 5
♣ A 6 5 3

WEST

♠ Q 10 8
♥ A K Q 8 3
♦ K 8
♣ J 7 2

EAST

♠ 9 7
♥ J 10 7
♦ 7 6 4 2
♣ Q 10 8 4

SOUTH

♠ A J 6 5 4
♥ 9
♦ A Q J 9 3
♣ K 9

The bidding:

South 1♣ West 2♥ North 2♣ East Pass

Opening lead — king of hearts.

A common method of defense against a suit contract is to try to short-cut declarer's trumps by forcing him to ruff. This is most likely to be effective when declarer and dummy together have only eight (or fewer) trumps.

Here is a typical case. South ruffed the second round of hearts, led a low spade to the king and finessed the jack on the return, losing to West's queen. West led another heart, and declarer ruffed again. He was now down to the lone ace of spades in his hand, having

led trumps twice and ruffed twice.

After drawing West's last trump, declarer crossed to the club ace, led the ten of diamonds and finessed. West won with the king and cashed two hearts to defeat the contract two tricks. The repeated heart leads had exhausted South's trumps and brought about his downfall.

But analysis shows that South did not handle the situation in the best manner. He could have made his game by exercising better trump control. After ruffing the heart at trick two, he should have played a club to the ace and finessed the ten of diamonds before tackling the trump suit.

If the finesse wins, the contract is virtually assured. If the finesse loses, South is in a much better position to deal with the heart return. He ruffs and still has the A-J-6 of spades as well as the established diamonds.

A low trump to the king is followed by a trump to the ace, deliberately rejecting the finesse. When West follows suit, the contract becomes a certainty, even though the trump queen is still outstanding. Declarer simply runs his tricks in the side suits, losing only a trump whenever West (or East, if he has the queen) elects to ruff.

In effect, South plays for a normal 3-2 trump division instead of yielding to the temptation of winning a trump finesse. Percentagewise, this offers him the best chance of success.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

RIDDLE SEARCH — HOLIDAY BUFFET

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: What mythical vegetable is served at Thanksgiving dinner?

BAKED HAM

BEETS

BREAD

BRISKET

CHICKEN

CIDER

COLE SLAW

DONUT

PASTA

ROAST BEEF

SALAD

SQUASH

SUSHI

TART

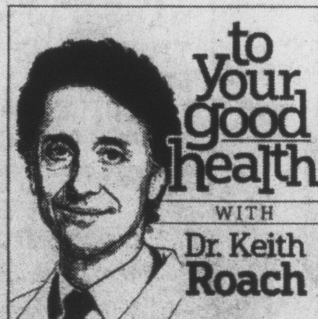
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Riddle answer: _____



False Positives Plague Lung Cancer Screening

DEAR DR. ROACH: I'm a 74-year-old female who smoked a pack a day for 40-plus years, having quit smoking about 18 years ago. As a precaution, I asked my primary doctor to order a screening CT scan, knowing that I'm a candidate for lung cancer. The results showed a 3-mm nodule in one lung, and I was advised not to worry and that my doctor would order another CT scan in six months. I can't help but wonder if this is cancer and if an oncologist, after six months, will ask me why I waited so long to see him. — T.W.

ANSWER: Medical professionals have been attempting to screen for lung cancer for decades. Chest X-rays proved insensitive: By the time cancer could be seen on X-ray, it was usually too late to do anything about it. CT scans are much more sensitive (maybe too sen-

sitive; see below), and studies have shown that some lives will be saved with a screening program. However, the number of people who would benefit is relatively small; 256 moderate-to-heavy smokers would need yearly screening for three years in order to prevent one lung cancer death.

There are two other significant concerns about lung cancer screening. The first is the issue you have now: an abnormal result and what to do about it. It's extremely common. Almost 25% of scans will be abnormal, and 96% of the abnormal results will be false positives. But it will require multiple scans and sometimes an invasive procedure to prove it. This means a great deal of anxiety among people who get the type of result you did.

The small size of your nodule means your risk that this nodule is cancer is much lower than 1%. A follow-up scan is the usual recommendation, and if the nodule is the same size or smaller, the chance of it being cancer is very close to zero. You should have had a careful explanation of the likelihood of false positive results before getting the scan. You should also have been warned of the possible need for a biopsy and the possible financial costs associated with follow-up testing.

The second concern is that current smokers who consider screening should receive intensive advice and help in quitting smoking. A negative CT scan is not a "clean bill of health" for a smoker and quitting remains the single most important thing most smokers can do for their overall health.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

Comfort foods

Made fast
and
healthy



by Healthy Exchanges

Walnut Peach Pie

Looking for something different to serve for dessert at your Thanksgiving table? Here's a simple peach pie using canned peaches.

- (4-serving) package Jell-O sugar-free vanilla cook-and-serve pudding mix
- (4-serving) package Jell-O sugar-free lemon gelatin
- (16-ounce) can sliced peaches, packed in fruit juice, drained and 1/2 cup liquid reserved
- 1/2 cup water
- 1/4 cup peach spreadable fruit
- (6-ounce) graham-cracker pie crust
- 2 tablespoons purchased graham-cracker crumbs or 2 (2 1/2-inch) graham-cracker squares, made into crumbs
- 1/4 cup Splenda Granular
- 1/4 cup chopped walnuts

1. Heat oven to 350 F. In medium saucepan, combine dry pudding mix, dry gelatin, reserved peach liquid, water and spreadable fruit. Stir in peaches.

2. Cook over medium heat until mixture thickens and starts to boil, stirring often, being careful not to crush peaches. Spoon hot mixture into pie crust.

3. In a small bowl, combine graham cracker crumbs, Splenda and walnuts. Evenly sprinkle crumb mixture over filling. Lightly spray top with butter-flavored cooking spray. Bake for 15 minutes.

4. Place pie plate on a wire rack and let set for 30 minutes. Refrigerate at least 1 hour. Cut into 8 servings.

HINT: A self-seal sandwich bag works great for crushing graham crackers.

• Each serving equals: 199 calories, 7g fat, 2g protein, 32g carb, 212mg sodium, 4mg calcium, 1g fiber; Diabetic Exchanges: 1 Starch, 1 Fruit, 1 Fat; Carb Choices: 2.

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- In what two Del Shannon songs do we hear a clavichord?
- Which artist released the 1978 hit "Shame"?
- Name the group that went through a number of name changes: Royal Charms, the Gladiolas and the Excellos.
- Who released "Black Is Black"?
- Name the song that contains this lyric: "Do you remember the 21st night of September? Love was changing the minds of pretenders."

Answers

- "Runaway" and "Hats Off to Larry" (1961). The clavichord is the electronic keyboard in the bridge solo. Listen for it also in "Telstar" by the Tornados.
- Evelyn "Champagne" King. The song is featured on "Grand Theft Auto: Vice City."
- Maurice Williams and the Zodiacs. They changed names after spotting a British-built Ford Zodiac while on the road in West Virginia.
- The Spanish band Los Bravos, in 1966, with German singer Michael Kogel as lead — not Gene Pitney, as many believed.
- "After the Love Has Gone," by Earth, Wind & Fire, in 1979. The song was originally written years earlier by David Foster for '50s crooner Jaye P. Morgan, but that album didn't do well. Earth, Wind & Fire took the song all the way to a Grammys win.

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Robust Real Estate Sales, Lending Numbers

Cont'd From Page 12

Governor's office, legislative leadership, the courts and other stakeholders trying to figure out if and when the moratorium on foreclosures and evictions will be put back in place. We at the Registry are sympathetic to those individuals and families who are facing a housing crisis through no fault of their own. It is our hope that the various financial and legal questions surrounding this issue can be worked out to everyone's satisfaction."

"Additionally, while we continue to closely track developments surrounding the foreclosure and eviction issue," O'Donnell continued, "the Norfolk County Registry of Deeds has been working in lockstep with Attorney General Maura Healey's office monitoring protections afforded to homeowners affected by the COVID-19 state of emergency. Again, we at the Registry of Deeds are very sensitive to how this pandemic has caused upheaval in people's lives, and in some cases negatively impacted homeowners' ability

to pay their mortgage."

The Norfolk County Registry of Deeds continues to partner with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Housing Solutions, 508-587-0950 to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

O'Donnell said, "If you are having an issue paying your mortgage, please consider contacting one of these agencies for help and guidance. Each of these agencies are staffed with professionals who can help."

Homestead recordings increased 24 percent during October.

"A Homestead," O'Donnell pointed out, "provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. I would urge anyone who has not availed themselves

of this important consumer protection tool to consider doing so."

In conclusion, O'Donnell said:

"By staying open for business during the COVID-19 pandemic, the Registry of Deeds has allowed the real estate market to thrive here in Norfolk County. Despite fears expressed by many back in March and April, real estate sales numbers and lending activity have remained strong throughout the county. As evidenced by the figures seen in October, there is no sign this robust sales and lending activity will diminish anytime soon. As long as interest rates remain low, Norfolk County should experience a strong and viable real estate market. One area of concern is whether we are effectively eliminating the possibility of many working men and women and young couples from being able to afford housing costs in Norfolk County. There are no easy answers to this question as sales prices are being driven by market forces including a lack of available

housing stock."

While the Registry of Deeds building in Dedham remains closed to the general public, we at the Registry continue to serve our customers, the residents of Norfolk County and real estate professionals alike. By listening to health officials, we have practiced social distancing, made sure all staff is wearing masks and taken all other steps to ensure we remain open for business.

Documents are being recorded electronically for many of our institutional users. We are also receiving documents via regular mail, Federal Express and from those placed in our drop-off box located just outside our main entrance at 649 High St., Dedham, MA. As your Norfolk County Register of Deeds, please know how much I appreciate the cooperation, patience and understanding you have shown myself and the Registry staff while this pandemic has been ongoing. Working together, we will all get through this. Be healthy. Be safe."

To learn more about these and other Registry of Deeds like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call (781) 461-6101, or email register@norfolkdeeds.org.

Pie Sale To Benefit ISS

Sunday, Nov. 15 online worship will be at 10 a.m. on the Quincy Point Congregational Church page YouTube page.

Online Church School for all at begins on Sundays at 9:15 a.m. on The Quincy Point Congregational Church YouTube page. This week learn about the Israelites and "crossing the sea."

The next projected 'drive in' worship (weather permitting) will be on Nov. 22 in the parking lot at QPCC, 444 Washington St. The church will also be taking up a collection to help re-stock the shelves at Interfaith Social Services, so if you can help; bring a non-perishable food item.

The church is happy to announce that Rev. Ellen's famous apple pies will still

be made this year and a couple of Thanksgiving pie favorites will be added to the menu as well, pumpkin and mince. Links to the google order form can be found on the church's social media accounts or have a form emailed to you; send the request to office@quincy-pointcong.org. Orders must be in by Nov. 15 and pick up is available on a for a few days before Thanksgiving (see form).

Apple pies can be ordered frozen or baked fresh. Nine-inch pies are \$18 and five-inch pies are \$7. Proceeds will benefit Interfaith Social Services.

If you would like an advent workshop kit (advent wreath) or advent devotional at time of pick up just write it under the notes field on the order form.

Bethany Church

Bethany Congregational Church, 18 Spear St., corner of Coddington Street, conducts its regular Sunday service at 9:30 a.m. on Sunday mornings.

Rev. Patrick McCorkle will preach. Music will be provided by Paul Frazer, soloist. Church School classes for children are in session during the morning worship and will take place every other week. Next date for Church School is Nov. 22nd.

On Saturday, Nov. 14th (9 a.m. - 2 p.m.), there will be The Bethany Holiday Stroll and Rummage featuring Christmas and other holiday items, gift baskets and packaged baked goods. There will also be plenty of rummage and bargains. CDC guidelines will be adhered to: masks, social distancing and the number of people allowed into the sale area at any given time. The church is working with the City of Quincy's Health Department to ensure compliance.

For all events, masks

and social distancing are required. There is no group hymn singing or coffee hour. Masks and sanitizer are available. Areas in use are cleaned after every service.

If you would prefer to stay at home, the on-line service will be available at a later date, either on the Church website or on YouTube. To get to the Church website, type in: bethanyconchurch.org and scroll down to the very bottom to find the link to the most recent service. This will give you not only the church service, but the bulletin and other information about what's going on at Bethany. Or, you can go directly to YouTube and type in Bethany Church Quincy, Massachusetts to find all of the services.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the church website at broadhorizonsbethany.com or call 617-471-0022.

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy has an online remote worship service Sunday mornings.

Pastor David Choi will preach his sermon: "Harmony With Each Other" (Romans 15:4-6); reader will be Steve Monstaur.

The church online dial-in/web meeting weekly schedule is:

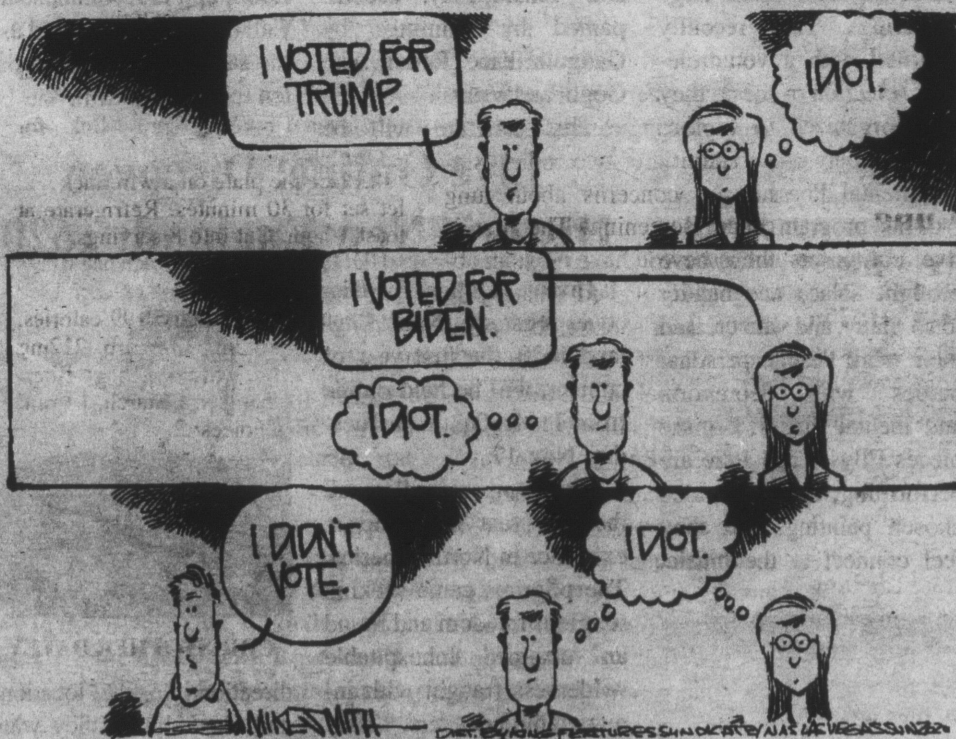
- Sunday - 10:30 a.m. worship service
- Wednesday - 6:30 p.m. Community Group Meeting - Gospel of John
- Thursday - 6:30 p.m. Bible Classes - Epistle of Paul to Romans
- Friday - 11 a.m. Prayer Group Meeting.

For seat reservation on Thanksgiving Day, Nov 22, contact Lewann Mina, the

church administrator, at (617) 472-0824 on Tuesday and Thursday.

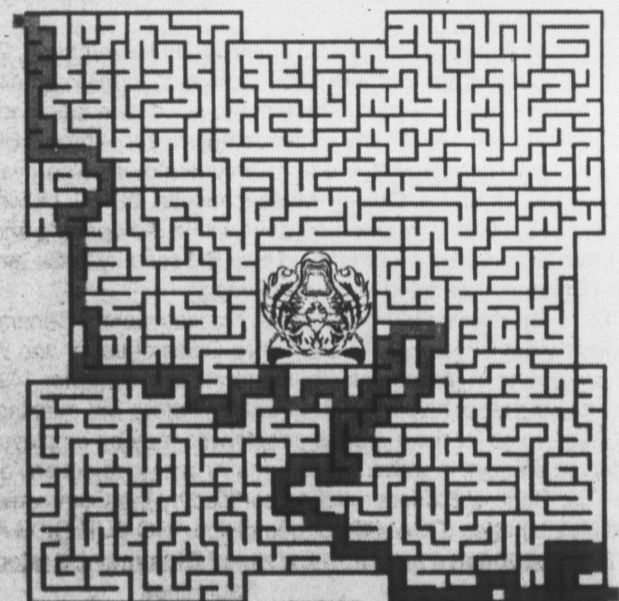
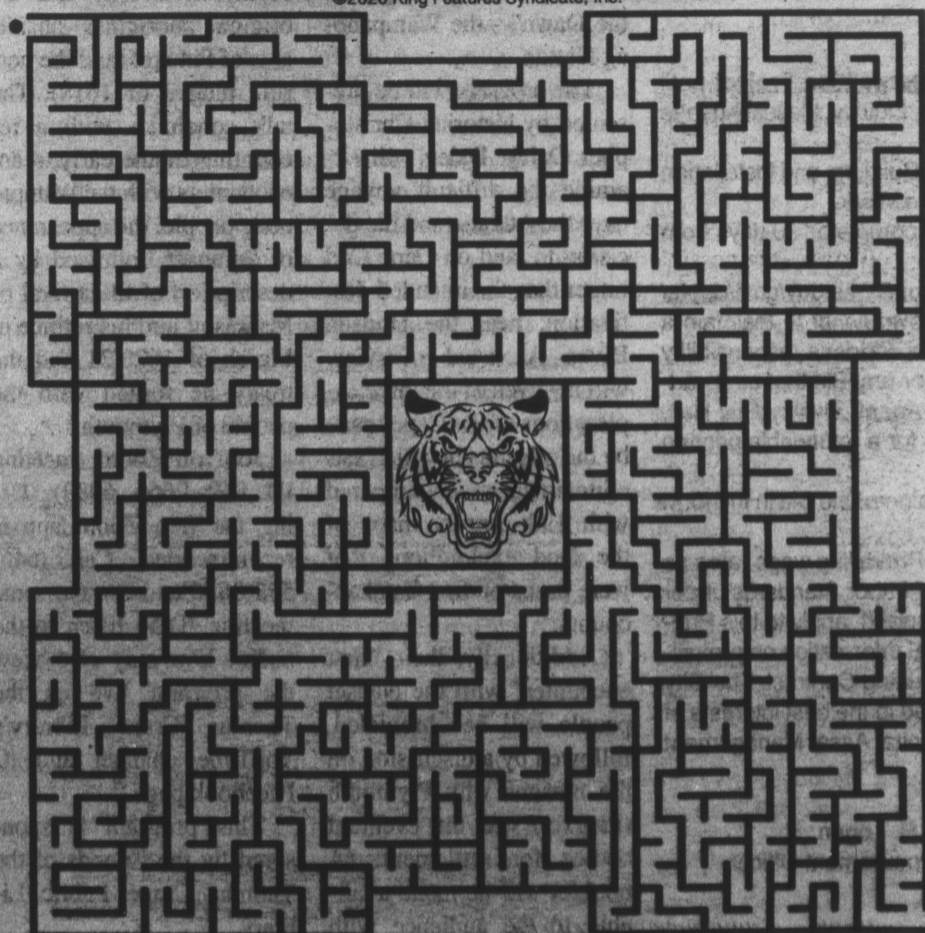
Go to the Home page of

the church website: www.firstbaptistchurchofwollaston.org/ to join online Sunday worship service and activities.



Mega Maze

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Mega Maze

Live Online: Bollywood Funk Dance Class

Everyone is invited to a class that will teach a mix of Bollywood movements from India, including hand gestures and mudras combined with hip hop moves.

It will be held online from 7 to 8 p.m. Monday, Nov. 16. The class will begin with a brief history of some of the origins of Bollywood dance and then participants will learn a new choreography. Movement will start with a small warm up and coordination exercises, including hand movements moving into the choreography.

Born and brought up in India, instructor Chavi Bansal started dancing professionally with Bollywood choreographer Ashley Lobo and his company "The Danceworx" in 2003. With the company, she has performed in many international film festivals including Indian international film festivals, performing repertoires from his Bollywood movies. Her curiosity to study dance led her to earn her BFA in modern dance



CHAVI BANSAL

and choreography from The Netherlands.

Currently, Bansal teaches a lot of Bollywood and modern dance classes around Boston. Her work in modern dance has been awarded and supported by The Boston Foundation, New England Foundation for the Arts, Mass Cultural Council, the Cambridge Arts Council, and others.

Join on Zoom (meeting

ID 884 2984 9272). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Thomas Crane Public Library's YouTube channel and on the library's Facebook page.

This program is made possible by the support of the Friends of the Thomas Crane Library.



BOLLYWOOD DANCE GROUP

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS

Thomas P. Koch
Mayor

Paul Hines
Commissioner of Public Buildings

INVITATION TO BID

The City of Quincy, Massachusetts is seeking sealed bids for the **24 Broad Street Building Demolition Project** until **11:00 a.m.** local time **November 25, 2020**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The Work under this Contract includes, but is not limited to, the demolition of the 24 Broad Street Building, and installation of a temporary parking area, and all materials, equipment, services, and construction inherent to the Work.

All Work under this Contract shall be substantially complete 60 days from Notice to Proceed and completed 90 days from Notice to Proceed.

Detailed specifications will be available on November 4, 2020 at no cost on-line at <https://www.quincyma.gov/depts/purchasing/bids.htm>. Bidders shall send a confirming email to "purchasing@quincyma.gov" to allow Owner to maintain a plan holders list. If Bidding Documents are downloaded and/or printed from Owner's website, it is Bidder's responsibility to check the website for any addenda before submitting a Bid. The Owner will not be responsible for any Bid that omits addenda acknowledgement. Bidding Documents are also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM for a refundable printing charge of \$100.00 if returned 10 days within Bid opening and in unused condition.

Each Bid shall be accompanied by a Bid security in the amount of five percent (5%) of the total value of the Bid in the form of a Bid bond or certified/treasurer's check.

The Project being bid is subject to Massachusetts General Laws, Chapter 149, Sections 44A-J. Prevailing wage rates as issued by the Director of the Executive Office of Labor and Workforce Development, Department of Labor Standards under the provisions of Massachusetts General Laws, Chapter 149, Sections 26 to 27D inclusive, as amended, apply to this Project. It is the responsibility of the Bidders, before Bid opening, to request if necessary, any additional information on prevailing wage rates for those trades people who may be employed for the proposed Work under the resulting Contract. The City reserves the right to waive any informality in or to reject any or all Bids when such an action is deemed in the best interests of the City. General Bidders must be certified by the Commonwealth of Massachusetts Division of Capital Asset Management and Maintenance (DCAMM) for demolition. **NO SUB-BIDS ARE REQUIRED FOR THE PROJECT.**

Non-responsive and/or unbalanced Bids may be rejected.

Thomas P. Koch

Mayor

11/12/20

Paul Hines

Commissioner of Public Buildings

Kathryn R. Logan

Chief Procurement Officer



A CONCERT featuring the duo Amie (Ellyses Kuan, piano and Julie Reimann, cello) will be shown online Nov. 19.
Courtesy Photos

Online Concert Nov. 19 Features Duo Amie-Music & The Mind

The public is welcome to join the debut performance of a brand new concert recently recorded inside the Thomas Crane Public Library from 7 to 8:30 p.m. Thursday, Nov. 19 online.

Duo Amie (Ellyses Kuan, piano and Julie Reimann, cello) played to a packed house at the library in March before the current pandemic shut down large gatherings. They recently returned with a very relevant selection of music they have organized to explore the link between creativity and mental illness.

This program highlights five composers who have brought solace and beauty to so many, and who created their work despite personal battles with depression and mental illness. For the pieces Ellyses and Julie are performing, they have also chosen paintings that they feel connect to the music,

often through the parallels of mental illnesses suffered by both the visual and musical artists, and also through the imagery that the music evokes for them. There will also be brief commentary and stories intertwined, focused on the composers and visual artists. Join for music by Arensky, Beethoven, Rachmaninoff, Schumann, and Tchaikovsky, accompanied by paintings by Gauguin, Klee, Redon, Van Gogh, and Vrubel.

This program will be

Live Online: Discover Historic New England: 1620

Live Online: Discover Historic New England-1620, the first year of contact, will be held online from 7 to 8:30 p.m. on Tuesday, Nov. 17.

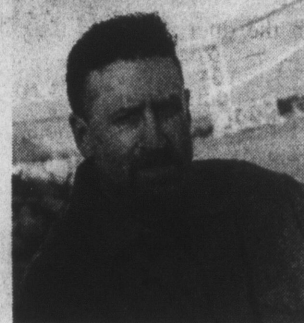
The program will recall the first year of European existence in North America. The pilgrims came seeking religious freedom and found an untamed inhospitable wilderness fraught with innumerable dangers. They struggled with disease and death and survived through the grace of God and with the help of the "People of the Dawn" - the Wampanoag Nation.

The program will be presented by historian Christopher Daley. Daley will examine the difficult voyage over the Atlantic and the decision to land on Cape Cod rather than the intended destination; near the Hudson River. A visual overview will be given of the three explorations of the Cape made by the pilgrims in which satellite imagery is compared with 19th-century maps of the land explorations that were based on first-hand accounts.

Additionally, their "first encounter" with the Nauset people will be chronicled, followed by a discussion on the reasons why Plymouth (Patuxet) was the eventual choice for settlement. (A booklet will be made available to the audience with

broadcast on QATV channel 9, the library's YouTube and Facebook channels, and Zoom. A live conversation with Kuan and Reimann will follow the broadcast program on zoom (and also shared to YouTube and Facebook).

Join on Zoom (meeting ID 863 8587 0564) for the conversation. Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio.



CHRISTOPHER DALEY

directions to the locations and sites should they want to explore themselves.) The talk will continue with a look at the beginnings of Plymouth Colony and the original aboriginal inhabitants of Patuxet (and the horrific plague of 1618). The talk concludes with a recounting of the early, scant encounters with the Wampanoag people, the appearance of Samoset, followed by a description of the arrival of Massasoit and his retinue in March of 1620/21 and the treaty he forged with the people of Plymouth.

Join on Zoom (meeting ID 869 0666 6989). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Thomas Crane Library's YouTube channel and its Facebook page.

This program is sponsored by the Friends of the Thomas Crane Public Library.

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Ask John Paul: AAA New England's Car Doctor

Cont'd From Page 14

the best thing to do is see if you can find the exact same car and road test it to determine if it is an issue or a characteristic. This style transmission is designed to be more economical than a conventional automatic or even a manual transmission. One more thing: many of today's cars are designed to cut off engine power if the brake and gas are applied at the same time. If you are a two footed driver, this safety system could be kicking in and causing a lag in performance.

I have never been completely happy with the 4-cylinder engine in my 2015 Honda CRV and it may be because my previous car was a Toyota Solara with a more powerful 6-cylinder engine. I prefer the Toyota product and was looking at the RAV 4, but it now is only being made with the 4cyl engine. The salespeople say you can get more power from the engine than some six-cylinder engines, but I am not sure. What smaller 6-cylinder SUV would you recommend? The Toyota Highlander is too big for me and I looked at the Lexus, but it is kind of pricey. I like the idea of being up high and not having to travel in the breakdown lane for 1/2 mile before the car has enough power to merge into traffic.

Ten years ago, the RAV4 was available with a V-6 engine similar to the engine in your Solara that developed 260 horsepower. In the last few years, the RAV 4 and most other compact SUVs are four-cylinder only. The engine in the RAV4 now develops 203 horsepower, about 18 more than the CR-V. In addition to the horsepower, the newest Toyota engine develops more torque. Torque is what makes the engine feel powerful when pulling away from a stop. An additional option may be a hybrid version of either vehicle. The hybrid drivetrain in both the RAV4 and CR-V are the most powerful offered and are very good performers. One other vehicle to look at is the Kia Sorento. It is seven inches shorter than the Toyota Highlander and about seven inches bigger than your current vehicle. The Sorento with the V-6 engine also develops a very healthy 290 horsepower.

I have a 2011 Honda CRV, all-wheel drive with only 105,000 miles. Heat and air are fine, but the fan does not come completely on. Not that it does not have all the speeds, there is no air flow from middle vents, very little from side and front defroster vent. Occasionally it will come on full throttle. I am hoping it was an acorn that was stuck preventing the air flow, but I think this might be an electrical issue. What do you think?

Your Honda CR-V uses a series of electric motors that run the duct system. Like all electrical things these days there is a computer scan that can be run to help determine the problem. I suspect the door actuator or controller motor is failing. Until a technician disassembles the dash which could take up to 1.5 hours of labor you will not know exactly what it is wrong or how much will cost to repair it.

I'm in the market for a new vehicle. I have had sedans and SUVs but it is time for a change. My last vehicle was a Honda Pilot, that I drove for 240,000 miles and may give to one of our kids. I like the utility of the vehicle, but now with the kids grown I just don't need a big vehicle. Is there a big hatchback or station wagon that is worth a look or should I stick with another Pilot? I would like to stay under \$60,000.

There are some very nice luxury wagons these days. These are not the barges from the 60's and 70's with poor handling and even worse braking. This past year I evaluated the Volvo V70 with all-wheel-drive. This wagon handled the road like a sports sedan, had some of the utility of a SUV and was comfortable to drive all while returning an average of 26 miles per gallon.

I heard you on your radio podcast just recently talking about an undercoating product called Waxoyl. I had never heard of it and have always been skeptical about rust-proofing. Is it as good as it sounds?

Waxoyl has been well documented in Europe and in fact in used car advertising it is often mentioned. It is a wax-based product that lasts a very long time, is flexible and won't harm rubber bushings. Generally, it is professionally installed but recently Waxoyl-USA has a DIY version of both the undercoating and cavity protection products.

My car has poor headlights and even worse back-up lights; in fact my brake lights are brighter than the back-up lights. Do you have an experience with LED replacement bulbs for both headlights and backup lights?

Some of the studies that we have performed at AAA have shown that many cars the headlight performance over 40 miles per hour is barely acceptable with only the low beams on. In previous vehicles I changed the bulbs to performance halogen and found the light to be not just brighter but better focused on the road. What I didn't like was the short life of these bulbs. I have not tried LED lights, but my aging eyes would benefit from more light on the road. I have spoken to many people who have used LED replacement bulbs most

have been happy with the outcome. What I have seen is quite a difference in quality between manufacturers. Some of these replacement bulbs are too bright, some will turn on a malfunction light and other require modification of the bulb socket. If you are going to try LEDs, talk to an installer and read online reviews before purchasing.

I have a Subaru WRX and I love the car except for the phone interface with the Harmon sound system and a slight rattle from the steering. I went to the Subaru dealer and talked with the "tech-advisor" who said he thought it was my older iPhone. I then went to service and they deemed the rattle acceptable. Other than these two minor issues I love the car.

The technical database that I use has at least a dozen bulletins about the sound system. Regarding the rattle, have the dealer reference TSB number 04-17-17R. This technical bulletin describes the rattle and a replacement of a small spring in the electric power steering. Regarding the sound system, the dealer needs to check that any updates both software and hardware are up to date.

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS

Building Department

Thomas P. Koch

Mayor

Paul Hines

Building Commissioner

INVITATION TO BID

The Building Department for the City of Quincy, Massachusetts is seeking sealed bids for **QUINCY POLICE & FIRE COMMUNICATIONS TOWER** until 11:30 a.m. local time **Thursday December 3, 2020**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. All bids shall include 1 original hardcopy and 1 thumb drive of all information submitted. All questions are due to the Office of the Purchasing Agent no later than Friday, November 20th at 12:00pm.

The work under this contract consists of the construction of a 150' tall communication tower, a prefabricated equipment shelter, and the construction of a gravel access road on Rockview Road in Quincy, MA. Bids shall be on a lump sum price basis as indicated in the Bid Form.

A non-mandatory pre-bid walk thru will be held on Tuesday November 17th, 2020 at 11:00 a.m. at the Quincy Dog Park off of Quarry Street, Quincy, MA 02169.

All work under this contract shall be completed within 200 days of Notice to Proceed.

Detailed drawings and specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM with 3 days advanced notice for a non-refundable printing charge of \$50.00.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Paul Hines
Building Commissioner

Kathryn Logan
Purchasing Agent

11/12/20

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS

Department of Natural Resources & Department of Public Works

Thomas P. Koch

Mayor

INVITATION TO BID

The Department of Natural Resources for the City of Quincy, Massachusetts is seeking sealed bids for **MERRYMOUNT PARKWAY PHASE 1 RECONSTRUCTION PROJECT** until 11:00 A.M. local time **Thursday December 3, 2020**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. All bids shall include 1 original hardcopy and 1 thumb drive of all information submitted. All questions are due to the Office of the Purchasing Agent no later than Friday, November 20th at 12:00pm.

The work under this Contract consists of subsurface utility improvements including conduit installation, drainage system improvements and repairs associated with the disturbed areas. Bids shall be on a unit price basis as indicated in the Bid Form.

All work under this contract shall be completed within 150 days of Notice to Proceed.

Detailed drawings and specification are available on-line at the City of Quincy's website, www.quincyma.gov and can also be made available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM with 3 days advanced notice for a non-refundable printing charge of \$50.00.

A non-mandatory pre-Bid conference will be held at the Parks, Forestry, and Cemetery Department, One Merrymount Parkway, Quincy, MA 02170, on Tuesday November 17th, 2020 at 11:00 a.m.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

David Murphy
Commissioner

Kathryn Logan
Purchasing Agent

11/12/20

CLASSIFIEDS

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HANDYMAN Roof Repairs • Vinyl Siding Restoration • Masonry Doors/Windows • Decks • Painting 781-299-4269 Free Estimates - Lic & Ins 11/12	Gutter Cleaning Avoid Costly Repairs Later Prices Start at \$95 Insured Call John at 617-775-4601 12/24	HALLS FOR RENT MORRISETTE LEGION POST 81-83 Liberty St., Quincy Function Hall Available Call for Details 617-770-4876 Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings 11/25	DG'S YARD MAINTENANCE • LAWN MOWING • Mulching, Weeding & Edging • Small Tree Removal • Hedge & Shrub • Overseeding/Sod • Trimming or Removal • FULLY INSURED • Rototilling & Dethatching <i>Serious about Service</i> CLEAN-UPS 617-786-9558...FREE ESTIMATES 11/26	
HELP WANTED SNOW PLOW DRIVERS WANTED DG'S YARD MAINTENANCE 617-786-9558 11/12		CHURCH STROLL Bethany Church Holiday Stroll & Rummage! Sat., Nov. 14, 2020 9:00AM - 2:00PM 18 Spear St., Quincy Huge sale of holiday items & lots and lots of rummage! INDOOR EVENT: MASKS & SOCIAL DISTANCING REQUIRED Ornaments, gift baskets, linens, packaged baked goods, toys, new craft kits, Hummels, hats, mittens, gift items, books, & much more! 11/12	J.F. ROOFING Co. QUINCY, MA • Shingles • Rubber • Slate • Copper • Vinyl Replacement Windows 617-471-8216 CREDIT CARDS ACCEPTED 2/18	
PERSONAL <i>Evie, It's your special day though now you live far away, we wish you fun in Louisiana sun and look forward to when we all can play</i> 11/12	PERSONAL THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA J.D. 11/19	PERSONAL THANK YOU SACRED HEART OF JESUS - THERESA 11/19	Bob Jansky  Residential & Commercial Licensed & Insured <i>We'll work with you!</i> Gas/Oil Heating Systems - Water Heaters Plumbing & Heating Emergency Service - Free Estimates 617-774-9003 janskymech@gmail.com MA Lic. #15288 11/26	
HAPPY THANKSGIVING TO UNCLE BILL AND LALA CAROL DENNING HAPPY VETERANS DAY TO UNCLE BILL 11/12	Happy Birthday Georgia and Rowan Scott 11/12	GENERAL CONTRACTING • Carpentry • Roofing • Siding • Windows • Painting • Bathrooms Also, Handyman Jobs - Great References - Call 617.980.6558 11/25		

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STAR MARKET 130 Granite St.	7-11 495 Washington St.	200 FOOD MART 200 Sea St.	SAM'S VARIETY 125 Billings Rd.
WALGREENS 132 Granite St.	DAIRY FARM 330 Washington St.	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
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The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET,
 QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

INDEX	RATES	
☐ Services	1 WEEK	☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.
☐ For Sale	2-4 WEEKS	☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.
☐ Autos	5-10 WEEKS	☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.
☐ Boats	11 WEEKS OR MORE	☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.
☐ For Rent		
☐ Wanted		
☐ Help Wanted		
☐ Work Wanted		
☐ Pets		
☐ Lost & Found		
☐ Real Estate		
☐ Antiques		
☐ Flea Markets		
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☐ Personal		
☐ Miscellaneous		
☐ Enclosed is \$ _____ for the following ad to run _____ weeks in The Quincy Sun.		
COPY: _____		
NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.		

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SAL Observance Honors All Veterans - Past And Present

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Flags for Veterans Island with its 400 flags makes him believe Quincy is "flag city"...a city that has never forgotten its veterans and never will."

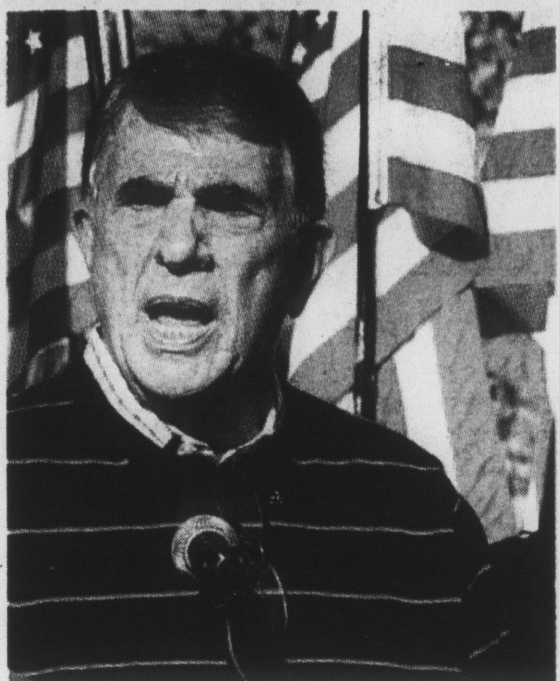
Referring to the recent unrest that has swept the nation, Comer bristled how he witnessed the American flag "being burned and vilified."

"What a sad day for America when that happens," he said.

Comer expressed frustration that the Citizens Flag Amendment - an amendment to the Constitution that would prohibit the desecration of the flag - has not been yet been passed by Congress. He noted that the amendment recently lost by one vote in the Senate and pointed to two Massachusetts senators who "have been faithfully voting against it."

He vowed that the amendment will be approved.

"Although it has been many, many years, we will amend the Constitution to



RICHARD BATTISTA (far left), a Quincy resident and combat veteran of the Vietnam War, was the keynote speaker at Sunday's Veterans Day observance at Flags for Veterans Island, Fort Square Quincy. Other speakers included Mayor Thomas Koch (center) and John (Jake) Comer, past national commander of the American Legion.

Quincy Sun Photos/Robert Bosworth

protect our flag as represented here today," he said. "Law and order. The flag for our wonderful police and fire department. That's what we remember here today."

Keynote speaker Richard Battista, a 1966 Quincy High School graduate who served in the Vietnam War in the First Air Cavalry and was awarded a Bronze Star

for valor. After his service, he became an award-winning chef and owned several high-end restaurants. In the years since, he has been serving as a certified life coach where he has put his military experience in helping other veterans.

"I share with you the pride you all feel in being able to say you have served in the greatest military in the world," he told his fellow veterans. "To our guests, thank you all for choosing to honor our veterans today and show your support of our heroes, past and present."

Battista recounted the battle that earned him the Bronze Star for valor and of his comrade, Medal of Honor recipient First Lieutenant Bob Poxon.

After recovering for 45 days in a German hospital after being wounded, Battista returned to his unit

in Vietnam. Upon landing there, he observed body bags "stacked up awaiting transport back to the U.S."

Back with his unit, he and his comrades landed by helicopter in an area occupied by the enemy on June 2, 1969. His platoon came under intense enemy fire from soldiers in concealed positions and fortifications.

"A soldier fell, hit by the first burst of fire," he said. "First Lt. Poxon dashed to his aid, drawing most of the enemy fire as he crossed 20 meters of open ground."

Poxon, who was also hit, found the soldier was dead. Despite his wounds, Battista explained how Poxon refused medical treatment, and "with indomitable courage...turned his attention to seizing the initiative from the enemy."

Poxon zeroed in on an enemy bunker and instructed his unit to concentrate

their firepower on it. With his painful wounds, Poxon crawled toward the bunker and charged with a hand grenade.

"He was hit again, but continued his assault," said Battista.

Poxon's efforts to silence the enemy was successful, but was struck a third time by enemy fire, this time, the wounds proving fatal. Battista and his comrades pressed their attack and drove the enemy from their positions.

"First Lt. Poxon's gallantry, indomitable will and courage are in keeping with the military service's highest traditions and reflect great credit upon himself, his unit, and the U.S. Army," said Battista. "To all on that mission that June night, Bob's memory lives on."

Battista said that the American flag serves as a

symbol of freedom "that many have died to defend, rather than a tangible emblem to honor those who gave their lives specifically."

"Our American Flag unites us while the honor and remembrance of our flag defines us," he said.

He added, "Arguably, our flag does not fly because the wind moves it - it flies with the last breath of each soldier who died protecting it," he said. "Plausibly, it is our national symbol and identifies us as Americans."

Battista paid tribute to all the men and women who have and currently "answered the call of duty...to protect our country and maintain our way of life."

"The defense of freedom is not just for those in the military, each of us shares that duty and that responsibility," he said.



SONS OF THE AMERICAN Legion, Squadron 294 Acting Commander Joseph Brill (right) and chaplain Don Knight post colors at the main flag pole at Flags for Veterans Island during the Squadron's annual Veterans Day observance Sunday.

Quincy Sun Photos/Robert Bosworth



KEYNOTE SPEAKER Richard Battista (far left) joins members of the Sons of the American Legion and Quincy Veterans Council for a moment of silence after placing a memorial wreath at the base of the main flag pole in honor of deceased veterans during Sunday's Veterans Day observance at Flags for Veterans Island.

Councillors Recognize Filipino American History Month

By SCOTT JACKSON

City councillors recently recognized the month of October as Filipino American History Month.

Councillors on Oct. 19 unanimously approved a resolution proclaiming October as Filipino American History Month and urging, "all residents, government officials, educators, and other institutions to recognize the rich history and many contributions of Filipino-American constituents and business owners to the diversity and vibrancy of our city."

Council President Nina Liang introduced the resolution that night, which was co-sponsored by four of her colleagues, Noel DiBona, Brian Palmucci, Charles Phelan Jr. and William Harris.

Liang's resolution noted that Congress first declared October to be Filipino American History Month in 2009 and that Quincy has the second largest Filipino-American population in Massachusetts.

"A lot of people talk about how diverse Quincy is and they have been for quite a number of years. I think, to speak frankly, a lot of people say there is a huge Chinese and Vietnamese

population here, but believe it or not, Quincy is home to the second largest Filipino population across the commonwealth, second only to Boston," Liang said during the council meeting.

"It's really an honor for me to be able to take this opportunity, along with my colleagues, to formally recognize all of the contributions of all of our Filipino residents and our business

owners."

Liang invited Diana Quintos to speak during the meeting. Quintos said her father came to Massachusetts from the Philippines in the 1970s and she was born

in Quincy. Quintos and her family decided to return to Quincy following her husband's military service.

"We chose Quincy to be the place to live after my husband got out and we're

raising our family here, so we are back here in Quincy and Quincy is great," she said.

"It would really mean a lot to have our Filipino heritage represented here in the city."



BROAD HORIZONS Preschool at Bethany Congregational Church in Quincy recently held its annual Pumpkin Parade. Among the students getting into the festive fall spirit were (from left to right) Ishita Gopi, Nolan George, Sawyer Libby, Daniel De Paula and Sarvesh Ramkumar. Photo Courtesy Stacy Dooley

QUINCY COLLEGE



HONORING THOSE WHO SERVED. QUINCY COLLEGE SALUTES YOU.

"OUR DEBT TO THE HEROIC MEN AND VALIANT WOMEN IN THE SERVICE OF OUR COUNTRY CAN NEVER BE REPAYED. THEY HAVE EARNED OUR UNDYING GRATITUDE. AMERICA WILL NEVER FORGET THEIR SACRIFICES."

- HARRY S. TRUMAN



Quincy College is honoring those who served this great country by compiling short messages of gratitude and thanks to our veterans that were submitted by the Quincy College community. You can view the submissions online at quincycollege.edu/veterans

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